How to Find Us

Beaufort House

HSE Navan Community Health Care Unit

Athboy Road, Navan, Co. Meath

Telephone: 046-9099101

Fax: 046-9099290

Provider Nominee: Ms. Elaine Ryan, Manager, Meath Older Person Service.

Person in Charge: Ms. Michelle Gilsenan.

Beaufort House,
Residential Services,
Navan Community
Healthcare Unit.
**Introduction**

The Staff of Beaufort House would like to extend a very warm welcome to you. We know that admission to a Healthcare facility for any reason is a major life event but we hope that by working together, our multidisciplinary team will achieve the best possible health outcome for you. We aim to maintain and restore as much of your independence as possible.

**Location**

Beaufort House is located in the heart of Meath and is ideally situated within walking distance of the bustling town of Navan. Navan is located just 5 minutes from the M3 exit.

Navan is a lively market town offering a wealth of attractions and activities. Navan has wonderful amenities including beautiful river walks. The Boyne Way begins at the meeting of the Blackwater and the Boyne.

**Mission Statement**

We recognise the uniqueness and talents of each individual, and we will respond in a meaningful way by promoting your independence and choice in a comfortable, homely setting. We intend to provide a quality service that is equitable, accountable and appropriate to each resident’s needs.

**Philosophy of Care**

We promote independence, health, well-being, and aim to provide a safe therapeutic environment where privacy, dignity and confidentiality are respected.

Our philosophy is to embrace positive ageing and place the elderly person at the centre of all our decisions in relation to the provision of a high quality residential service.

We recognise value and support the role of families in the ongoing care of our residents.

We are committed to providing a consistently high standard of individualised care to all our residents in accordance with best practice.
Referral & Admission Process for Extended care

At Beaufort House we understand that the decision to move into a long-term care facility is an enormous life changing event for both the Resident and their loved ones.

To become a resident in Beaufort House an application must be completed through the Nursing Home Support Scheme - Fair Deal. Application forms and information booklets are available from Meath HSE Nursing home Support Scheme - Fair Deal, Unit 3, Ardee Business Park, Hale Street, Ardee Co. Louth (041-6871525).

Following completion of your application form a care assessment is required which can be discussed with your GP or Public Healthcare Nurse if you are a resident in your own home or with the Hospital Liaison nurse if you are in hospital. The Fair Deal Office will then process this.

Following an enquiry from a potential resident/family, we will invite you and your family to come and visit Beaufort House to have a look around. If your preference is to come and stay in Beaufort House, the Person in Charge, Michelle Gilsenan, will then contact you to make further arrangements to conduct a pre-admission assessment on a date and location of your choice. This is to ensure that we have the necessary knowledge and competency to meet your care needs.

Admissions to Beaufort House are arranged when a bed is available and on confirmation of Fair Deal funding being released.

On Admission...

On admission each resident is evaluated by our staff to determine their needs. A comprehensive care plan is developed in consultation with a resident and their family.

The resident’s progress and well-being are measured against the plan, which is reviewed and updated on a regular basis.

Residents will be consulted informally and formally in relation to specific matters related to their quality of life. Beaufort House has an established Resident’s Family Council.

Our Care Service

We cater for all levels of care dependency.

Care Services include:

- Medical Officer
- 24 hour nursing and care staff
- Diversional Therapist
- Physiotherapy
- Speech & language Therapy
- Dietetics
- Occupational Therapy
- Chiropody
- Access to Dental and Ophthalmology & Audiology Care
- Pharmacist
- Access to Senior Social Worker
- Access to specialist Palliative Care Team
- NEDOC available out of hours
Consultation & Advocacy Service

Residents will be consulted informally and formally in relation to specific matters related to their quality of life. Beaufort House has an established Resident’s Family Forum who meet monthly. SAGE Support & Advocacy Services for Older People, provide a facilitator to ensure independence of the service. The Advocacy Officer for Beaufort House is Ms. Maureen Finlay who is an independent advocate and she facilitates the group meetings.

This ensures that the residents have an opportunity to express their views on the operation of the service. The Person in Charge will consult and fully discuss service proposals with the residents and obtain valuable feedback. We recognise many families are the residents advocate and voice and are welcome as members.

Visiting Hours

Beaufort House has an ‘Open Visiting Policy’ and visitors are always welcome.

Their contribution to the happiness and wellbeing of the residents is recognised and acknowledged.

Accommodation

Beaufort House is a purpose built residential care facility. It has 35 single bedrooms with en-suite facilities. It also has 3 two-bedded bedrooms with en-suite facilities and 1 three bedded bedroom with an adjacent bathroom. Although we are a Tobacco-Free Campus, residents who smoke can avail of the designated smoking room in Beaufort House.

Each bedroom is equipped with the following:

- Nurse call alarm
- Flat-screen television
- Private telephone point
- Internet access
- Electronically adjusted profiling bed
- Thermostatic temperature control
- Ceiling Hoist

A personal laundry service is also available on request. Residents are free to personalise their own bedrooms during their stay.

Our Staff are committed to maintaining a clean homely environment throughout the Centre, in accordance with HIQA Hygiene Standards.
Activities & Recreation

It is our desire that residents live a full, independent and active life. We encourage participation in daily activities that promote physical, mental and social well being. We also directly provide a range of activities which include:

- Music & sing-along
- Yoga/ Meditation
- Art classes
- Flower arranging
- Hairdressing & Beauty Treatments
- Reminiscence therapy
- Games, Cards, Bingo etc
- Library Services
- Shop available-Daily newspapers
- Television, radio, DVD’s

All activities are free of charge except for hairdressing and trips/excursions.

Spiritual Care

Beaufort House has a small prayer room where residents/families are welcome to visit at any time. We take care of the spiritual needs of our residents with the support of local Clergy of all denominations.

Menu & Nutrition

All meals are cooked fresh each day with menus being specifically designed to meet the nutritional needs of our residents. The onsite Chef consults with resident to ensure that personal tastes are catered for.

All special dietary requirements can be facilitated in our fully HACCP Quality Assurance standard kitchen.

Your Service Your Say

Residents and their families are encouraged to make comments and suggestions about our service by completing the HSE Your Service Your Say comment cards, provided throughout Beaufort House.

The designated complaints officer for Beaufort House is Ms. Michelle Gilsenan, Person in Charge (046-9099101).

All complaints will be dealt with thoroughly and sensitively in accordance with the HSE Complaints Procedure.