

REGIONAL

DIRECT ACCESS

SERVICE

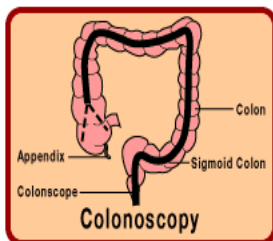
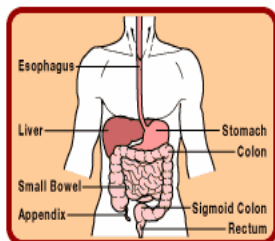
COLONOSCOPY INFORMATION

What is a Colonoscopy?

Colonoscopy is a test which allows the doctor to look directly at the lining of the large bowel (the colon).

How is it Done?

A flexible tube about the thickness of your index finger, with a bright light at the end will be passed up your back passage (the anus).



Will it hurt?

In order to do the test, air is passed into your bowel through a tube. This can cause wind pains. When the tube is moved, it can cause pain and discomfort. If the pain persists the test can be stopped.

Will I receive medicine for the pain and discomfort?

Yes. You will be given medicine through a canula (a small plastic tube) in the back of your hand for any pain and discomfort.

Sedation.

You will be given medicine called sedation that will help make you feel sleepy and relaxed.

PATIENTS UNDER 16yrs OF AGE MUST BE ACCOMPANIED BY A PARENT OR GUARDIAN.

In the Hospital.

- Please bring nightwear a dressing gown and slippers.
- It is advisable not to bring any valuables into the hospital.

A Nurse will explain what is going to happen.

A Doctor will also explain the procedure to you and ask you to sign a consent form. This form will give the doctor permission to carry out the test; **you should sign the form only when you understand what is going to happen.** The doctor or nurse will also put a cannula (a small plastic tube) in the back of your hand. This may be used if you need sedation or any other medicine.

Medication.

If you are taking Plavix, Asprin, Warfarin or Iron tablets please contact the Ward on 047-38831, one week prior to your test.

Eating and Drinking.

Before the lining of the bowel can be seen, it must first be emptied and cleaned. This means that you will have to take PLENTY of fluids for 48hrs before procedure. You are allowed; Clear soup, fizzy drinks, black tea or black coffee, fruit juice jelly boiled sweets, barley sugar and glacier fruits. NO FRESH FRUIT OR VEG

Preparation for the test.

Dissolve each sachet of Klean-prep powder in one litre (4 litres in total) of water after breakfast on day before examination and put in fridge. Start drinking Klean-prep at 2pm on the day before your test (one litre per hour). This helps to clear your bowel. You must drink **ALL** the Klean-prep.

What happens after the test?

If you have had sedation, you will be drowsy, so you will sleep for a while back in the ward.

AFTER THIS YOU MUST NOT DRIVE HOME OR OPERATE MACHINERY FOR THE REST OF THE DAY.

An adult MUST collect you from the day ward and accompany you home and you MUST have 24hr supervision.

What about the results?

If any medicine is needed, you will be given a prescription before you go home.

If a biopsy was taken, you may have to go to your G.P or outpatient department, for the result.

General Information:

If attending Monaghan Hospital please book into admissions office before proceeding to the Day Ward on the day of the test.

Please remember to give the Ward Staff a telephone number of a relative or friend who can collect you after your test.

Your stay in Hospital will be between 2 and 4 hours. We will make every effort to take you at your appointment time but sometimes delays are unavoidable.

If you are unable to attend for your test, please telephone the day ward (047) 38831 at least 3 days before your appointment. This will allow the hospital to give your appointment to someone else.

Are there any risks?

When a Polyp is removed there is a very small risk (less than (1/100) of bleeding. If bleeding does occur it will usually stop spontaneously but observation and further treatment in hospital may be necessary. Very rarely (less than 1/1000), a small hole in the colon wall can develop (perforation). If this occurs, observation in hospital is necessary. Very occasionally surgery is required to seal the perforation.

Your bowel movements may take a few days to return to normal and may be blood stained. If this is persistent contact your GP.

N.B. If you cannot drink all the prep, please telephone the day ward BEFORE coming in.

DIRECT ACCESS North Eastern Area

Colonoscopy Information



VERY IMPORTANT

If you are taking Aspirin, Plavix or Warfarin you must ring the Day Ward Immediately when you receive this appointment. Please ring between
9.30am – 4pm
@047-38831/32