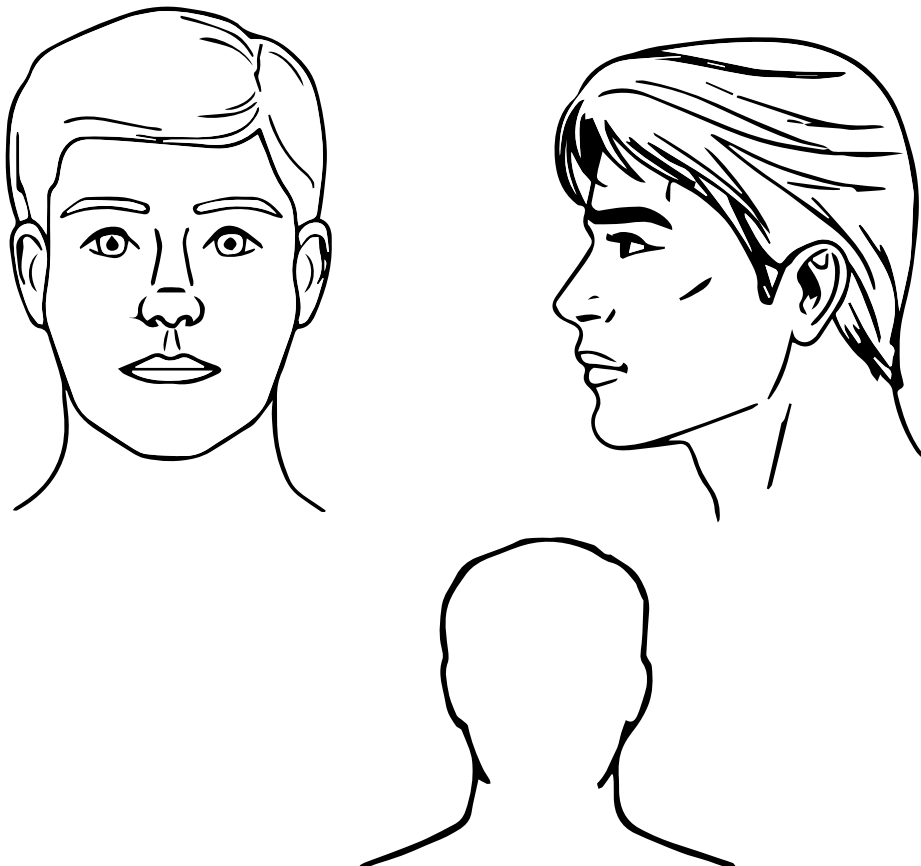


II.V Head and Neck Lymphoedema Assessment Template

Head and Neck Lymphoedema Assessment

Pt Name	Date of Assessment	H&C No
Subjective (time of onset, increasing/decreasing factors)		
Diagnosis including staging		
Follow up treatment e.g. surgery, rx, nodal involvement, no of nodes removed, no of affected nodes		

Visual examination (facial asymmetry, wounds, irradiation, location of oedema, skin changes)(face, neck, oral cavity, shoulders) & **Palpation** (tissue changes, heaviness, pitting, 'lumps and bumps')



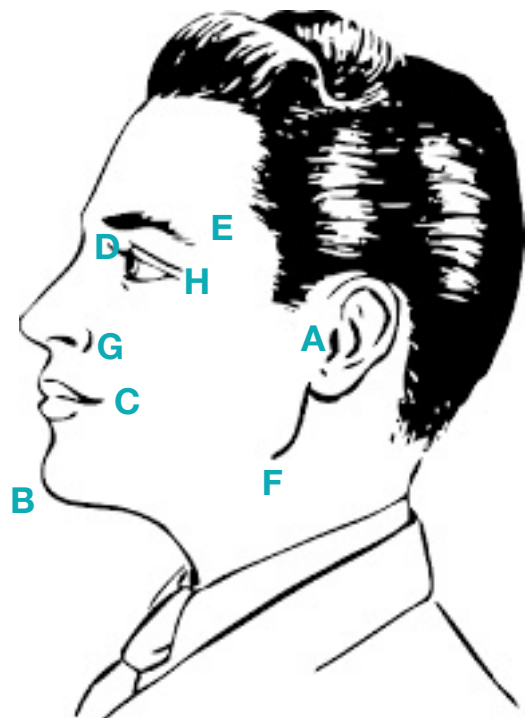
Intra oral (ask and observe- Palate, gums, cheeks, lips and tongue)

Cervical ROM

Flexion	
Extension	
Right Side Flexion	
Left Side Flexion	
Right Rotation	
Left Rotation	

Facial Measures

Measure		Right	Left
Tragus to mental protuberance	A-B		
Tragus to mouth angle	A-C		
Mandibular Angle to mental protuberance	B-F		
Mandibular angle to nasal wing	F-G		
Mandibular angle to internal eye corner	F-D		
Mandibular angle to external eye corner	F-H		
Mental protuberance to inner eye corner	B-D (vertical)		
TOTAL FACIAL COMPOSITE			



Neck Circumferential Measures

- Superior** (just below mandible) _____ cm
- Middle** (midway b/t top and bottom) _____ cm
- Inferior** (lowest circumferential location) _____ cm

Speech

Speech	(quality, Consider referral to Speech and Language Therapist)	
Swallow	(impairment, Consider referral to Speech and Language Therapist)	
Breathing	(? laryngectomy, tracheostomy)	

MDACC HNL Scale

