

TWEAK

Scoring the TWEAK Test

The maximum score on the test is seven points, with the first two questions counting for two points each and the last three one point each.

Note about question 1: If a woman responds that it takes three or more drinks to feel high, she scores two points. If she responds "less than three" she scores zero on the question. A total score of two or more on the test is an indication of harmful drinking and further evaluation is indicated.

		Score
T	How many drinks can you hold? (5+ drinks suggests Tolerance)	
W	Have close friends or relatives Worried or complained about your drinking in the past year?	
E	Do you sometimes take a drink in the morning when you first get up? (Eye-opener)	
A	Has a friend or family member ever told you about things you said or did while you were drinking that you could not remember? (Amnesia or blackouts)	
K	Do you sometimes feel the need to K/cut down on your drinking?	