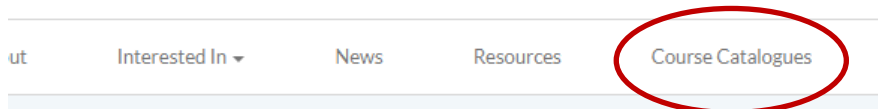


How to register for National Adult Continence Education Programme on HSELand

1. Navigate to www.hseland.ie
 - a. If you have an existing account, login using your username and password
 - b. If you do not have an existing account click 'Create Account' and register.
2. Once you have entered into HSELand page go to 'Course Catalogues' at the top of page



3. Click on ONMSD catalogue.



4. Scroll down below the CNME catalogues; the "National Adult Continence Education Programme 2021-2022" will be available under the catalogue content.
5. Click on the title of the programme and click enrol button below the appropriate session.
6. Click confirm enrolment