

Seasonal Influenza

Table 1: Antiviral Treatment dosages and schedules for treatment of Children, Adults, Pregnant and immunocompromised

	0-12 months ⁶	1-12 years: Dose according to weight below:				Adults (≥13yrs)
		10-15kg	>15-23kg	>23-40kg	>40kg	
Oseltamivir PO (treatment course: 5 days)	3mg/kg/dose bd	30mg bd	45mg bd	60mg bd	75mg bd	75mg bd
Zanamivir inhaled (treatment course: 5 days)	Not licensed for children <5 years old. For children aged ≥5 years, Dose:10mg (two 5mg inhalations) bd					10mg (two 5mg inhalations) bd