

**Pityriasis versicolor: 1st choice options**

Drug	Dose	Duration	Notes
Ketoconazole 2% shampoo	Once every 24 hours	1-5 days	Leave preparation on for 3–5 minutes before rinsing.  Licensed for use for age 12 years and over.
OR Selenium sulphide shampoo (Selsun®)	Once every 24 hours	7 days	Apply to the affected area and leave on for 10 minutes before rinsing off.  Diluting with a small amount of water prior to application can reduce irritation.  Selsun® is only licensed for use on the scalp.
OR Clotrimazole 1% cream	Every 8 to 12 hours	7 – 14 days	For smaller areas.
OR Terbinafine 1% cream	Every 12 to 24 hours	14 days	For smaller areas.  Not licensed for use in children.

**Pityriasis versicolor: 2nd choice options (Adults)**

Oral therapy is reserved for patients with disease refractory to topical therapy or widespread disease that makes the application of topical therapy difficult.

Drug	Dose	Duration	Notes
Fluconazole <i>(for extensive disease)</i>	300mg once weekly	1 – 3 weeks	Use with caution in patients with hepatic dysfunction.  Avoid fluconazole (and all oral azoles) in pregnancy.

OR Fluconazole <i>(for extensive disease)</i>	50mg every 24 hours	2 – 4 weeks	Use with caution in patients with hepatic dysfunction. Avoid fluconazole (and all oral azoles) in pregnancy.
OR Itraconazole* <i>(for resistant disease or second line treatment)</i>	200mg every 24 hours	7 days	Capsules should be taken immediately after a meal for maximal absorption. Not recommended in patients with active or chronic liver disease. Avoid itraconazole (and all oral azoles) in pregnancy*.
* Women of childbearing potential taking itraconazole should use contraceptive precautions. Effective contraception should be continued until the menstrual period following the end of itraconazole therapy.			