

Recommended Nicotine Replacement Therapy/Stop Smoking Medication

CLIENT DETAILS

Surname	First Name
Address	

The above was seen today in a HSE stop smoking clinic. Based on the Fagerstrom Test for Nicotine Dependence, the following combination NRT/Stop Smoking Medication has been recommended:

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PRACTITIONERS DETAILS (For any queries)

Name:	Address:
Date:	
Telephone:	

Note: This is not a prescription for NRT or stop smoking medication. This is a recommended treatment from a qualified Stop Smoking Advisor

Reference: *Researchers in a Cochrane review analysed 63 trials comprising more than 41,000 patients and found that a combination of nicotine replacement therapies increased the chance of the patient stopping smoking altogether*

Citation: *The Pharmaceutical Journal, May 2019, Vol 302, No 7925, online | DOI: 10.1211/PJ.2019.20206465*