



How many years have you been smoking	2005 2006	
About how many cigarettes do you smol	te a day?  10 40  35 20	
After you wake up, how soon do you have the first cigarette? Tick one box.		
Less than 5 mins 5-15 mins	30 mins - 1 hour More than 1 hour	
Did you ever try to quit? Tick yes or no.	If yes how many times?	
Yes No		
Why do you want to quit?		





Does anyone living wi	th you smoke? Tick yes or no.	
Do you have someone to help you quit smoking? Tick yes or no.		
Yes No		
<b>If yes, who?</b> Tick yes or i	no.	
Partner	Family member	Friend
How confident are you that you can quit smoking? Please mark a point on the scale		
1 2 3	4 5 6 7	8 9 10
Not confident	Fairly confident	Very confident
How important to you is quitting? Please mark a point on the scale		
1 2 3	4 5 6 7	8 9 10
Not important	Fairly important	Very important