

Head Lice Treatment How to Wet Comb Hair

Step 1:

Wash the hair using an ordinary shampoo

Step 2:

Apply plenty of conditioner to help with straightening and detangling the hair

Step 3:

Straighten and detangle the wet hair using a wide-toothed comb

Step 4:

When the comb moves freely through the hair without dragging, switch to using a head lice detection comb

Step 5:

Make sure the teeth of the comb slot into the hair at the roots, with the deeply bevelled edge lightly touching the scalp, and draw the comb down to the ends of the hair with every stroke

Step 6:

Check the comb for lice after each stroke, and remove them by wiping or rinsing the comb

Step 7:

Work through the hair section by section

Step 8:

Rinse out the conditioner. Depending on the length of hair, this can take between 10 minutes (for short hair) to 30 minutes (for longer hair)

Step 9:

Repeat the combing procedure in the wet hair to check for any lice that might have been missed the first time

One wet combing session should be done every 3 to 4 days for at least 2 weeks, continued until no lice are seen for 3 consecutive sessions.