

Check patient's recent susceptibility results before choosing antibiotic – only prescribe agent with confirmed susceptibility.

| Drug | Single Dose Following Exposure to Trigger | Continuous Prophylaxis Dose | +/- Notes |
|--|---|-------------------------------------|--|
| 1st choice options | | | |
| Nitrofurantoin (contraindicated in patients with eGFR ≤ 45 mL/ min/ 1.73m^2) | 100 mg | 50 – 100 mg every 24 hours at night | All UTI prophylaxis should be reviewed after 3-6 months with a view to deprescribing. |
| Trimethoprim | 200 mg | 100 mg every 24 hours at night | |
| 2nd choice options | | | |
| Amoxicillin | 500 mg | 250 mg every 24 hours at night | Monitor full blood count when on trimethoprim long term. |
| Cefalexin | 500 mg | 125 mg every 24 hours at night | Cefalexin 125 mg is only available as a liquid formulation. |