

Drug	Dose	Duration	+/- Notes
1st choice options			
Nitrofurantoin Immediate Release Capsules OR	50 mg every 6 hours	7 days	Immediate/ Prolonged Release should be stated on the prescription to reduce risk of dispensing errors. (See note below on formulation difference)
Nitrofurantoin Prolonged Release Capsules	100 mg every 12 hours	7 days	
Alternative 1st choice options (if nitrofurantoin unsuitable)			
Cefalexin	500 mg every 12 hours	7 days	
Trimethoprim	200 mg every 12 hours	7 days	Only use when nitrofurantoin is unsuitable and risk of resistance is low.