



## Getting my COVID-19 vaccine



COVID-19  
VACCINE  
Public Health  
Advice



There is an illness called COVID-19 that can make children sick. Sometimes it's called coronavirus.



It can make us miss school and seeing our friends.



Lots of children and adults have had their COVID-19 vaccine already.



Our COVID-19 vaccines can help to protect us from getting really sick.



Vaccines may help to stop COVID-19 spreading - keeping more of us safe.



I go to get my COVID-19 vaccine.



A grown-up brings me to get my vaccine and stays with me the whole time.



I can bring my favourite book, teddy or toy with me. I can also bring my ear defenders or headphones.



When it's my turn, the grown-up who brought me sits in a chair and I sit on their lap, if I like.



Sometimes, staff and adults may wear a face mask. They might also ask me to wear a face mask. This is to protect me and the people around me from becoming unwell.



The person giving me my vaccine knows a lot and I can ask them questions.



When I'm ready, I get a quick injection in my arm or my leg. I might feel a little pinch.



After my vaccine, I'll be asked to wait a little while.



Then it's time to leave and go home.



When I get home, I might feel warm or tired or have a headache. My arm or leg might be a little sore too.



A grown-up might give me some medicine to make me feel better.



Children who are 6 months old to 4 years old have 3 injections. Children who are 5 or older, have 2. We will go to the vaccination centre again for my next vaccine.



We are helping to keep everyone safe because we had our COVID-19 vaccine.