

Drug	Dose	Duration	+/- Notes
1st choice option			
Doxycycline	100mg every 12 hours	7 days	<p>Contraindicated in pregnancy;</p> <p>Advise to take with a glass of water and sit upright for 30 minutes after taking. Can take with food or milk if gastritis is an issue.</p> <p>Advise patient to avoid excessive sunlight or artificial UV light due to risk of photosensitivity. Advise use of sunscreen/sunblock.</p> <p>Absorption of doxycycline significantly impaired by antacids, iron/calcium/magnesium/zinc-containing products.</p>
2nd choice option			
Azithromycin	1g stat followed by 500mg once a day for 2 days	3 days	<p>Single dose Azithromycin is not recommended.</p> <p>Tablets: Take with or without food.</p> <p>Capsules Take 1 hour before or 2 hours after food.</p>