Adverse Events following Immunisation – Common and Uncommon

28th August 2014

Benefit / Risk

- All administration of medicines must maximise benefit and minimise risk
- Risk can be minimised but not avoided

Benefit / Risk

How to maximise benefit:

- •Timing of administration (age)
- •Timing of administration (scheduling)
- •Giving the correct dose
- •Using the correct administration method

Benefit / Risk

How to minimise risk:

- Observe contraindications
- •Fully inform (so that patients appreciate risk)
- •Give the correct dose
- •Use the correct administration method

14 year old female collapses seconds after receiving HPV vaccination

Placed in recovery position

Ambulance called by dialling 911

Blood pressure 80/50In shockGiven adrenaline

Wakes up in time for arrival of ambulance

Vasovagal episode

•Pallor

- •Collapse / unresponsive for a brief period
- •Drop in blood pressure, may be pulseless (briefly)
- •May have tonic-clonic movements

Vasovagal episode

- Occurs soon after administration
- •Related to the needle, not the vaccination
- Usually rapid recovery
- •Self-limiting
- Often a history of fainting
- •Can cause head or other injury

Vasovagal episode
Ideally foot of couch raised
Leg raising just as effective
Need to reassure observers as causes anxiety and can be infectious

Twelve year old female develops acute wheezing and breathlessness 4-5 minutes after HPV

Pins and needles and numbress around mouth and at fingertips





Anxiety attack

- Commoner in females
- Non-progressive
- 'Normal' vital signs
- No skin signs / rashes

- Reassurance (patient, staff and observers)
- Paperbag / rebreathing

12 year old presents 2 hours post immunisation with a rash



Itchy Red Raised 'wheals' Gets worse when scratched Came on quite 'suddenly'

History of allergy; asthma, eczema, allergic to dairy products as a baby.



Urticaria

- •Urtica = Nettle
- •Urere = Burn
- •Histamine release from Mast Cells

•Occurs at the level of the dermis – leads to capillary leakage / production of excess interstitial fluid

Urticaria

- •Reassurance 'hives'
- •IgE mediated allergy
- •Treated with antihistamines
- •More severe case prednisolone
- •Topical corticosteroids can be effective to relieve itch

Five year old with swelling around eyes

•No history of allergies

•Frightened as can't open eyes



Angioedema / angioneurotic oedema / Quincke's oedema

- •Similar to urticaria but occurs in dermis, subcutaneous tissue, mucosa and submucosal tissue
- •Bradykinin and histamine release increases vascular permeability
- •Can cause airway obstruction (medical emergency)

Treated with antihistamines
Can be treated with steroids if severe
Airway obstruction – treated with adrenaline

Ten minutes after MMR, five year old boy becomes wheezy, develops swelling of face and arms, complains of stomach pain



Soon after collapses



Dial 999 / 112 (get help)

Assess airway, breathing & circulation

Stridor, wheeze, circulatory shock

Lie patient flat with legs elevated (unless this worsens breathing)

Treatment

•Adrenaline (epinephrine) must be administered immediately (1 in 1000 given intramuscularly)

- •Works within 10 minutes, can be repeated after 15 minutes up to 3 doses
- •Chlorpheniramine unproven in the acute attack
- •Hydrocortisone unproven; may have a role in prevention of a secondary attack
- •Oxygen (if available)
- •Salbutamol (if available)
- •i.v. fluids (if available)

Anaphylaxis

- •Ana (against) phylaxis (protection)
- •Incidence 0.4 2 per million vaccinations
- •Most begin within 30 minutes
- •Must observe immunized child for 15 minutes, stay on site for 30 minutes

Anaphylaxis

- •Sudden onset
- Rapidly progressive
- •Involves multiple (2 or more) organ systems

Anaphylaxis

Dermatologic or mucosal

- generalized urticaria or erythema
- angioedema, localised or generalised
- generalised pruritus with skin rash

AND

Cardiovascular

- measured hypotension
- uncompensated shock,

OR

Respiratory

- bilateral wheeze (bronchospasm)
- stridor
- upper airway swelling (lip, tongue, throat, uvula or larynx)
- respiratory distress—2 or more of the following: tachypnoea, increased use of accessory respiratory, muscles, recession, cyanosis, grunting

+/-

Gastrointestinal symptoms (e.g. vomiting, severe abdominal pain, diarrhoea)

Onset:

Vasovagal: Immediate

Anaphylaxis: Usually within 5 minutes, but can occur within 1-2 hours

Symptoms/signs (Skin)

Vasovagal: Generalised pallor; cold, clammy skin

Anaphylaxis: Itch, generalised, erythema, urticaria or angiooedema (localised swelling of face, mouth, etc.)

Symptoms/signs (Respiratory):

Vasovagal: Normal or shallow, not laboured

Anaphylaxis: Cough, wheeze, stridor, tachypnoea, recession, cyanosis

Symptoms/signs (Cardiovascular):

Vasovagal: Bradycardia but strong carotid pulse, hypotension corrected when lying

Anaphylaxis: Tachycardia, weak / absent pulse, sustained hypotension unless specific treatment

Symptoms/signs (Neurological):

Vasovagal: Lightheaded, possible loss of consciousness, improves on lying down

Anaphylaxis: Severe anxiety and distress, loss of consciousness

Vasovagal:

BP

Ρ

RR

 PO_2

Anaphylaxis: BP P RR PO₂

References

www.immunisation.ie