

THE NURTURE PROGRAMME

Infant Health and Wellbeing



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



The Nurture Programme - Infant Health and Wellbeing

● ● ● ● ●
BETTER
OUTCOMES
BRIGHTER
FUTURES

The
ATLANTIC
Philanthropies

KHF KATHARINE
HOWARD
FOUNDATION

CES

CENTRE FOR EFFECTIVE SERVICES



The Community
Foundation for Ireland



The Nurture Programme - Infant Health and Wellbeing will build on the best practice already in our services



A photograph of a diverse family of three. A man with curly hair and a light blue shirt is smiling broadly, holding a baby. A woman with curly hair and a white top is smiling next to him. The baby is wearing a grey shirt and is laughing joyfully. The background is a bright, indoor setting with a window.

**We commit to
ensuring that
parents are at the
heart of our work**

**Parents will be
involved in the
development of the
Programme and all
its resources**

A young child with light brown hair, wearing a black and white striped long-sleeved shirt, is laughing joyfully with their mouth wide open and hands near their chin. They are surrounded by several stuffed animals on a bright blue background. To the left is a brown teddy bear with a white belly and a brown bow. Above the child is a large green frog-like stuffed animal with large white eyes. To the right is a brown shaggy bear and a white rabbit. Other smaller stuffed animals are visible in the corners.

Quote from a Mum
'...the public health nurse was incredibly supportive... she came out four days in a row '



Quote from a Dad

‘...the antenatal course was very helpful because you don’t know what to expect on your first pregnancy so it normalises it a bit...it is the only real information I received as a father on labour...’

Quotes from a Mum
‘The nurse called. I found out about the breastfeeding group. It was within walking distance... it was brilliant...’



A close-up photograph of a baby's face, smiling and holding a finger in its mouth. The baby has dark hair and eyes, and is wearing a light-colored shirt. The background is softly blurred.

Quotes from a Mum
**‘Without the midwife I
would have been lost...
they are amazing...they
keep you calm and
reassure you...’**

Quotes from a Mum

‘ Every time I walked out of an appointment ...there’s a lot of new information....if he’s crying and upset I’m a bit upset as well, you’re tired, you’re not taking in information...’





Quotes from a Mum

‘ The immunisation system seems to be very well organised. I would receive a reminder around these visits... ’



Quotes from a Mum
**‘ I got very good
medical care in the
maternity hospital but
less good on
emotional care and
support’**

Quote from a Mum
**‘Without the midwife I
would have been lost...
they are amazing...they
keep you calm and
reassure you...’**





Quote from a Mum
‘ My home visitor told me that my breast milk was liquid gold....that stuck in my mind and I breastfed my fourth baby because of this... ’