



Midwifery Led Unit

Cavan & Monaghan Hospital

The Midwifery Led Unit is run by a small team of experienced midwives who provide care throughout your pregnancy, birth and after the birth of your baby.

The MLU provides:

- Flexible antenatal appointments with minimal waiting times
- Safe and caring environment to facilitate normal birth and breastfeeding
- A homely, family friendly environment
- Single suite for your entire hospital stay
- A home visit and telephone support after you and your baby go home

Benefits for you:

- Individual midwife-led care with experienced midwives
- One to one support in labour
- Labour in a quiet, comfortable surrounding to help you feel relaxed
- Use of the water pool during labour
- Less chance of intervention, but reassurance of nearby medical assistance if needed



Who can attend the MLU?

Women who are aged between 16 and 40 years old and meet the eligibility criteria can attend the MLU. First time mothers welcome!

There are 3 ways to refer

- Self refer by calling 049 4376059
- Ask your GP to refer you
- Ask your hospital midwife/doctor to refer you

 @mlucavan

What women say ...

"MLU is a wonderful place for a baby to be born. I felt very confident & comfortable in their care"

"Midwives were always available for advice even outside clinic times"

*"I have had all my babies there
"Would highly recommend it."*