

Occupational Therapy (OT)

Occupational therapists support individuals to identify daily activities that are meaningful to them in the areas of self care (dressing, toileting and personal care) productivity (household maintenance, meal preparation, accessing employment, education, volunteering, social roles) and leisure. (enjoyable accessible activities– sports, arts and crafts and creativity).



Why refer to an Occupational Therapist

We work with the individual to identify what is important to them, explore their roles, interests and develop goals to support independence skills, which may form part of their Person Centred Plan.

We may recommend equipment aids/appliances or environmental adaptation that will support the person to do what they want to do.

We run postural clinics with the Physiotherapist to support individuals with postural care needs.

We may complete a sensory assessment when an individual's sensory processing is impacting their ability to function and cope.

Behaviour Support Specialist

The behaviour support specialist supports individuals that present with behaviours that challenge. They work closely alongside both staff and individuals, their families and those who share the environment.



Why refer to Behaviour Support Specialist?

Assessment – using a person-centred approach to implement behaviour intervention support strategies.

- Recording behaviours – reviewing changes over time through data analysis, to gain a greater understanding of the causes and consequences of certain behaviours.
- PBS – developing Positive Behaviour Support Plans which includes identifying: proactive strategies, adaptations, preventative strategies for when a person shows early signs of distress and reactive strategies for managing behaviours that are not preventable.
- Training – specialist training around PBS to ensure all staff have the expertise to support people well, using least-restrictive practices.
- Ongoing Monitoring – using a range of tools to ensure the ongoing effectiveness of interventions and plans.
- Transition Support – providing advice and assessments when the people we support move between services.
- Support if required around best practise with support if any restrictive interventions are considered.

Psychology

Psychologists support service users emotional and mental health. It involves assessment of psychological and emotional needs by meeting with individuals, their families and staff. It can involve interventions such as talking therapy and advice for managing stressful situations. Psychologists can also provide training and consultation.

Why refer to a Psychologist?

- Mental health and emotional well being
- Behaviours that challenge
- Transition
- Bereavement and Grief
- Trauma
- Risk present eg. Self-harm/suicide/harm to others
- Change in someone's functioning e.g. cognitive changes or loss of skill.

YOUNG ADULT'S TEAM



Supporting people
with disability
to live better lives

INFORMATION ON TEAM DISCIPLINE ROLES AND HOW INDIVIDUAL DISCIPLINES MAY SUPPORT THE YOUNG ADULT

Unit 3/4
St. Johns Grove
Johnstown
Naas
Co Kildare
W91Y074

Office Phone Number:
087 6824240



Speech Language Therapist

The SLT can support a young person with their functional communication in everyday situations at home, in education and in the community.

The SLT can work with the young adult, family and staff to identify communication strengths and needs of the young adult, communication opportunities and barriers in the young adult's environment.

The SLT can support a young adult with feeding, eating, drinking and swallowing (FEDS) safely.

Why make a referral to SLT?

- Young Adult needs support to understand instructions, choices or what is being asked in day-to-day situations
- Young adult needs support with expressing themselves or making their needs known e.g. pictures, Lámh, Communication device
- The Communication Partners need support to understand the young adult's communication strengths and needs
- A specific communication goal has been identified as part of the young adult's PCP e.g. updating vocabulary on AAC device
- SLT linked in previously with the young adult in relation to feeding, eating, drinking, swallowing, and now a change of presentation, or review due.
- History of chest infections, coughing, choking, throat-clearing, eye-watering, change in face colour, or other difficulties during or after mealtimes.

Physiotherapy

The physiotherapist as part of the multi disciplinary team supports physical independence, This may include assessment diagnosis, and treatment of physical function, movement and mobility of adults. This involves prescription of orthotics, mobility aids and appliances and exercise equipment among others.



Why make a referral to physiotherapy?

- For full time wheelchair users— postural care pathway.
- Scoliosis or Kyphosis
- Recent surgery related to orthopaedics
- Falls
- Pain
- Deterioration of mobility
- Needs orthotic review
- Advice on physical activity
- Health promotion

Social Work

The social worker's role is to assess, support, and empower the young adult and their family so that they have the understanding, the resources and the initiative to maximise their opportunity to live his or her life to the optimum possible.



Advocate for the individual and their family regarding issues such as housing, entitlements, support services and educational requirements.

Support the family to identify potential resources including Respite, short breaks and home care package services.

Safeguarding- Responding to concern of abuse or neglect and creating and supporting a Safety plans which are person centred.

Crisis intervention - managing crisis situations for individual and family while promoting the welfare and protection of children and adults.

Why make a referral to Social Work?

- Advocacy, Practical and Emotional Support for the Individual and family.
- Family Stress is evident and the individual may benefit from additional support such as Respite, Home care package or consideration for residential placement.
- Safety and Safeguarding concerns are present.
- Benefits and Entitlements review.