## Why do you need flu vaccine?

Flu isn't just a cold

Flu can cause pneumonia and bronchitis and can make chronic health conditions worse.

Flu is serious

Up to 500 people die from flu every year in Ireland.

Flu vaccine protects you

You should get the flu vaccine if you:

- are 65 years and older or
- have a chronic health problem such as heart or lung disease or
- are pregnant

Flu vaccine protects others too

You should get the flu vaccine if you are a healthcare worker or a carer or if you live with someone with a chronic health condition.

Flu vaccine is free for people at risk

Talk to your GP (doctor) or pharmacist today about getting the flu vaccine.





