

My Transition to Secondary School Project



Name: _____ Date: _____

GRADUATING 6TH CLASS

IN THE MIDDLE OF A PANDEMIC

HOW I PLANNED TO SPEND GRAD:

HOW I ACTUALLY SPENT GRAD:

MY CLOSEST FRIEND(S):



My Favourite Saying or Quote:

My Biggest Accomplishment:



Funniest Memory of 6th class:

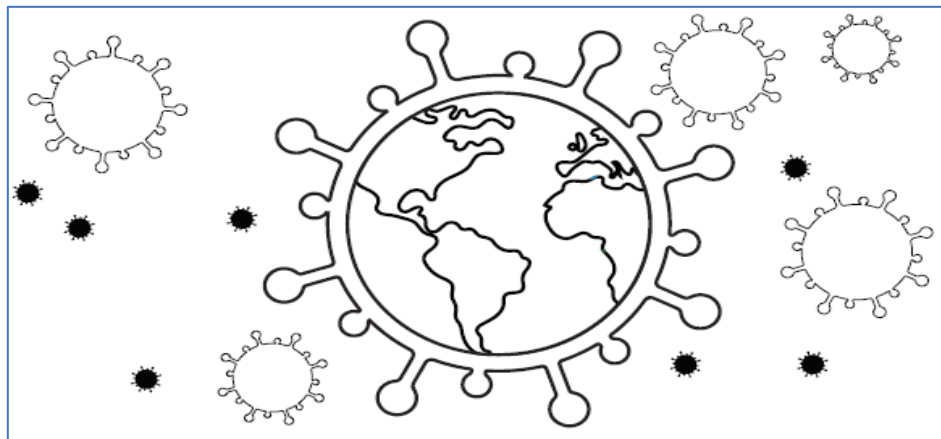


I'm heading to _____

Something special that represents your
Class of 2020: _____

YOU ARE LIVING THROUGH HISTORY RIGHT NOW

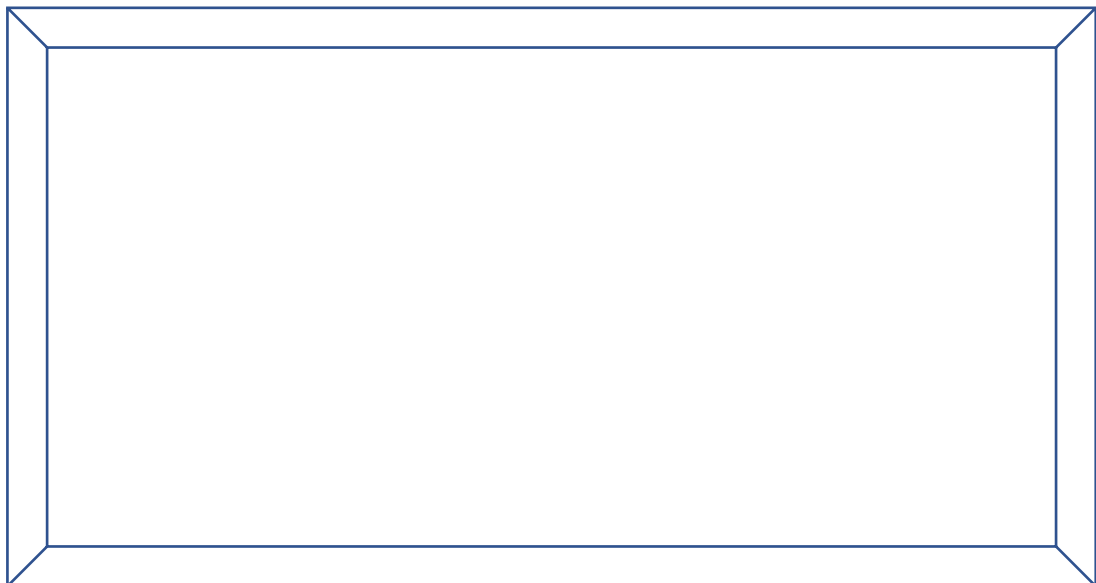
COVID-19 has caused the world to stop. Think about the time you have spent at home since school closed.



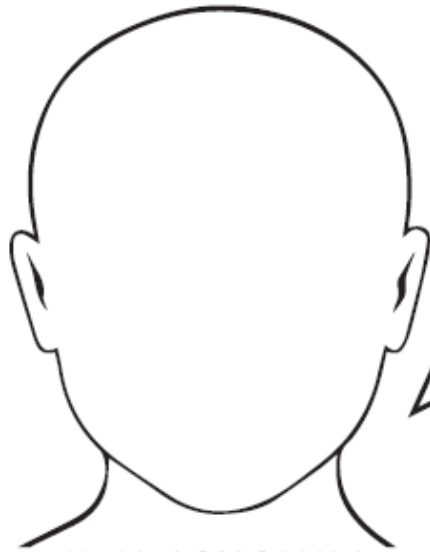
Tick off some of the things you have done since March 12th 2020.

- | | |
|--|---|
| <input type="checkbox"/> SOME PHOTOS FROM THIS TIME | <input type="checkbox"/> ANY ART WORK YOU CREATED |
| <input type="checkbox"/> A JOURNAL OF YOUR DAYS | <input type="checkbox"/> FAMILY / PET PICTURES |
| <input type="checkbox"/> LOCAL NEWSPAPER PAGES OR CLIPPING | <input type="checkbox"/> SPECIAL MEMORIES |

Add some of your own and/or draw a picture of something you did during lockdown.



HOW I'M FEELING



HOW MY FACE LOOKS



WORDS TO DESCRIBE HOW I FEEL:

WHAT I HAVE LEARNT MOST
FROM THIS EXPERIENCE:

THE 3 THINGS I AM MOST EXCITED TO DO WHEN THIS IS OVER:

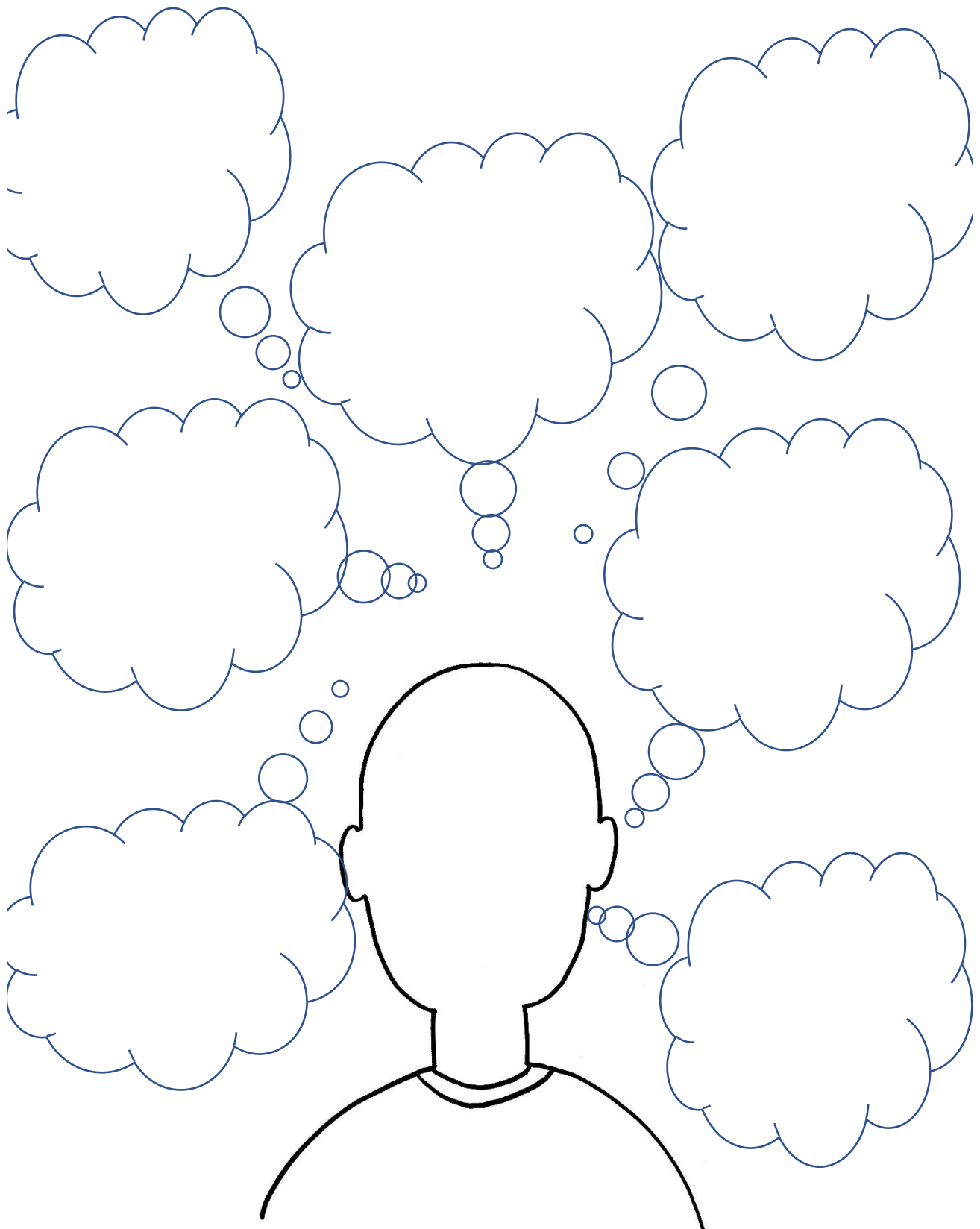
1

2

3

People or places I am most excited to visit
when this is over

What do you think secondary school might be like? List some of your thoughts about what might be ahead. Use pictures or words.



Does your school have a website?

- ☐ Yes
- ☐ No
- ☐ Don't know

If yes, what is the web address?

WWW. _____.

Browse your new school's website and see what you can find out. Make note of some of the weird, wonderful or interesting things you find out below.

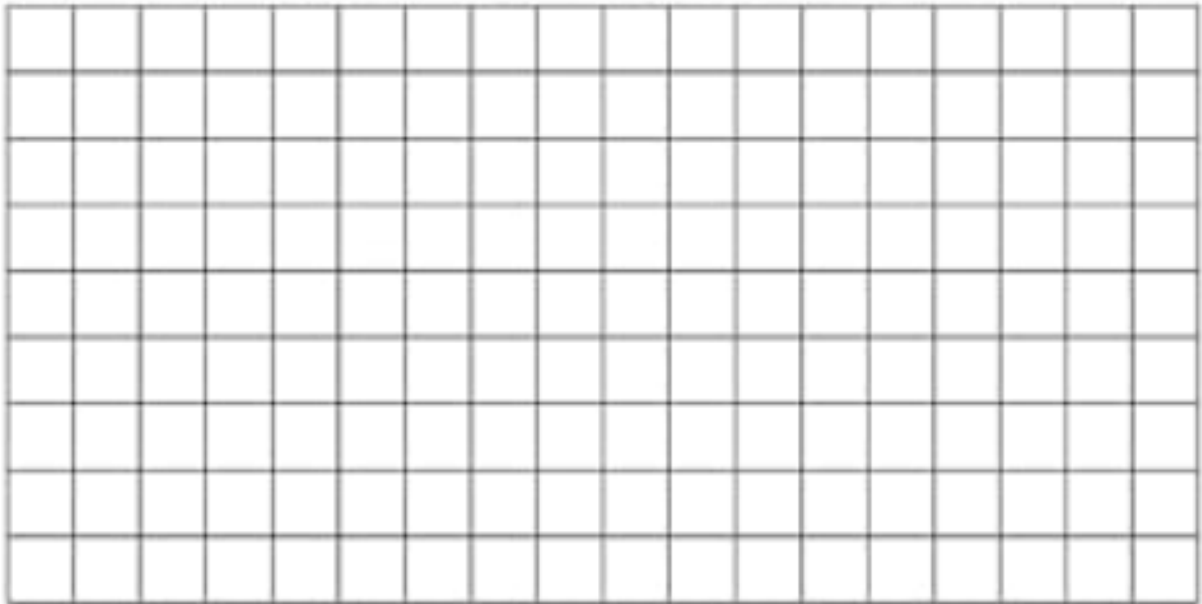
Stick in a photo or draw a picture of your new school

School Map

Can you find an image of the layout of your school grounds? Check the website; they might have a map or maybe a virtual tour of the school.

Do you notice anything different in your new school?

Stick in a map below or draw out a map of your new school using the grid below.



Ask for a map of your new school. It will help you to...

- Find your way around
- Find a specific classroom
- Find the school canteen/assembly hall/ library
- Locate your locker
- Make sure you are on time for class
- Know where you should eat your lunch
- Know where you can go outside

TIP:

When you get a map, make some extra copies and keep one in your pocket, your schoolbag and school journal. When you get your timetable mark the rooms you need to get to each day.

Same but Different

Think about what will be the same in your new school or what will be different and make a note of these things today

What will be the same?



What will be different?



School Staff

What jobs do you think these staff members are responsible for?

Year Head

Class Tutor

Canteen Staff

Guidance Counsellor

Caretaker

Secretarial staff

Resource Teacher

Principal

My Plans and Dreams

Clubs or new things I would like to try out or join in secondary school

<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> _____	<input type="checkbox"/> _____
<input type="checkbox"/> _____	<input type="checkbox"/> _____

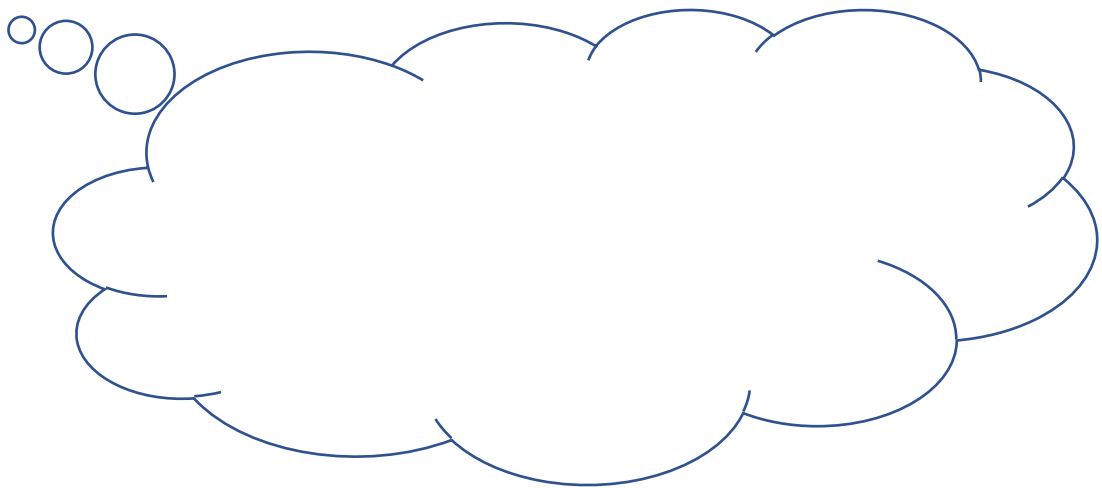
Subjects I am looking forward to doing in my new school

<input type="checkbox"/> _____
<input type="checkbox"/> _____
<input type="checkbox"/> _____

Questions I would like answers to.

1.	_____
2.	_____
3.	_____
4.	_____

My dreams for the future



How I can work towards my dreams and goals

Making and Keeping **FRIENDS TIPS**

1. To have good friends you have to be a good friend.
2. The more you know and like yourself, the easier it will be to find friends who treat you the way you wish to be treated.
3. Try to have lots of different kinds of friends. There is no such thing as a one-size-fits-all friend.
4. One way to meet new friends is to follow your curiosities, interests, and passions. In other words, do what you like to do and you will likely meet others who share common interests as you.
5. Make friends with people who like and accept you for YOU.
6. Good friends listen to each other, encourage each other, show they are interested in each other, respect one another, and help each other out.
7. Conflict between friends is normal; a good friend will put in the effort to work it out.
8. Refuse to say unkind things about your friends, even when they make a mistake. (Because we all make mistakes sometimes.)
9. If you make a mistake, apologize. If your friend makes a mistake, try to forgive them and move on.
10. Find ways to show your friends that you appreciate and care about them.

List what you consider
the good qualities of a
true friend

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

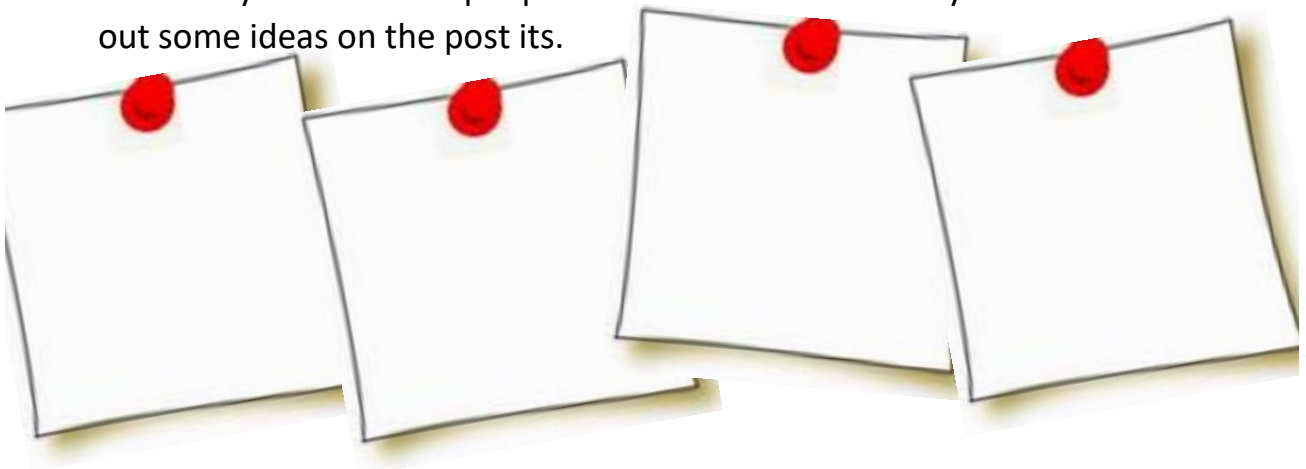
Will you know many of
the others in 1st year?

- ☐ Yes
☐ No
☐ Don't know

Will they be in
your class?

- ☐ Yes
☐ No
☐ Don't know

How can you meet new people in the first few weeks in your new school? Jot out some ideas on the post its.



It's a good idea to have some topics in mind when asking people about their interests, and sharing yours. Fill in the page below for some ideas.

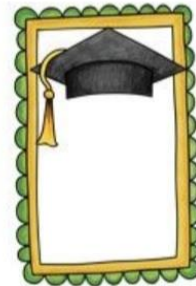
all about me

My favorite word

“ ”

My birthday

MONTH	DAY



My self portrait



My favorite animal



My favorite

School

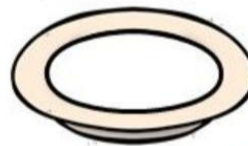
subject



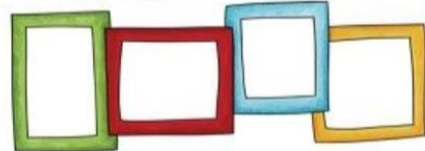
What makes me happy



My favorite food

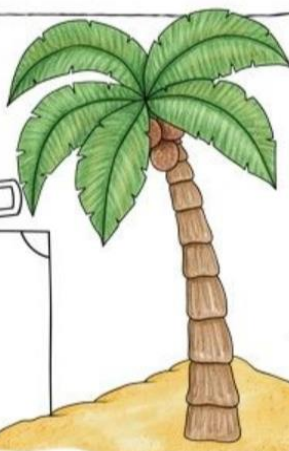
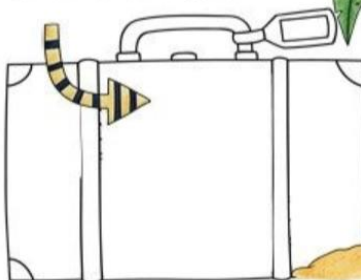


My friends



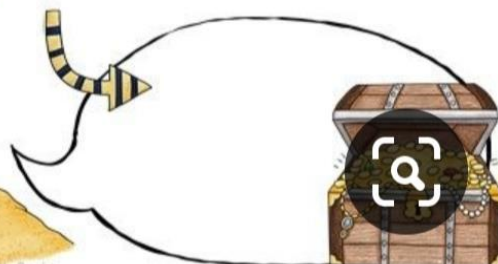
What I'm afraid of or worried about

What I'd bring on a deserted island



If I had a magic wand...

My most treasured possession



MY SCHOOL DAY

When we haven't been in school we may not have had as much of a routine to our day. Use the page below to write down what your day will look like when you are back at school. It might be a good idea to practice some parts of the day like getting up and going to bed at the same time a few days before going back to school.



MORNING



SCHOOL DAY



AFTER SCHOOL



NIGHT TIME

Now that you have finished this project booklet about moving on to secondary school take some time to reflect and make another self-care plan that might help you along your way towards September 2020.

My Self Care Plan

How I will take a break when I am feeling overwhelmed	Favourite things I can do to make me feel good	When will I disconnect or turn off technology?
Who can I touch base with about these topics?	How can I plan for better sleep/diet?	What exercise can I take to help me feel better?
Who can help me plan for September?	How can I start ticking off my 'to-do' lists?	Where can I go for some time-out?