

New Service Available

National Intellectual Disability Memory Service



"I know that dementia is a worry for people but having an accurate and timely diagnosis means that the person can get the support they need. There is so much we can now do to improve the well-being and quality of life for people living with dementia."

*Prof Mary McCarron
Executive Director*

The National Intellectual Disability Memory Service is committed to improving the early detection of dementia in people with an intellectual disability and offering post-diagnostic supports.

People with an intellectual disability, particularly people with Down syndrome, are at increased risk of developing dementia as they age. Diagnosis is complex, but having an accurate diagnosis is important so people can receive the type of post-diagnostic supports that are appropriate to them.

The National Intellectual Disability Memory Service provides access to a Brain Health Clinic and to specialist assessment and comprehensive diagnostic work-up for memory concerns.

Our multidisciplinary team on-site includes a Consultant Geriatrician, Consultant Psychiatrist, Advanced Nurse Practitioner and Clinical Nurse Specialist. While the service is free, a referral from your doctor, via Healthline, is required to access the service.



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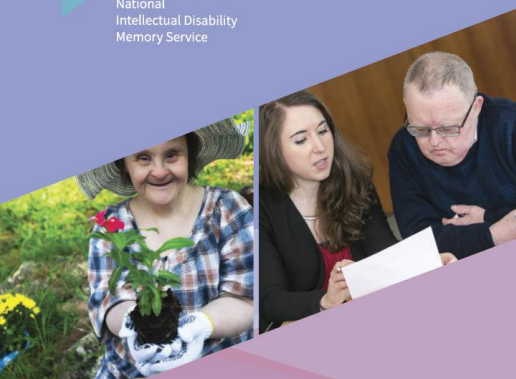


**National
Dementia
Office**



An Roinn Sláinte
Department of Health

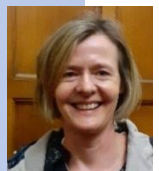
With the support of



Executive Director
Prof Mary McCarron



Clinical Director
Prof Sean Kennelly



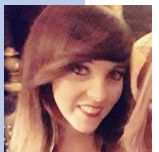
Consultant Psychiatrist
Dr Janette Tyrrell



Advanced Nurse Practitioner
Evelyn Reilly



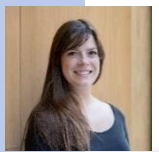
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What the Service Offers

The National Intellectual Disability Memory Service can provide:

- Support to people who are worried about memory loss problems and clarification about memory symptoms
- Baseline screening for people with Down syndrome
- Diagnosis, including differential diagnosis
- Information on good brain health along with ways to improve and maintain it
- Treatment information such as the use of anti-dementia drugs
- If a diagnosis is established, this will be discussed with the person/carer in accordance with their wishes
- A formal feedback report to the person's GP or doctor
- Post diagnostic support including information and training/education on living well with dementia
- Access to and enrolment in research studies

A Visit to the Service

As part of a Comprehensive Assessment, the person may be offered some of the following:

- An initial telephone consultation and collateral history and general health profile
- The neuro-psychological assessment, which may involve a very brief investigation of memory, cognition and day-to-day functioning or, alternatively, may be quite in-depth, depending on the level of intellectual disability
- Assessment of heart function (ECG)
- Assessment of general health function, including blood testing
- Assessment of brain function (CT Scan, MRI)

Any information collected feeds into the process of providing an accurate diagnosis of dementia.

National Intellectual Disability Memory Service

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