

MY STORY

Hello, my name is:

I liked to be called:

My date of birth is:

ATTACH
PHOTO
HERE

I have an
Emergency
Care Plan:

Yes



No



I have Allergies

Yes



No



I am Allergic to:

Please use block capitals

PURPOSE OF THE MY STORY FOLDER

The MY STORY folder has been created by the HSE for the purpose of promoting child & family centred communication and coordination of care for children & young people with specific healthcare needs.

The sections within the folder are to be completed by parents/guardians, young people themselves and relevant healthcare professionals.

Every effort should be made to ensure that information contained in the folder is relevant to the current healthcare and support needs of the child or young person.

HOW TO USE THE MY STORY FOLDER

PARENTS/GUARDIANS AND YOUNG PEOPLE:

- A healthcare professional will provide you with the MY STORY folder and explain how to use it.
- All sections of the folder might not be relevant to you straight away, but may become helpful over time.
- Take this folder to all your healthcare appointments, hospital admissions and respite breaks.
- Keep all relevant healthcare documents here, safely and in one place.
- Review information held in the folder at frequent intervals to ensure it is up to date.
- If required, please remind healthcare professionals to fill in the visit summary (Section 4) at appointments.

HEALTHCARE PROFESSIONALS

- Review the MY STORY folder to obtain up to date and relevant information related to this child or young person.
- Provide a copy of all specific guidelines/care plans for this child or young person, relevant to your area of care, for inclusion in their folder.
- Complete the visit/clinic summary sheet (Section 4) at the end of each visit or appointment.
- Send a copy of all your reports or letters to the parent/guardian for inclusion in the folder.
- Use block capitals at all times.

HEMOCARE NURSES/CARERS

- Complete the hand-over summary sheet (Section 10) at the end of each shift.
- Use block capitals at all times.

The contents of this folder are available to download and print at hse.ie/mystory

1 MY PERSONAL DETAILS AND EMERGENCY CONTACTS



3 MY RECENT MEDICAL HISTORY

Summary of medical history and allergies from my consultant/GP

4 HEALTHCARE PROFESSIONAL VISIT/CLINIC SUMMARY

Summary completed by

- healthcare professional
- multidisciplinary team

5 MEDICATION MANAGEMENT

- my prescriptions
- medication instructions

6 ALL ABOUT ME

- me and my family
- my daily routine
- weight and height record

7 MY CARE PLANS

- all care plans
- home / community programmes



8 PEOPLE INVOLVED IN MY CARE

Contact details
for services
and supports

9 SPECIFIC INFORMATION ABOUT MY CONDITION

- fact sheets
- leaflets
- guides



10

END OF SHIFT HANDOVER

Summary to be
completed by
homecare
nurses/carers



12 EQUIPMENT

- home
- school
- medical equipment

13 MY APPOINTMENTS

- diary of appointments
- questions to ask/concerns





