

Good communication is essential for safe patient care. Bad communication can have serious consequences. Without a framework the communication of important clinical information may be forgotten or missed. The ISBAR (Identify -Situation-Background-Assessment-Recommendation) technique is a simple way to plan and structure communication. It allows staff an easy and focused way to set expectations for what will be communicated and to ensure they get a timely and appropriate response.

It helps to prevent vital information being missed, provides a recognised framework within which to organise what you want to say and give the opportunity for you to state what outcome you desire from the conversation.







Identify – It identifies those to whom the call relates. Verify that you are speaking to the person you are seeking to communicate, state your name, grade and the location you are calling from and identify the name of the patient you are communicating about.



Situation - It identifies why you are calling and allows you to state the problem.



Background – It gives a summary of information relevant to the current problem this may include medications, laboratory results, diagnostic tests or surgical procedures.



Assessment – Summarise relevant information gathered, what has changed, what is your interpretation of this? It describes what you found on examination of the patient, charts and results. It may include an ABC assessment or an Early Warning Score.



Recommendation – It allows you to ask for what you would like to happen without hinting or hoping for the right action. It may be that your recommendation is simply to ask for advice. An action plan should be agreed between you.

ISBAR

Communication Tool

I Identify S Situation	Identify: You, Doctor, Patient Is this Dr? This is(e.g Mary, I am team leader on 7A) I am calling about(e.g Mr David Jones) Situation: Why are you calling? I am calling because(e.g Total EWS of 6 or 3 in a single parameter) Resp Rate Sats O2 Delivery Temp Heart Rate BP Urinary Output LOC(only use abnormal reading initially)
B Background	Background: What is relevant background? They are years old Admitted for Recent surgery or procedures Relevant past medical/surgical history They currently have (e.g. IV fluids, Urinary Catheter, PCA)
A Assessment	Assessment: What do you think is the problem? I think (e.g they are hypovolaemic) (you can skip this if they don't know what is wrong)
R Recommendation	Recommendation: What do you want them to do? I would like you to

Acknowledgement: The SBAR tool originated from the US Navy and was adapted for use in healthcare by Dr M Leonard and colleagues from Kaiser Permanente, Colorado, USA.