



Lymphoedema Services Update Newsletter

March 13th 2024



And The Award Goes To...

... the SLC teams in Clare, Meath and Donegal who won the Irish Healthcare Award 2023 for Primary Care. The data collected by the teams demonstrated improved QoL, reduced GP & PHN visits, reduced cellulitis and associated hospital admissions.

Also highly commended in the Health Service Excellence Awards 2023 was the Mater's Early Detection service for the Innovation in Service Delivery section. A snap shot of the data to date has demonstrated a reduced incidence in lymphoedema following treatment for breast and gynecological cancers.

Huge congratulations to all involved!



Save The Date!

Following the success of last year's webinar, we are scheduling our next one for **April 10th 1pm - 2pm**. The webinar will contain an update on what's happening with Lymphoedema in 2024 and we'll delve into a few more details on all updates mentioned here.

You can catch up on the last webinar here
<https://www.youtube.com/watch?v=aHnkB48cPx8>



Survey Results

Thank you to everyone who completed the education survey and the results are in.

An overview of the analysis and the national education plan will be outlined on the webinar.



Education

There are 3 new booklets for oncology patients at risk of lymphoedema which are available to order at healthpromotion.ie or to download at hse.ie/lymphoedema.

Also in development are new booklets for people living with lymphoedema which will be ready in the next few weeks on the Official Lymphoedema Webpage.



Lipoedema

There will be a new consensus guideline for the diagnosis and management of lipoedema. This will be available on the website when signed off and a webinar will be arranged to introduce the guideline prior to publishing.

A patient information booklet for lipoedema will also be available.



Lymph Active App

The App for early detection of lymphoedema in oncology is in progress and will have information for patients to reduce their risk of developing lymphoedema.

The App has 3 sections; lower limb & genital, upper limb & breast, and head & neck. The pilot for the App will start in April 2024.



Dress To Compress

The HSE are currently working on a tender process for a contract for compression garments. A guideline for the procurement process for compression garments will be introduced once the contracts are in place.

Education will be rolled out before these changes are introduced.

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