



National  
Intellectual Disability  
Memory Service



**Your remote assesment at the  
National Intellectual Disability  
Memory Service**



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Memory Service

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**Your appointment for Remote  
Assessment at the National ID Memory  
Service is on**

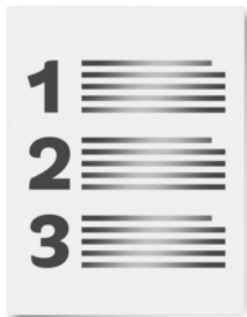
**Date:**

**Time:**



If you have any questions  
about your appointment,  
please call:

Clinic Administrator  
(01) 4142577



Please remember to have:

1. A list of your medications
2. Any test results

## What will happen at my remote visit?



As people get older, their brains may start to change.

It is important to know if there are any changes happening. If you have concerns about your memory you can get help.



Find a quiet room so you have privacy and a quiet space to talk.

Your support person will set up the laptop for the appointment to begin.



You will see the nurse specialist on a laptop screen at your appointment.

She will explain what will happen.



The nurse will ask you some questions about your memory.

You can ask any questions you want.



They will do some puzzles with you to check your memory.

The support person will help you with the puzzles.



The nurse will talk to your family or keyworker too.



We may make an appointment to do some blood tests with you.



We may make an appointment with you to check your heart-beat.

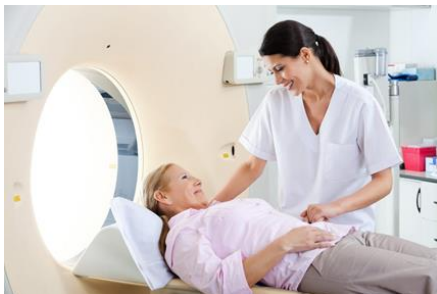
This is called an ECG.



We may make an appointment with you to check your blood pressure.



We may make an appointment with you to see the doctor.



We may make an appointment to get a CT Scan to check your brain.

The nurse will talk to you about this.



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**Trinity College Dublin**  
Coláiste na Tríonóide, Baile Átha Cliath  
The University of Dublin



**Tallaght  
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**Daughters of Charity**  
Disability Support Services

With the support of



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An Roinn Sláinte  
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[www.tcd.ie/tcaid/research/NIDMS.php](http://www.tcd.ie/tcaid/research/NIDMS.php)