

Drug	Dose	Duration	+/- Notes
First episode			
Valaciclovir OR	500mg every 12 hours	5 days	These medications can be used in pregnancy where there is a clear clinical need. Aciclovir is less expensive than valaciclovir and famciclovir.
Aciclovir OR	400mg every 8 hours	5 days	
Aciclovir OR	200mg every 5 hours	5 days	
Famciclovir	250mg every 8 hours	5 days	
Recurrent episode			
Valaciclovir OR	500mg every 12 hours	3 days	
Aciclovir OR	400mg every 8 hours	3 days	
Famciclovir	1gram every 12 hours	1 day	