



## Flow Chart: Patient pathway Direct GP Access Spirometry +/- Reversibility Service



The Spirometry +/- reversibility service is available to all adults (Patients aged >16 years) regardless of their GMS status (public or private patient) who also fulfil one or more of the criteria below.

### DIAGNOSIS

One appointment to include spirometry +/- reversibility testing may be arranged to confirm diagnosis if adult patient presents to GP practice with new onset symptoms suggestive of COPD or Asthma

OR

### Confirmatory Spirometry

One appointment to include spirometry +/- reversibility testing will be facilitated per CDM Programme GP registration visit for COPD or Asthma, *but only if specifically clinically indicated to* A) confirm previous clinical diagnosis *where spirometry not previously performed* or B) to clarify previous *uncertain* original spirometry-based diagnosis

**GP assessment shows patient fulfils criteria, GP feels spirometry +/- reversibility is clinically indicated for further investigation of suspected/previously diagnosed COPD/asthma**

**GP Refers:** GP refers patient to the direct GP access spirometry service in line with local protocol.

**Physiologist** reviews & accepts the referral.

**Diagnostic Administrative Staff** arrange appointment and contacts the patients.

**Diagnostic Administrative Staff** provide patient information leaflet to the patient with the appointment letter.

**Physiologist performs respiratory / history questionnaire assessment:**

- CAT & mMRC or ACT questionnaires completed as appropriate
- Check for contraindications

**Physiologist** performs spirometry +/- reversibility as appropriate according to ATS/ERS 2019 guidelines

**Physiologist interpretation/clinical decision/further referrals**

- **Physiologist** reviews and reports results & sends the report to GP as per local protocol.
- **Physiologist** liaises with the Consultant and/or HCPs regarding onward referral to other services provided by the ambulatory care hub and/or PFT Laboratory if clinically indicated.

**Physiology manager** or delegate returns the required metrics to the Office of the ECC on a monthly basis

Patient does not consent to Spirometry

**Diagnostic Administrative Staff** documents & returns referral letter to GP

Patient does not attend appointment x 1 / or cancels x 2

**Diagnostic Administrative Staff** documents & returns referral letter outlining DNA x1 or cancelled x2 to GP