

Drug	Dose	Duration	+/- Notes
1st choice options			
Miconazole Cream for mother	Apply cream to nipple and areola.	See Notes	Apply after every feed. Continue for at least 7 days after symptoms have cleared.
Nystatin oral suspension for baby	1ml dropped into the mouth four times daily after feeds.		Duration usually 7 days (48 hours after lesions have cleared).
Miconazole gel for baby	<p>Neonate: 1ml two to four times daily after feeds*.</p> <p>2-3 months: 1.25ml to be applied four times daily after feeds*.</p> <p>≥4 months: 1.25ml to be applied four times a day after feeds.</p> <p>The dose should be divided into smaller pea-sized portions; gel should be smeared in baby's mouth after feeds with a clean finger, ensuring there are no clumps of gel in the mouth.</p>	See Notes	<p>*Unlicensed use in infants < 4 months due to choking risk. Lower age limit increased to 5-6 months for infants who are pre-term or exhibiting slow neuromuscular development.</p> <p>If prescribed for infants < 4 months, ensure counselling on administration provided.</p> <p>The gel should not be applied to the back of the throat due to possible choking.</p> <p>Gel should never be given by spoon or syringe.</p> <p>Continue for at least 7 days after lesions have cleared.</p>
2nd choice options			
Fluconazole			Should only be used in exceptional circumstances and under medical supervision for deep candida mastitis which is very rare. There is a significant risk of drug interactions and caution must be exercised when using fluconazole.