

Drug	Dose	Duration	Notes
1st choice options			
Miconazole Cream for mother	Apply cream to nipple and areola.	See Notes	Apply after every feed. Continue for at least 7 days after symptoms have cleared.
Nystatin 100,000 units/ml oral suspension for baby	Neonate: birth to 1 month: 1mL dropped into the mouth every 8 hours after feeds Infant: 1 month to 2 years: 1-2mL dropped into the mouth every 6 hours after feeds	See Notes	Duration usually 7 days (48 hours after lesions have cleared). If signs and symptoms persist beyond 14 days, re-evaluate.
Miconazole 20mg/mL oral gel for baby	Neonate: 1ml two to four times daily after feeds* 2-3 months: 1.25ml to be applied four times daily after feeds* ≥4 months: 1.25ml to be applied four times a day after feeds* The dose should be divided into smaller pea-sized portions; gel should be smeared in baby's mouth after feeds with a clean finger, ensuring there are no clumps of gel in the mouth	See Notes	*Unlicensed use in infants <4 months due to choking risk. Lower age limit increased to 5-6 months for infants who are pre-term or exhibiting slow neuromuscular development. If prescribed for infants < 4 months, ensure counselling on administration provided. The gel should not be applied to the back of the throat due to possible choking. Gel should never be given by spoon or syringe. Continue for at least 7 days after lesions have cleared.
2nd choice options			
Fluconazole			Should only be used in exceptional circumstances and under medical supervision for deep candida mastitis which is very rare. There is a significant risk of drug interactions and caution must be exercised when using fluconazole.