If you use methadone, alcohol or other drugs, it is vital you know how to keep children safe and away from these substances.

This leaflet is a guide to keeping your drugs out of children’s reach. Please read it carefully.
KEEP CHILDREN OUT OF HARM’S WAY

All medications, drugs and alcohol can be dangerous to children. Over half of all child poisoning cases are as a result of children swallowing medication or other drugs.

Keep all your medication, illicit/illegal drugs, alcohol and equipment out of reach of children in a locked cupboard or safe storage box.

WHERE SHOULD I STORE MY METHADONE AND OTHER MEDICATION?

REMEMBER - Safe storage of methadone

Your methadone or medication can look very inviting to a child. It must be stored safely. It should be locked away in a cupboard or box that your child cannot reach.

HOW TO STORE YOUR METHADONE AT HOME

Check your home to make sure methadone is stored safely and out of children’s reach.

If you have problems with storing your methadone and medication safely please talk to your doctor, pharmacist or health care provider.

POISON PROOF YOUR HOME

DO store your methadone

• Keep methadone out of reach and out of sight of children
• Always use a locked cupboard keep the key safe
• Use containers with safety caps but remember these are child-resistant, not child-proof.
• Teach children to always ask the adult minding them if something is safe to eat or drink

METHADONE CAN KILL

Children have no tolerance to methadone. Even a very small amount can kill them.

If your child swallows methadone, they could be sick, choke on their vomit and lose consciousness, and/or stop breathing.

ALWAYS ring 999/112 if you think a child has taken methadone.