

Drug	Dose	Duration	+/- Notes
1st choice options			
Nitrofurantoin	50mg-100mg every 6 hours	7 days	Avoid after 36 weeks due to risk of neonatal haemolysis
Amoxicillin*	500mg every 8 hours	7 days	*If known to be susceptible
2nd choice option			
Cefalexin	500mg every 8 hours	7 days	
Alternative (if resistance to the above agents is suspected or if adherence to the above treatment course would be particularly problematic)			
Fosfomycin	3g	Single dose	<p>Fosfomycin should only be used after a careful risk benefit assessment. Data in pregnancy is limited but to date has not indicated teratogenicity. Manufacturer advises that Fosfomycin should only be used during pregnancy, if clearly necessary.</p> <p>Fosfomycin should ideally be taken at night, on an empty stomach, and empty bladder to maximise absorption and effectiveness.</p>