II.IV.III Lower Limb and Genital Lymphoedema Questionnaire for Men (LLGLQm)

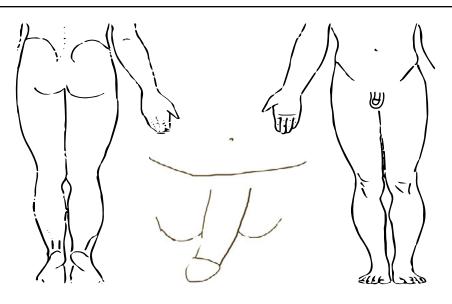
Self-completion questionnaire for men who have lower limb oedema and/or genital area oedema / lymphoedema

Swelling in the legs/genitals can be quite normal for a few weeks after some treatments or with some chronic conditions. Sometimes these can be difficult to describe but this questionnaire may help. Please complete the questions below to help us give you the appropriate advice and care.

Personal Impact Over the <u>last month</u> how has the swelling affected your daily activities:		Not at all (or not relevant) 0	A little bit	Quite a bit 1	Very much 1
I have swelling:	in my leg(s)				
	in my genitals				
lf you feel you h	ave no swelling at all you do not need t	o complete	the rest of th	is question	naire
The swelling is w	orse by the end of the day				
The swelling is affecting:	which clothes/shoes I can wear				
	my sitting				
	getting in/out of bed				
	my walking				
	passing urine				
	my sexual function				
The skin around the swollen area:	feels tight				
	has changed colour				
	feels different				
	feels wet/cold				
The swelling gives me discomfort:	in my leg(s)				
	in my genitals				
I need to take pa	inkillers for the discomfort				
Therapist to calculate after completion	Score for Personal Impact Section (score above / 48) x 100= % limited				

On average this week how severe has the swelling been?								
	0 = No swelling	1 = A little bit	2 = Quite a bit	3 = Very swollen				
Legs								
Genitals								

If you have swelling of your legs or genitals please show in this picture where you feel it is, by shading like this:



Is there anything else you would like to tell us about how this is affecting	you physically	or emotionally?
	Yes	No
During the last year, have you needed antibiotics for infections (cellulitis) in your leg(s) or genitals?		
Have you been offered any advice or treatment for the things you have identified here?		
Would you like to discuss this with us?		
Nurse/therapist to complete:		
Name of nurse/therapist has discussed this form with the patient		
Signed:		
Date:		

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