

**Name of QIP:** Actions following HIQA Nutrition & Hydration  
Inspection Cavan General Hospital 14/02/17

**Committee Responsible for oversight:**

Nutrition and Hydration Steering Committee

**Date of initiation:** 13/03/17, Updated 18.4.17

			Implementation			Evaluation		
No.	NSSBH	AREA FOR IMPROVEMENT	INTERVENTIONS/ ACTIONS REQUIRED	PERSON(S) RESPONSIBLE	PROGRESS	DUE DATE	COMPLETED DATE	STATUS
1	1.1, 2.1	Inspectors found that the hospital was not adhering to best practice guidelines with a four hour interval between the three main meals of the day as there was less than four hours between the end of breakfast and the beginning of the midday meal.	Review the time allowing for a four hour interval between the three main meals of the day	Chair Nutritional Steering Committee	Reviewed at steering committee meeting 6 <sup>th</sup> March 2017 and continue monitor achievement of 4 hour interval between meals	September 2017		
2	2.1, 2.2	Fluid intake and output records were not always fully completed and up-to-date.	Wards to audit associated with metrics collection	All relevant Ward Managers	Review in association with Nursing and Midwifery Quality Care metrics collection. Pilot audit tool completed.	June 2017		
3	5.2	There was no medical representative or pharmacist on the Group in line with national guidelines (Steering Committee)	Request pharmacy and Medical consultant to attend meetings as necessary	Chair Nutritional steering committee	Emails sent to Pharmacist and Medical Consultant and received positive answers 13.03.2017 – will co-opt to meetings as necessary as		13.3.2017	Complete

					recommended by HIQA.			
4	3.1, 5.11	The hospital needs to progress with the review and approval of nutrition and hydration policies to standardize nutrition care and meal service provision at the hospital.	Nutrition and Hydration Policy to be updated in line with national guidance	Chair Nutritional steering committee		Oct 2017		
5	2.1, 2.8	The hospital needs to progress with the audit of the nutrient content and portion size of all patient menus in line with national guidelines	A 3 month pilot has commenced on 14 <sup>th</sup> March to 2 <sup>nd</sup> June in order to review nutritional detail	Chair of the Catering Sub Group	Commenced	June 2017		