**Intro frame**

**Flu vaccine logo and HSE logo**

**‘The flu vaccine’ opening copy**

**Hi my name is Dr x and I am a GP working in x (do not translate)**

Getting the flu vaccine is the best way to protect yourself and your family from the flu. Flu can cause pneumonia and other serious chest infections.

The flu vaccine is free to all children aged 2 – 12, all adults over 65, pregnant women and people with medical conditions that mean the flu could make them very ill.

It is best to get the vaccine as soon as it is available so that you have the best chance of staying well this winter and protecting your family.

**Children’s free nasal flu vaccine (graphic title)**

Did you know that children are very likely to catch flu and they can hold it in their systems longer than adults do?

Children can become very sick from the flu-they can get pneumonia, bronchitis and may need treatment in hospital

That is why this year, a free nasal flu vaccine will be offered to all children aged 2-12 years old.

Your GP (doctor) or pharmacist will give the vaccine as a spray, once into each nostril. There is no need for needles.

It’s quick, safe and pain free

Your child cannot get the flu from the vaccine.

The free children’s flu vaccine is available until the end of the year

**At-risk and older people (graphic title)**

If you are 65 or older, pregnant or have a medical condition like asthma, COPD, diabetes, heart disease, or cancer you can also get a free flu vaccine.

The vaccine is given by injection and is available from the GP (doctor) or pharmacist.

You just need to book an appointment by contacting your local GP or pharmacy

**End frame**

Protect yourself and your family. Get the flu vaccine

HSE.ie