

National COVID-19 Traveller Service User Experience Survey

Report of Findings

October 2020

Thank you

Thank you to all of the members of the Travelling community who participated in the National COVID-19 Traveller Service User Experience Survey.

Thank you also to all of the staff of the Traveller Health Units (THUs) and the Traveller projects who helped spread the word about the survey.

Foreword

Given rapid changes to service delivery during the COVID19 pandemic, the HSE National Social Inclusion Office (NSIO) coordinated a National COVID19 Traveller Service User Experience survey in September 2020.

Travellers have a right to be heard and listened to and it is especially important that they are consulted and involved in matters and decisions that may affect their lives. We were pleased to get a positive response with over 400 Travellers completing the survey. These responses provide the HSE with valuable information about Travellers health & well-being and experience using healthcare services during the outbreak.

Findings will not only help to inform service planning throughout the ongoing pandemic but will also provide guidance in relation to ongoing HSE service planning and quality service improvement.

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Introduction

Travellers in Ireland are particularly disadvantaged in terms of health status and access to health services. The total number of Travellers in Ireland is estimated at over 30,000 (<1% population). However, Travellers health inequalities are greater than almost any other group. Their poor health status is highlighted in the findings of the <u>All Ireland Traveller Health Study (2010)</u>. These include overall mortality e.g. life expectancy among Traveller women is 11.5 years less than in the general population and Traveller men it is 15 years less than general population. Infant mortality is 14.1/ 1,000 live births vs 3.9 among the general population. The study also showed that deaths from respiratory and cardiovascular diseases and suicides were higher in Travellers than in the general population.

HSE Structures to support Traveller Health

HSE Social Inclusion and Primary Care provide support to a range of primary care projects and other initiatives for Travellers e.g. Traveller Health Units (THU) and Primary Health Care for Travellers Projects (PHCTPs). In PHCTPS Travellers work as community health workers, and this allows primary health care to be developed based on the Traveller community's own values and perceptions.

COVID Preparation

All CHO areas with National Social Inclusion prepared Traveller Support plans especially risk assessment, identification of medically vulnerable for support if infected and those extremely medically vulnerable for cocooning.

HSE Social inclusion convened Tel conference with THUs and Social inclusion / PH to develop guidance for Travellers.

Some issues which were highlighted in preparatory phase

- Stigma likely to feature as barrier to early test and diagnosis
- Challenges in hygiene, sanitation, accommodation in official and unofficial sites
- Lack of access to GPs (due to mobility /missed GMS cards etc)
- Difficulties expected for Self isolation in sites

Traveller COVID Measures to date

The HSE's priorities include

- Infection prevention and control (IPC) measures through education awareness and information
- Working with THUs and NGO partners e.g. Pavee Point, to enhance information and awareness about hygiene, Government measures on social distancing, restricted movements etc.
- Advocacy in reduction of overcrowding where possible
- Cocooning for extreme medically at risk
- Triage and Testing (Case finding) with priority agreed for testing
- Monitoring of patients with Covid-19.

Support measures in place

There are a range of support measures put in place for the Traveller community to combat Covid including

- regular meetings
- a national helpline
- website resource page: <u>Traveller COVID 19 sharing resources</u> which features posters, videos and other communication materials
- Traveller community added as priority group for COVID-19 testing criteria
- Traveller specific webinar held on infection control
- Specific Traveller HPSC vulnerable group guidance (the guidance document gives general advice about preventing the spread of COVID-19 and dealing with cases of COVID-19)

<u>https://www.hpsc.ie/a-</u> z/respiratory/coronavirus/novelcoronavirus/guidance/vulnerablegroupsguidance/

- Various other guidance documentation including Public Health approach to Outbreak control for Travellers
- Series of communication information videos
- Specific local supports have been put in place in various Community Health Organisations to support Travellers, for example, the <u>Community Assessment Hub in the Mater Hospital</u> is accessible to Travellers.

FormoreinformationonTravellerCovid-19Resourcesvisithttps://www.hse.ie/eng/about/who/primarycare/socialinclusion/travellers-and-roma/irish-
travellers/traveller-covid-19-resources.html.travellers/travellers-and-roma/irish-
travellers/trave

Data analysis

414 responses were submitted to and stored on Smart Survey, an online survey tool. All survey data and raw response data is password protected and only accessible by the HSE NSIO. All participant data will remain anonymous and be shared by the NSIO in national and/or local report/s for HSE service providers and planners.

Data was also broken down by region and by services specifically set up for COVID-19 shielding/cocooning and self-isolation.

A thematic analysis was undertaken to systematically analyse qualitative responses provided in the questionnaire. Comments are visually presented in word clouds. Quantitative survey data is visually presented in pie charts and tables.

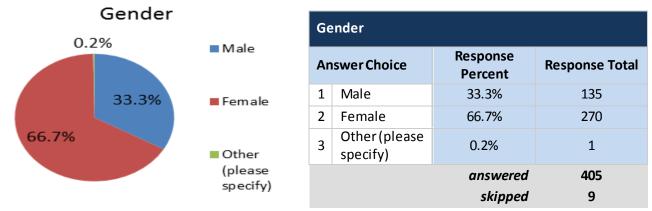
This report summarises results from the total number of responses (N=414).

Results

1. Gender and age (demographics)

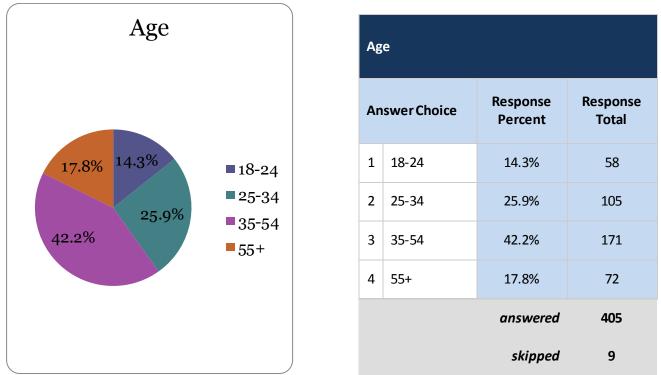
The majority of survey respondents were female (67%) (see Figure 1.1).





The majority of respondents were between the ages of 35-54 years (42%) 25-34 years of age (26%) (see Figure 1.2 below).

Figure 1.2: Age of the respondent



2. Place of residence

The majority of respondents (42%) lived in Dublin and surrounding counties of Kildare and Wicklow (CHO area 6,7,9) with the second highest response from the Midlands region with counties Longford, Westmeath, Laois (30%). The lowest response rate emerged from Cork (CHO area 4) (see figure 2.1 below).

Ans	wer Choice	Response Percent	Response Total
1	Carlow	0.2%	1
2	Cavan	0.2%	1
3	Clare	0.2%	1
4	Cork	1.7%	7
5	Donegal	11.2%	46
6	Dublin	28.1%	115
7	Galway	4.9%	20
8	Kerry	0.0%	0
9	Kildare	11.2%	46
10	Kilkenny	0.0%	0
11	Laois	7.8%	32
12	Leitrim	0.7%	3
13	Limerick	1.2%	5
14	Longford	5.1%	21
15	Louth	1.0%	4
16	Мауо	1.5%	6
17	Meath	1.0%	4
18	Monaghan	0.0%	0
19	Offaly	0.2%	1
20	Roscommon	0.2%	1
21	Sligo	0.0%	0
22	Tipperary	2.2%	9

Figure 2.1: Response rate from the country where the respondent currently resides (n=414).

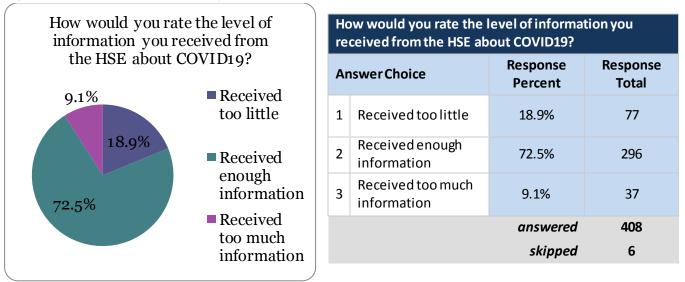
		skipped	5
		answered	409
26	Wicklow	2.4%	10
25	Wexford	1.0%	4
24	Westmeath	17.4%	71
23	Waterford	0.2%	1

3. Information provision

3.1 How would you rate the level of information you received from the HSE about COVID19?

The majority of survey respondents 'received enough information' on Covid-19 (73%); whereas 19% of respondents felt that they had 'Received too little' information in relation to Covid-19 (see Figure 3.1).

Figure 3.1: Level of information respondents received from the HSE about Covid-19



Approximately 30% responded said that they received too little or too much information, this was reflected in the comments section:

HSE information difficult to understand as there was too much information and this is difficult when there is reading difficulties. Info was provided easily and in a user friendly approach from health care workers in LCRL PHCP. Increased access to them during the weeks and upcoming weeks would be very helpful.



3.2 From what sources do you most frequently access information on Covid-19?

Respondent's most frequent access to information on Covid-19 was via a local Traveller project (73%). While 56% of respondents obtained their information from the 'News', that is, through television and radio. While the third must popular way for respondents to access information about Covid-19 was through 'Social media' (33%). The National Social Inclusion Office's Travellers' Resource Page - NSIO resource page -

was the least used source of obtaining information in relation to Covid-19 (see Figure 3.2). Comments below are a snapshot of some of the views held by respondents.

Videos made by LCRL traveller project were very good and got messages across to Travellers on Facebook. Balbriggan Traveller Project was very helpful to me during covid19. They provided a lot of info and support to loads of families in the Fingal area and helped me to contact HSE services

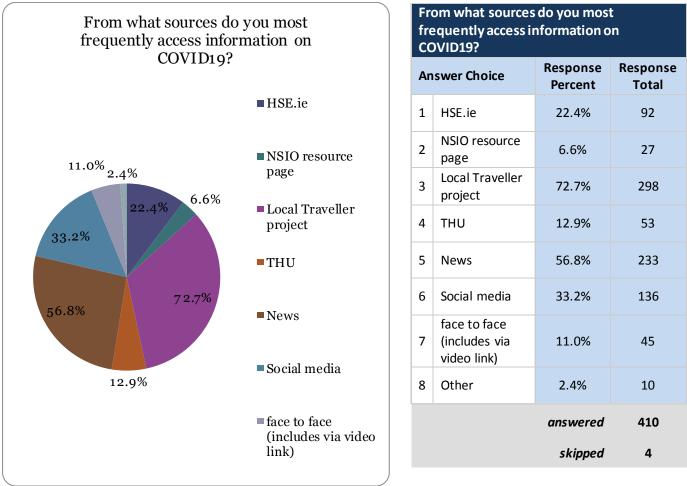
Clondalkin Travellers women (Primary Health Care for Traveller Project) supported me with information, food and sanitation pack and kept checking in with my family and telling me what to do and not to do with the coronavirus.

> ...the HSE need to strengthen public information and think of people who cant read and write

Only for Donegal Traveller project workers in linking in with me and my family by telephone or social media I would not being updated on covid guidelines or signs of covid...

Would love to see more support around the virus and more on TV to let young people to be more understanding





4. HSE's response and opinion

4.1 Please rate how strongly you agree or disagree with the below statements about the HSEs response to Travellers during the ongoing pandemic?

Over half of respondents were satisfied with the response of the HSE (57%) and had confidence in the ability of the HSE to manage the pandemic into the future (54%). Whilst 22% of respondents were not satisfied with the response of the HSE and 18% did not have confidence in the HSE's ability to manage the pandemic into the future.

	Please rate how strongly you agree or disagree with the below statements about the HSEs response to Travellers during the ongoing COVID19 pandemic?						
Ar	nswer Choice	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Response Total
1	I am satisfied with the response of the HSE to Travellers during COVID19?	27	63	84	198	34	406
2	I have confidence in the HSE's ability to manage the COVID19 pandemic into the future?	20	51	108	186	24	389

4.2 Has your opinion of the HSE changed since the beginning of Covid-19?

The majority of respondents said there was no change or that their opinion was more positive (79%). However 22% of respondents stated that their opinion of the HSE was more negative since the beginning of Covid-19 (see Figure 4.2).

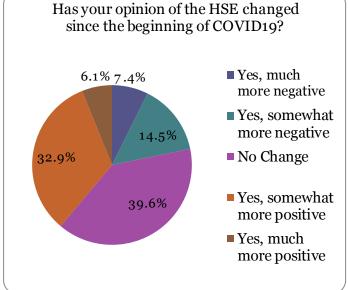


Figure 4.2: Respondents opinion of HSE since the beginning of Covid-19

Has your opinion of the HSE changed since the beginning of COVID19?					
An	AnswerChoice Response Response Percent Total				
1	Yes, much more negative	7.4%	30		
2	Yes, somewhat more negative	14.5%	59		
3	No Change	39.6%	161		
4	Yes, somewhat more positive	32.9%	134		
5	Yes, much more positive	6.1%	25		
		answered	407		
		skipped	7		

5. Physical Health

5.1 In general, would you say your physical health is

Over 76% of respondents reported that their general health was 'Ok' or 'Good' at the time of completing the questionaire. While 16% of repondents felt that their general health was 'Poor' or 'Very poor' during the same period (see Figure 5.1).

...travellers health is a problem when I must die twenty years before the general population for no other reason than I am a traveller.... More focus on medical services and other health related services designed to meet the needs of Travellers on their sites/places of residences. I believe more Travellers would access health related services when in attendance with peers or group rather than attending alone

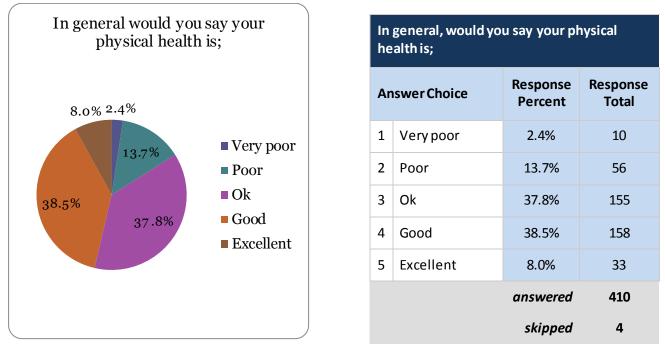
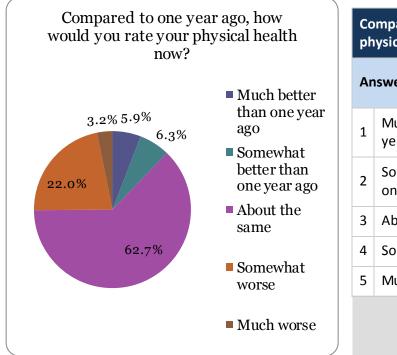


Figure 5.1: Self-reported status of respondents physical health

5.2 Compared to one year ago, how would you rate your physical health now?

Over 62% of respondents felt that their physical health was 'About the same' as it was compared to one year ago. While 12% stated that their health was 'Somewhat better than one year ago' or 'Much better than one year ago'. However, a quarter of respondents (25%) reported that their physical health was 'Somewhat worse' or 'Much worse' compared to 12 months ago (see Figure 5.2).





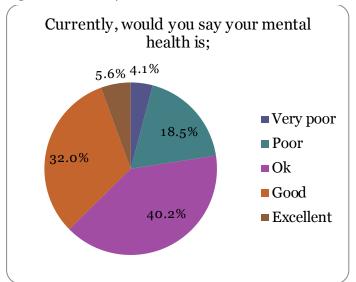
Compared to one year ago, physical health now?	how would you	ı rate your

An	iswer Choice	Response Percent	Response Total
1	Much better than one year ago	5.9%	24
2	Somewhat better than one year ago	6.3%	26
3	About the same	62.7%	257
4	Somewhat worse	22.0%	90
5	Much worse	3.2%	13
		answered	410
		skipped	4

6. Mental Health

6.1 Currently, would you say your mental health is

Over 70% of respondents reported that their mental health was 'Ok' or 'Good' at the time of completing the questionnaire. While 23% of respondents reported that their mental health was 'Poor' or 'Very poor' at the time of completing the questionnaire (see Figure 6.1).



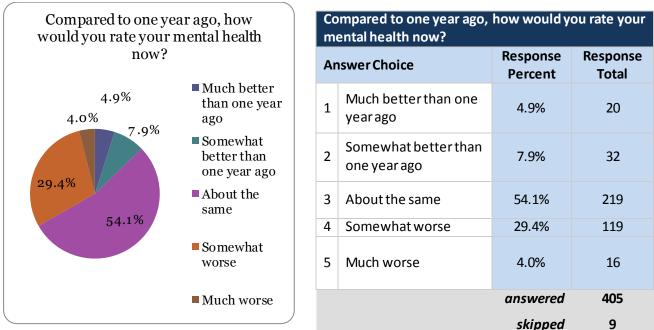
Currently, would you say your mental health is;				
Ar	nswer Choice	Response Percent	Response Total	
1	Very poor	4.1%	17	
2	Poor	18.5%	76	
3	Ok	40.2%	165	
4	Good	32.0%	131	
5	Excellent	5.6%	23	
answered 410				
		skipped	4	

Figure 6.1: Self-reported current mental health status

6.2 Compared to one year ago, how would you rate your mental health now?

Over 4% of respondents reported that their mental health was 'Much better than one year ago', while 8% of respondents felt that their mental health was 'Somewhat better than one year ago'. In contrast, 34% of respondents reported that their mental health was either 'Somewhat worse' or 'Much worse' than it was one year ago. Still 54% of respondents reported that their mental health their mental health was 'About the same' compared to one year ago (see Figure 6.2).

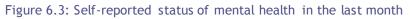
Figure 6.2: Self-reported status of current mental health status comp	ared to one year ag	0
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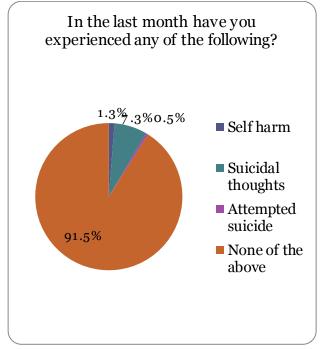




6.3 In the last month have you experienced any of the following?

Over 92% stated that they had not experienced any of the following in the last month, that is: self-harm, suicidal thoughts or had attempted suicide. However, 9% of respondents reported that they had experienced 'Self-harm', 'Suicidal thoughts' or 'Attempted suicide' in the last month (see Figure 6.3).





In the last month have you experienced any of	
the following?	

Answer Choice		Response Percent	Response Total
1	Self-harm	1.3%	5
2	Suicidal thoughts	7.3%	29
3	Attempted suicide	0.5%	2
4	None of the above	91.5%	366
		answered	400
		skipped	14

7. Quality of Life

7.1 Would you say your current Quality of Life* is(*Quality of life refers to your ability to enjoy normal activities and your general life satisfaction, including everything from physical health, family, education, employment, wealth, safety, security to freedom, religious beliefs, and the environment).

47% of respondents reported that their quality of life was 'Excellent', 'Very good', or 'Good' at the time of completing the questionnaire. While 32% of respondents reported that their quality of life was 'Fair' during the same period. However, 21% of respondents reported that they had a negative view about the quality of their life, that is to say, 19% reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported that they had a 'Poor' quality of life, while 2% of respondents reported th

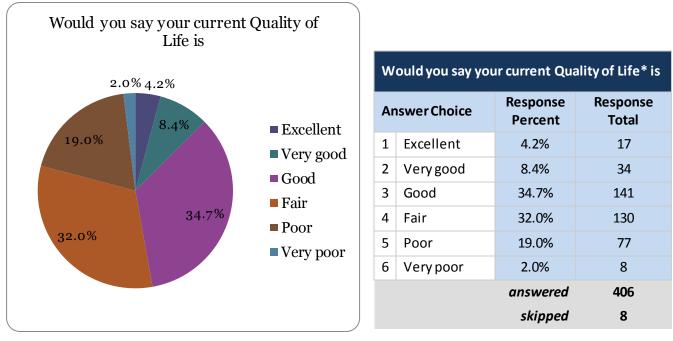


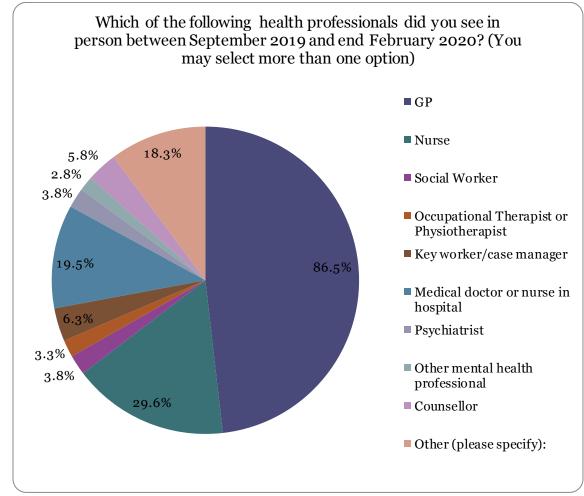
Figure 7.1: Self-reported Quality of Life

8. Health care provision

8.1 Which of the following health professionals did you see in person between September 2019 and end February 2020? (You may select more than one option)

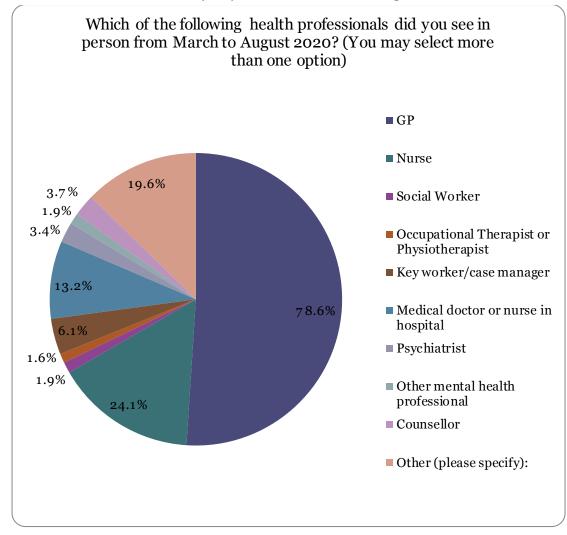
86% of respondents reported that they had seen a general practitioner in person between September 2019 and the end of February 2020. While 29% of respondents reported that they had been seen by a nurse during the same period. A further 20% of respondents reported seeing a medical doctor or nurse in hospital during the same time period. However only a minority of respondents reported visiting an occupational therapist or physiotherapist; key worker/case manager; psychiatrist; other mental health professional or counsellor. But 18% of respondents categorised seeing a health care professional under the heading 'Other' (see Figure 8.1).

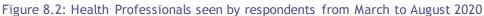




8.2 Which of the following health professionals did you see in person from March to August 2020? (You may select more than one option)

79% of respondents reported said that they had seen a general practitioner in person between March and August 2020, followed by 24% of respondents reporting to have been to see a nurse during the same period. While 2% of respondents had been seen by a social worker and 2% had been seen by an Occupational therapist or physiotherapist. 6% of respondents had been seen by a key work/case manager. While 13% of respondents had been seen by a medical doctor or nurse in hospital. 3.4% of respondents seen a psychiatrist, 2% saw another mental health professional, 4% saw a counsellor and 20% stated that they had been seen by some 'Other' health professional apart from the aforementioned health professionals (see Figure 8.2).

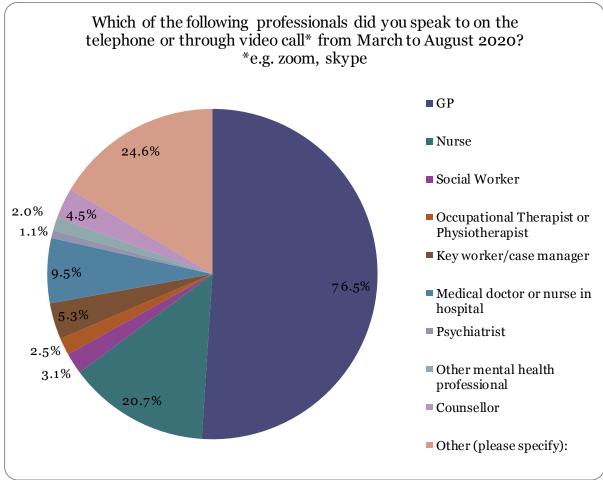




8.3 Which of the following professionals did you speak to on the telephone or through video call* from March to August 2020?*e.g. zoom, skype

The vast majority of respondents spoke with a general practitioner (76%), nurse (21%) or medical doctor or nurse in a hospital (10%) through a video call between March and August 2020. A minority of respondents consulted with other health professionals via a video call during the same period. However, what is more notable is the fact that 25% of respondents reported that they had consulted an 'Other' health professional during the same period (see Figure 8.3).

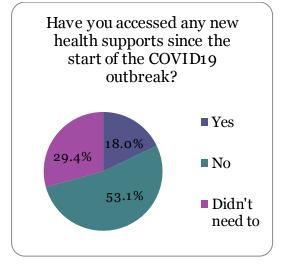




8.4 Have you accessed any new health supports since the start of the COVID19 outbreak?

18% of respondents reported accessing new health supports since the start of the Covid -19 outbreak, while 53% stated that they had not and 29% of respondents reported that they 'Didn't need to' (see Figure 8.4).

Figure 8.4: New health supports accessed since the start of Covid-19



Have you accessed any new health supports since the start of the COVID19 outbreak?					
Answer Choice		Response Percent	Response Total		
1	Yes	18.0%	72		
2	No	53.1%	213		
3	Didn't need to	29.4%	118		
tre	so, what new supp eatment, programs u accessed?	58			
		answered	401		
		skipped	13		

8.5 How many times between March and end August 2020 and between September 2019 and end February 2020 did you access the following services?

Respondents reported using health services more often during the latter end of the year (Sept '19 – Feb '20) over the former end of the year (Mar – Aug '20) (see Figure 8.5).

- Access to a general hospital clinic as an outpatient increased by 16%
- Access to a hospital as an inpatient increased by 12%
- Access to Accident & Emergency increased by 21%
- Access to local health centre increased by 26%
- Access to a psychiatric hospital as an inpatient increased by 2%
- Access to a psychiatric hospital as an outpatient increased by 2%

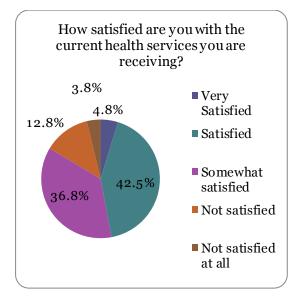
Figure 8.5: self-reported access to health services

	How many times between March and end August 2020 and between September 2019 and end February 2020 did you access the following services?						
Answer Choice		Number of times March- August 2020	Number of times September 2019-End February 2020				
1	General hospital clinic as outpatient	214	184				
2	Hospital as an inpatient	163	146				
3	Accident & Emergency	180	149				
4	Local health centre	200	158				
5	Psychiatric hospital as inpatient	143	140				
6	Psychiatric hospital as outpatient	143	140				

8.6 How satisfied are you with the current health services you are receiving?

The majority of respondents reported that they were satisfied with the services provided by the HSE. For instance, 5% were 'Very satisfied', 43% were 'Satisfied', while 37% were 'Somewhat satisfied' with the services. Nevertheless, 13% of respondents were 'Not satisfied', while 4% of respondents were 'Not satisfied at all' with the quality of services being provided by the HSE (see Figure 8.6).

Figure 8.6: Service satisfaction



How satisfied are you with the current health services you are receiving?

Answer Choice		Response Percent	Response Total
1	Very satisfied	4.8%	19
2	Satisfied	42.5%	170
3	Somewhat satisfied	36.8%	147
4	Notsatisfied	12.8%	51
5	Not satisfied at all	3.8%	15
		answered	400
		skipped	14

Suggestions for service improvement

Suggestions from respondents on how health services and supports can be improved are listed below, from most commonly suggested to least commonly suggested:

- 1. Additional mental health supports (most commonly suggested)
- 2. Reduce waiting lists
- 3. Greater cultural awareness of Travellers' identity
- 4. HSE should recruit additional staff from the Travelling Community
- 5. Phone service needs to be improved
- 6. Additional help needed around issues related to poverty
- 7. Additional accommodation supports required
- 8. Literacy skills remain problematic
- 9. Travel and transport to appointments can be problematic
- 10. Free mask and sanitizer kits (least commonly suggested)

Summary of findings

Below is a summary of key findings to inform both national and local service planning and development:

- 1. The vast majority of survey respondents felt that they had received enough information about Covid-19.
- 2. The vast majority of respondents obtained information about Covid-19 through their local Traveller project, yet a significant majority (33%) obtained information regarding Covid-19 via social media.
- 3. Over half of respondents were satisfied with the HSE's response to Covid-19 (57%), therefore 54% of respondents had confidence in the ability of the HSE to manage the pandemic into the future.
- 4. The vast majority of respondents maintained a positive opinion of the HSE since the beginning of the pandemic.
- 5. More than 62% of respondents reported that their physical health was about the same or better compared to one year ago. However, a greater number of respondents (9% increase) reported that their physical health had decreased in the last 12 months.
- 6. 54% of respondents felt that their mental health was about the same as it was 12 months ago, however 33% of the respondents reported that their mental health had become worse over the same period.
- 7. The majority of respondents (53%) were not satisfied with the quality of their lives.
- 8. 82% of respondents reported that they did not access nor needed to access any new services since the start of the pandemic.
- 9. Increased access to all health services listed in survey has been recorded since the start of the pandemic, for example, access to local health centres has increased by 26%.
- 10. Access to mental health services and supports (2%) has remained subdued even though some respondents have reported that their mental health has declined in the past year.

Recommendations for further research

1. Why are the number of Travellers' accessing the services and supports of mental health professionals continuing to be subdued? While at the same time there has been an increase in number of respondents reporting that their mental health has declined since this time last year.