

Table 1: Antiviral treatment dosages and schedules for treatment of Children, Adults, Pregnant and Immunocompromised

Drug	Dose						Duration	Notes	
<b>1st choice options</b>									
<b>Treatment</b>	Premature (< 36 weeks post conceptual age)	0-12 months (36 weeks post conceptual age or greater)	≥ 1 year -12 years: Dose according to weight below				Adults (≥ 13 years) <sup>2</sup>	5 days (10 days in immuno-compromised)	<sup>1</sup> Unlicensed use; based on evidence from literature and expert opinion <sup>2</sup> If a person in this age group weighs 40kg or less, it is suggested that the >23-40kg dose for those aged ≥ 1-12 years is used.
			10-15kg	>15- 23 kg	>23-40kg	>40kg			
Oseltamivir <b>PO</b>	1mg/kg/dose every 12 hours <sup>1</sup>	3mg/kg/dose every 12 hours	30mg every 12 hours	45mg every 12 hours	60mg every 12 hours	75mg every 12 hours	75mg every 12 hours		
<b>2nd choice option</b>									
Zanamivir <b>inhaled</b>	For children < 5 years old	For children aged ≥ 5 years				Adults	5 days	zanamivir inhaler is authorised for use in the EU but not marketed in Ireland; zanamivir inhaler is only available as an unlicensed product in Ireland.	
	Not licensed	10mg (two x 5mg inhalations) every 12 hours				10mg (two x 5mg inhalations) every 12 hours			

Table 2. Antiviral dosage and schedules for chemoprophylaxis

Drug	Dose						Duration	Notes	
<b>1st choice options</b>									
<b>Prophylaxis</b>	Premature (<36 weeks post conceptual age)	0 - ≤ 12 months (36 weeks post conceptual age or greater)	1-12 years: Dose according to weight below				Adults (≥ 13 years) <sup>3</sup>	10 days	<p><sup>1</sup>Although it may be possible to provide half of the daily treatment dose for 10 days there is currently no publicly available dosing information for oseltamivir prophylaxis in pre-term infants so it is outside the product licence.</p> <p><sup>2</sup>SmPC licensed indication for use in those less than 1 year of age during a pandemic influenza outbreak only</p> <p><sup>3</sup>If a person in this age group weighs 40kg or less, it is suggested that the &gt;23-40kg dose for those aged &gt;1-12 years is used.</p>
			10-15kg	>15-23kg	>23-40kg	>40kg			
<b>Oseltamivir PO</b>	See notes <sup>1</sup>	3mg/kg every 24 hours <sup>2</sup>	30mg every 24 hours	45mg every 24 hours	60mg every 24 hours	75mg every 24 hours	75mg every 24 hours		
<b>2nd choice options</b>									
<b>Zanamivir inhaled</b>	For children < 5 years old.		For children aged ≥ 5 years			Adults	10 days	zanamivir inhaler is authorised for use in the EU but not marketed in Ireland; zanamivir inhaler is only available as an unlicensed product in Ireland.	
	Not licensed		10mg (two x 5mg inhalations) every 24 hours.			10mg (two x 5mg inhalations) every 24 hours			