

Drug	Dose						Duration	+/- Notes	
1st choice options									
Prophylaxis	Premature (<36 weeks post conceptual age)	0 - ≤ 12 months (36 weeks post conceptual age or greater)	1-12 years: Dose according to weight below				Adults (≥ 13 years) ²		1Although it may be possible to provide half of the daily treatment dose for 10 days there is currently no publicly available dosing information for oseltamivir prophylaxis in pre-term infants so it is outside the product licence. ² If a person in this age group weighs 40kg or less, it is suggested that the >23-40kg dose for those aged >1-12 years is used.
			10-15kg	>15-23kg	>23-40kg	>40kg			
Oseltamivir PO	1.5mg/kg once daily ¹	3mg/kg once daily	30mg once daily	45mg once daily	60mg once daily	75mg once daily	75mg once daily	10 days	
2nd choice options									
Zanamivir inhaled	For children < 5 years old.	For children aged ≥ 5 years				Adults			
	Not licensed	10mg (two x 5mg inhalations) once daily.				10mg (two x 5mg inhalations) once daily	10 days		

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²If a person in this age group weighs 40kg or less, it is suggested that the >23-40kg dose for those aged >1-12 years is used.