

REGIONAL

DIRECT ACCESS

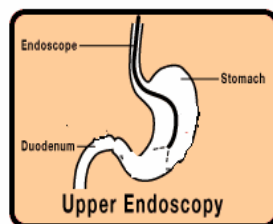
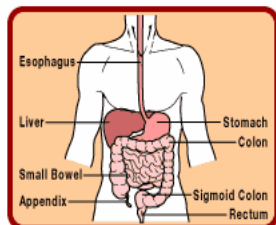
SERVICE

OGD INFORMATION

You are going to have a Gastrosocopy. (O.G.D.)

What is a Gastrosocopy?

Gastrosocopy is looking at the lining of the gullet, stomach and the outlet of the stomach (called the duodenum) with a flexible tube thinner than your little finger.



How is it Done?

It is passed in through your mouth and down into the stomach. Your throat will be sprayed with a local anesthetic. This has an unpleasant taste but it will make your throat numb and the tube will be much easier to swallow. Sometimes during the procedure the doctor may need to remove a sample of tissue for examination under the microscope. This is known as a biopsy and it is painless.

**PATIENTS UNDER 16yrs OF AGE MUST BE
ACCOMPANIED BY A PARENT OR GUARDIAN.**

Sedation.

Sedation is medicine to make you feel relaxed and sleepy. You will be given the option of having sedation or not.

Will it Hurt?

No. The test is not painful. You may experience a dry throat afterwards.

Eating and Drinking.

You must not eat or drink anything for at least 8 hours before the test. If you do, all that will be seen will be partially digested food and the test will need to be done again at a later date.

In the Hospital.

A Nurse will explain what is going to happen. A Doctor will also explain the procedure to you and ask you to sign a consent form. This form will give the doctor permission to carry out the test, you should sign the form only when you understand what is going to happen. The doctor or nurse will also put a cannula (a small plastic tube) in the back of your hand. This may be used if you need sedation or any other medicine.

Medication.

If you are taking Plavix, Aspirin, Warfarin tablets please contact the Ward on 047-38831, one week prior to your test.

What happens after the test?

The numbness in your throat will take **1 hour** to wear off. Until it does, it is not safe to eat or drink anything as it may go down the wrong way and you could choke.

It may be necessary to fast longer and if so the nurse will explain why after the test.

If you have had sedation, you will be drowsy, so you will sleep for a while back in the ward.

What about the Results?

If any medicine is needed, you will be given a prescription before you go home. If a biopsy was taken, you may have to go to your GP in 10 days for the results.

After this you must not drive home or operate machinery for the rest of the day. It is illegal to drive while under the influence of sedation. Alcohol or Smoking should be avoided also.

An adult must collect you from the day ward and accompany you home and you must have 24hr supervision.

Please note important information on the back of this leaflet.

General Information:

Please book into admissions office before proceeding to the Day Ward on the morning of the test.

Please remember to give a telephone number of a relative or friend who can collect you after your test.

Your stay in Hospital will be between 4 and 6 hours. We will make every effort to take you at your appointment time but sometimes delays are unavoidable.

If you are unable to attend for your test, please telephone the Day Ward(047) 38831 at least 3 days before your appointment. This will allow the hospital to give your appointment to someone else.

Are there any risks?

When a biopsy is taken from the lining of the stomach there is a small risk that bleeding may occur. Usually this will stop by itself. If bleeding continues you may have to stay in hospital to be observed until the bleeding stops.

The back of the throat may be sore and you may feel bloated with air that has remained in your stomach. You should be free from these symptoms within 24hrs. If they are persistent, contact your GP for advise.

DIRECT ACCESS North Eastern Area

OGD Information



VERY IMPORTANT

If you are taking Aspirin, Plavix or Warfarin you must ring the Day Ward Immediately when you receive this appointment. Please ring between
9.30am – 4pm
@047-38831/32