

Seasonal Influenza

Table 2: Antiviral dosage and schedules for chemoprophylaxis

Prophylaxis	0->3 months ¹⁰	>3-11 months	1-12 years: Dose according to weight below				Adults (13 years and over)
			≤ 15kg	>15-23kg	>23-40kg	>40kg	
Oseltamivir PO (Prophylaxis course: 10 days)	See footnote 10 below	3mg/kg od	30mg od	45mg od	60mg od	75mg od	75mg od
Zanamivir INH (Prophylaxis course: 10 days)	Not licensed for children <5 years old. For children aged ≥5 years, 10mg (2 inhalations) od					10mg (2 inhalations) od	