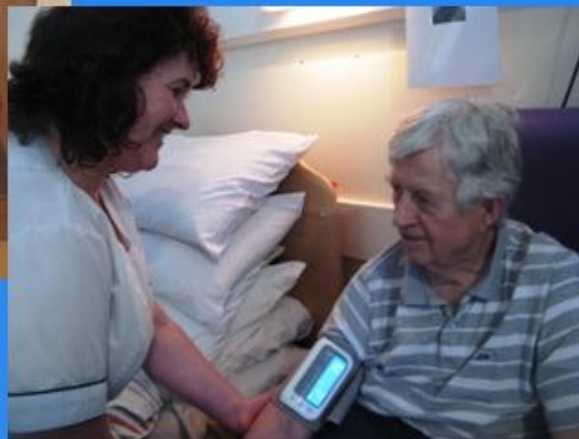


Rehabilitation Unit

St. Joseph's Hospital, Ennis, Co.Clare



Information Leaflet



**HSE Mid West
Community Healthcare**

Where is the Rehabilitation Unit in Ennis?

The Rehabilitation Unit is located within St. Joseph's Hospital, Lifford road, Ennis, Co. Clare.



It is a separate service to the residential services in the same building.

The ward is called the Cherry Unit and is located near the Church. The Physiotherapy and Occupational Therapy departments are located in the Heather Unit.

Who is this Rehabilitation unit for?

This Rehabilitation (rehab) Unit is an in-patient service for adults over 65yrs who live in Clare



You would be suitable for rehab if you have had a recent illness or surgery that has changed your ability to manage walking and daily tasks. The purpose of rehab is to help you improve your ability in these areas as much as possible.

How can I avail of this service?

You will need to get referred by your consultant or GP to the rehabilitation unit.

What happens on a rehab unit?

We, the rehab team will work with you and assess how you are doing. We will discuss the plan for what you will need to work on, and together we will set goals for your stay here.

What is a Rehabilitation Team?

The Rehabilitation Team is made up of many people who have different jobs to do. Our regular team consists of the following staff:

The Consultant

The Consultant is the head of the team and oversees your care while you are on the unit.

The Hospital Doctor

The Doctor looks after your medical care on a day to day basis.

Nurses

The nurse manager coordinates the nurses and support staff on the ward.

Staff nurses manage your medical care under the direction of the doctors.

The Ward Staff

The ward staff are trained for working in a healthcare setting. They have a variety of roles including assisting with your care, providing meals and cleaning the ward.



The Occupational Therapist (OT)

The OT's job is to see how you manage day to day tasks. This includes any thing you need to be able to do at home. The OT may give you equipment to help with independence if needed.

The Physiotherapist (Physio)

The physiotherapist aims to help with your physical recovery through education, exercise and walking programmes. There are individual sessions and also an education class as part of the service.

Speech and Language Therapist (SLT)

SLTs assess and treat people who have difficulties in communication and swallowing.

Therapy Assistants

These trained staff are based in the therapy department. They will help you carry out exercises and other therapy programmes on and off the ward.

Other Professions and Services

There is access to a number of other services if needed. These may include Dietitian, Podiatry and Hairdressing.

How can I get more information on this service?

There is a full web page about the service and a link to a full colour booklet available online via the HSE.ie website.