

## East Coast Area Diabetes Programme PRE –DIABETES GROUP EDUCATION REFERRAL FORM

### PATIENT DETAILS:

Title (*Mr/Mrs/Ms/other*): \_\_\_\_\_

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Gender: Male:  Female:

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Telephone: Home: \_\_\_\_\_

Mobile: \_\_\_\_\_

Email Address: \_\_\_\_\_

### REFERRER DETAILS:

Referred by: \_\_\_\_\_

Role (GP, Practice Nurse, CNS, Dietitian etc):  
 \_\_\_\_\_

Is GP aware of referral: Yes:  No:

Telephone No: \_\_\_\_\_

Patient's GP: \_\_\_\_\_

Practice Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Practice Telephone Number: \_\_\_\_\_

### CLINICAL INFORMATION:

#### GLYCAEMIC STATUS ON REFERRAL FOR PRE-DIABETES GROUP EDUCATION:

Date: \_\_\_\_\_

Fasting Plasma Glucose: \_\_\_\_\_  
 (*Parameters: 5.6-6.9*)

Two Hour Post Prandial Glucose: \_\_\_\_\_  
 (*Parameters: 7.8-11.0*)

HbA1c: \_\_\_\_\_  
 (*Parameters: 39-47*)

Body Mass Index (BMI: kg/m<sup>2</sup>) \_\_\_\_\_

Is this patient suitable for group education?  
 \_\_\_\_\_  
 \_\_\_\_\_

Any other relevant information:  
 \_\_\_\_\_  
 \_\_\_\_\_

Signature: \_\_\_\_\_

Please print name: \_\_\_\_\_

Date: \_\_\_\_\_

#### RETURN BY FAX, EMAIL OR POST TO:

Fax number: 01 2744289.

Email Address: [roisin.kavanagh@hse.ie](mailto:roisin.kavanagh@hse.ie)

Postal Address: Róisín Kavanagh, ECAD  
 Administrator, HSE- CHE,  
 Civic Centre, Bray, Co.  
 Wicklow.

**Please note: GP assistance may be required should any abnormal measurements relating to your patient be identified during the course of the education sessions.**