

Drug	Dose	Duration	+/- Notes
<b>1st choice options</b>			
Nitrofurantoin Immediate Release Capsules	50 mg every 6 hours	3 days	<ul style="list-style-type: none"> <li>• Immediate/ Prolonged Release should be stated on the prescription (see note below on formulation difference)</li> <li>• <u>NOTE</u>: If history of recurrent infection, consider treating for 5 days.</li> </ul>
<b>OR</b>			
Nitrofurantoin Prolonged Release Capsules	100 mg every 12 hours	3 days	
<b>Alternative 1<sup>st</sup> choice options (if nitrofurantoin unsuitable)</b>			
Cefalexin	500 mg every 12 hours	3 days	
<b>OR</b>			
Trimethoprim	200 mg every 12 hours	3 days	Only use when nitrofurantoin is unsuitable and risk of resistance is low.
<b>Alternative (if resistance to the above agents is suspected)</b>			
Fosfomycin	3 g	Single dose	