

Drug	Dose	Duration	+/- Notes
Treatment options for otitis externa, tympanic membrane intact			
Gentisone HC [®] ear drops (gentamicin and hydrocortisone)	2-4 drops into the affected ear every six to eight hours	3-7 days	Aminoglycoside-containing ear drops not recommended if perforation suspected (e.g. Gentisone [®] / Genticin [®] / Sofradex [®] / Betnesol N [®]) As supply issues can arise with ear drops, where appropriate, state a suitable alternative on prescription if first choice unavailable.
OR Sofradex [®] (framycetin, gramicidin, dexamethasone) ear drops	2-3 drops into the affected ear every six to eight hours		
OR Betnesol N [®] (betamethasone and neomycin)	2-3 drops into the affected ear every six to eight hours		
OR Gentamicin ear drops PLUS (if inflammation present): Betnesol [®] ear drops (betamethasone)	2-3 drops into the affected ear every six to eight hours 2-3 drops into the affected ear every two to three hours, reducing frequency when control achieved		
(Suspected) tympanic membrane perforation			
Ciprofloxacin	4 drops into the affected ear canal every twelve hours	7 days	

Acetic acid, e.g. EarCalm[®] (unlicensed) can be used for superficial swimmers ear infections.