

Games for Babies: Food Fun!

Feeding time can be fun and messy!

Place a long strand of spaghetti in your mouth and suck it in as quickly as possible, making slurping noises to amuse your baby!



When your baby starts to eat fruit put a piece of fruit in a tissue, in a small box and a large box. Help your baby to find the prize. When you find it say: 'Here it is! Here's the apple!'



Keeping your face at a safe distance from your baby, you blow a large bubble gum bubble: the slower, the better!



Turn 3 plastic cups up-side-down, place a piece of fruit under one, mix them up. Help your baby find the correct one.



Feed your baby by placing a small amount of food on the tip of a spoon, add airplane actions and sounds.



While feeding baby, ask someone to 'play' by tapping glasses of water with a spoon. Make sure the glasses have different amounts of water in them so they will produce a variety of tones.

