



Ionad Réigiúnach um Oideachas Altraí & Cnáimhseachais  
Ospidéal Uí Chonghaile/Campas N. Íde, Port Reachrann

Regional Centre for Nurse & Midwifery Education  
Connolly Hospital/St Ita's Campus, Portrane

**Regional Centre for Nurse & Midwifery Education,  
Dublin North**

# **EDUCATIONAL CALENDAR JAN 2025 – JUN 2025**

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Our contact details along with join our mailing list

**Note: Click on the hyperlinks to browse easily**



# WELCOME TO RCNME DUBLIN NORTH



Welcome to the Regional Centre for Nurse and Midwifery Education (RCNME) , Dublin North. The RCNME was established in 2002 by the Department of Health and Children for the purpose of providing in-service training and continuing education for registered nurses/midwives and other healthcare professionals as part of CHO 9 in the HSE-Dublin North East Region. These include services within the Acute Hospital sector, Primary, Community and Continuing Care representing Mental Health, Intellectual Disability, Public Health, Older Persons, Psychiatry of Old Age and Practice Nurses etc.

A range of education programmes are provided including mandatory and Health and Safety training. In addition, we provide academic programmes accredited by Quality and Qualifications Ireland (QQI) and approved by the Nursing and Midwifery Board of Ireland and other Professional organisations as appropriate.



# INTRODUCING OUR TEAM



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## HOW TO ENROL TO A PROGRAMME:



### Video Links:

Password for all videos: RCNMEdn2021CMS

- Where to find and how to navigate the Calendar of Educational Programmes: <https://hse.webex.com/hse/ldr.php?RCID=d9d9508ffbe241f7a57da2ce6cd1d843>
- How to access RCNME DN catalogue on HSELandD: <https://hse.webex.com/hse/ldr.php?RCID=408d33ba68df8ab1f1b4810749589269>
- How to enrol on a course: <https://hse.webex.com/hse/ldr.php?RCID=6d9a643b9ca18f09ad4d8863b54bef3a>
- How to use a course coupon: <https://hse.webex.com/hse/ldr.php?RCID=8fa81c5e9ab87805590b9c120137a77a>
- How to access programme once approved: <https://hse.webex.com/hse/ldr.php?RCID=a9635c538f00db1f25c5bc5ce4969f54>



### **Application Process:**

- Identify an education programme you wish to attend and discuss it with your line manager. Line management approval is required for attendance at all RCNME education programmes. Line management approval does not guarantee a place on a programme.
- Priority for RCNME programme will be given to employees of the Health Service Executive (HSE).
- Check the booking arrangements column below for details on how to book a place on the courses, see ‘Where to find and how to navigate the Calendar of Educational Programmes’ recording above.
- Applicants will be notified via email if they are successful / unsuccessful in their application.
- In the event of unforeseen circumstances, it may be necessary to cancel a programme. All applicants will be notified by email/mobile phone.
- A waiting list may be maintained by the RCNME for some education programmes.
- All education programmes for Registered Nurses and Registered Midwives are Category 1 approved by the Nursing and Midwifery Board of Ireland (NMBI) with Continuing Education Units (CEU’s) or/and approved by an awarding professional body.
- Please ensure you are available to attend education programmes in totality. Certificate of attendance will only be issued on completion of the education programme attended.
- There is no attendance fee for education programmes provided by the RCNME for HSE staff.

### **RCNME website:**

<https://www.hse.ie/eng/services/list/3/acutehospitals/hospitals/connolly/nursingandmidwiferyeducation/educationalprogrammes>



# PROGRAMMES OFFERED

Educational programmes are provided throughout the year and dissemination of the information takes place through a prospectus, which is produced twice per year- January to June and August to December. The calendar is furnished to all members of the Board of Management by e-mail who subsequently distributes it to their staff in the clinical services.

Please go to the next page for programme details.



# LIST OF PROGRAMMES



- **ADMINISTRATION OF SUBCUTANEOUS FLUIDS (HYPODERMOCLYSIS)**
- **BASIC LIFE SUPPORT/ HEART CODE**
- **BREAST FEEDING WORKSHOPS (PHASE 3 OF NIFEP)**
- **CHILD & FAMILY HEALTH NEEDS ASSESSMENT FOR PUBLIC HEALTH NURSES' NATIONAL EDUCATION PROGRAMME**
- **MALE CATHETERISATION & SUPRAPUBIC RE-CATHETERISATION PROGRAMME**
- **MALE CATHETERISATION AND SUPER PUBIC RE- CATHETERISATION – ASSESSORS TRAINING.**
- **MEDICAL–SURGICAL NURSING PROGRAMME: ENHANCING CLINICAL PRACTICE**
- **NATIONAL FRAILTY EDUCATION PROGRAMME: FUNDAMENTALS OF FRAILTY**
- **POLICIES, PROCEDURE, PROTOCOLS AND GUIDELINES**
- **PROFESSIONAL DEVELOPMENT PROGRAMME FOR COMMUNITY REGISTERED GENERAL NURSES.**
- **UTERINE INVOLUTION ASSESSMENT – A REVISION FOR PUBLIC HEALTH NURSES AND MIDWIVES**

**Note: Click on the programme name for further details**



# LIST OF PROGRAMMES



- **NCLC CLINICAL LEADERSHIP PROGRAMME FOR CLINICAL NURSE MANAGERS & CLINICAL MIDWIFE MANAGERS 1 & 2**
- **NCLC CLINICAL LEADERSHIP PROGRAMME FOR STAFF NURSES AND STAFF MIDWIVES**
- **NATIONAL CLINICAL LEADERSHIP NATIONAL FACILITATORS EDUCATION PROGRAMME**
- **DEMENTIA: ENHANCING & ENABLING WELL-BEING FOR THE PERSON WITH DEMENTIA – AN INTRODUCTION TO DEMENTIA CARE**
- **DEMENTIA: ENHANCING & ENABLING QUALITY OF CARE WITH PERSON WITH DEMENTIA– ACUTE CARE PROGRAMME**
- **ADULT DIABETES EDUCATION PROGRAMME FOR NURSES**
- **EAR EXAMINATION AND IRRIGATION PROGRAMME**
- **ESSENTIAL PHYSICAL HEALTH CARE NURSING SKILLS PROGRAMME (MENTAL HEALTH)**
- **INFECTION PREVENTION & CONTROL LINK PRACTITIONER PROGRAMME (RCNME DUBLIN NORTH)**
- **SAFETY INTERVENTION™ FOUNDATION FOR ADULTS 3RD EDITION– BLENDED PROGRAMME**

**Note: Click on the programme name for further details**

# LIST OF PROGRAMMES



- **ADULT ARTERIAL BLOOD GAS ANALYSIS PROGRAMME (ABG INTERPRETATION WORKSHOP) FOR REGISTERED NURSES**
- **AN INTRODUCTION TO CARDIAC RHYTHM ANALYSIS FOR NURSES**
- **ANAPHYLAXIS WORKSHOP: NATIONAL ANAPHYLAXIS EDUCATION PROGRAMME FOR HEALTHCARE PROFESSIONALS**
- **CLINICAL ASSESSORS TRAINING AND CLINICAL ASSESSORS REFRESHER TRAINING FOR VENEPUNCTURE AND IV CANNULATION**
- **INTRAVENOUS ADMINISTRATION OF MEDICATIONS FOR NURSES**
- **VENEPUNCTURE & PERIPHERAL INTRAVENOUS CANNULATION FOR ADULTS A BLENDED LEARNING PROGRAMME**
- **NON-INVASIVE VENTILATION FOR NURSES– BIPAP– PROGRAMME**
- **THE FIRST STEP TO ECG INTERPRETATION & CARDIAC RHYTHM RECOGNITION**

**Note: Click on the programme name for further details**

# LIST OF PROGRAMMES



- **THE NURSING MANAGEMENT OF A PATIENT WITH A TRACHEOSTOMY: USING A MULTI-DISCIPLINARY APPROACH TO CARE**
- **VENEPUNCTURE FOR ADULTS A BLENDED LEARNING PROGRAMME**
- **WELLNESS RECOVERY ACTION PLANNING (WRAP) – LEVEL 1**
- **AN INTRODUCTION TO TRAUMA INFORMED PRACTICE IN MENTAL HEALTH SETTINGS**
- **RECOVERY IN MENTAL HEALTH QQI LEVEL 5**
- **STORM SUICIDE PREVENTION TRAINING**
- **UNDERSTANDING MENTAL HEALTH– QQI LEVEL 5 MODULE**

**Note: Click on the programme name for further details**



# ADMINISTRATION OF SUBCUTANEOUS FLUIDS (HYPODERMOCLYSIS)



## Aim

The aim of this programme is to provide Registered Nurses with the knowledge and skills required to provide appropriate care for those who require or already have subcutaneous fluids.

## Learning Outcomes

- Identify the indications for Hypodermoclysis.
- Outline the sites for subcutaneous infusion.
- List the fluids that are delivered subcutaneously and calculate the flow rate.
- Communicate with patients and their families to facilitate safe and effective administration.
- Define the steps required to check, prepare and administer fluids for administration, including equipment required incorporating appropriate infection prevention and control measures, understand the role of the nurse in undertaking this procedure in relation to The Scope of Practice for Nursing and Midwifery (Nursing and Midwifery Board of Ireland, 2015).
- Analyze the potential complications associated with Hypodermoclysis and discuss appropriate actions to prevent and/or treat these complications.

Great to have  
practice session  
with the experts !

Great  
knowledge  
sharing, really  
learnt a lot.

## **The classroom session consists of a 2 parts: 90 minutes theory and a 30-minute practical workshop**

The participants after the successful completion of the workshop carry out the practice followed by self-competency validation of administration of subcutaneous fluids as per local policy. This part of course takes place in the Clinical area and is managed by each service separately.

## Target Audience

- Registered Nurses employed in an area where hypodermoclysis is required frequently enough to enhance service provision and maintain competence.

## Next Available Programme(s)

- Thursday 23rd January 2025 – Connolly Hospital, Blanchardstown
- Thursday 24th April 2025 – Connolly Hospital, Blanchardstown

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

## HSELand Module ID

- MOD-3999

# BASIC LIFE SUPPORT/ HEART CODE



## Aim

The HeartCode BLS course is divided into two parts: an online portion and a structured hands-on section. **Before attending the hands-on part of the course, students must complete and pass the online segment and produce a certificate of completion.**

During the hands-on section, students practice their skills with an instructor and must pass a skills test to receive certification.

This course is ideal for healthcare professionals who want an alternative way to complete or renew their BLS Course.

Upon successful completion of both parts of the course, participants will receive an IHF/AHA BLS provider course completion card that is valid for two years.

## Learning Outcomes

At the end of this programme, participants should be able to:

- Describe the importance of High-Quality CPR and its impact on survival.
- Describe all the steps of the Chain of Survival.
- Apply BLS Training concepts of the Chain of Survival.
- Recognize the signs of someone needing CPR.
- Perform high-quality CPR for an adult.

## Target Audience

- Registered Nurses and Registered Midwives

**participants must have completed the online cognitive portion prior to attending the classroom hands on portion**

- BLS Heartcode online Part 1

## Next Available Programme(s)

- 21st January 2025– Connolly Hospital, Blanchardstown
- 13th February 2025 Tayleur House, St.Ita's Campus Portrane
- 11th March 2025- Connolly Hospital, Blanchardstown
- 10th April –Tayleur House , St.Ita's Campus Portrane
- 13th May 2025- Connolly Hospital, Blanchardstown
- 26th June 2025- Tayleur House, St.Ita's Campus Portrane

## **HSELand Module ID**

- MOD-6512

*Very informative,  
Great to update  
my skills*

*Practical session  
with Manikins for  
practicing  
technique*

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# NATIONAL INFANT FEEDING EDUCATION PROGRAMME



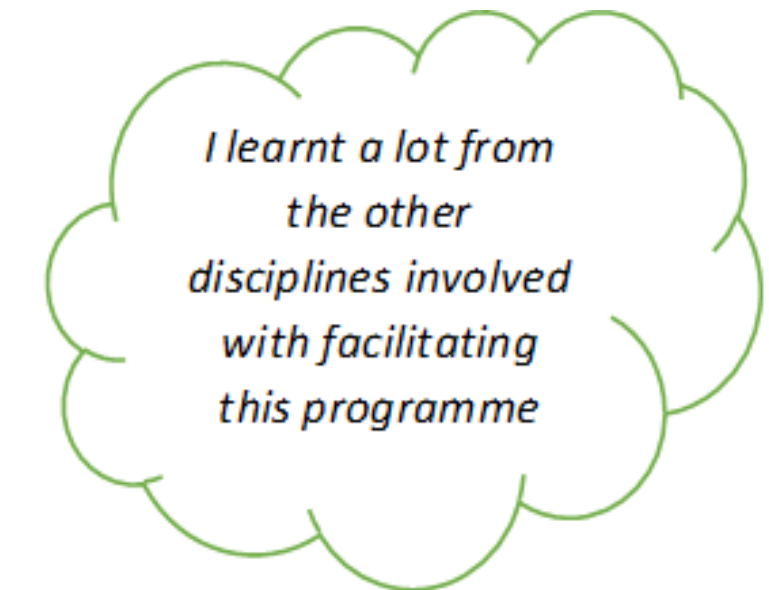
## Aim

The aim of this programme is to empower Registered Midwives and Registered Nurses to promote, support and protect breastfeeding during the perinatal period.

## Learning Outcomes

At the end of this programme, participants should be able to:

- Assist mothers to safely place their baby skin to skin, position and attach baby to the breast;
- Assess a feed with acknowledgement of signs of good nutritive sucking & adequate milk transfer;
- Assist mothers to gain confidence and establish breastfeeding;
- Identify common breastfeeding challenges and assist mothers to overcome them;
- Assist mothers who are experiencing greater challenges with breastfeeding;
- Plan, document and refer care as necessary;
- Provide ongoing support and signpost women to HSE and community services for support.



## Target Audience

- Registered Midwives and Registered Nurses who are involved in Maternity, Neonatal and Pediatric Care

## Prior to enrolling, please note the following pre-requisites:

You are required to complete the National Infant feeding/Breastfeeding e-learning units as a pre requisite to enroll in this programme. This preparation is considered Phase One of the Programme. When phase one is completed, you can enroll in the programme to complete the remaining Phase two to Phase Four.

## Next Available Programme

- Tuesday 28th January 2025- Rotunda Hospital
- Thursday 25th February 2025- Tayleur House, St. Ita's Campus, Portrane.
- Monday 7th April 2025- Rotunda Hospital

## HSELand Module ID

- ONMSD - NAT-52



**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# CHILD & FAMILY HEALTH NEEDS ASSESSMENT FOR PUBLIC HEALTH NURSES' NATIONAL EDUCATION PROGRAMME




## Aim

This programme aims to provide clear guidance to Public Health Nurses on a standardized approach to undertaking a Child and Family Health Needs Assessment in the Public Health Nursing Service, which is evidence-based and complies with best practice.

## Assessment Framework (CFHNA) for the Public Health Nursing Service:

- Explore mother's health and wellbeing and early childhood development;
- Understand the impact of adversity on children and families;
- Understand the importance of early intervention, providing the right support at the right time;
- Critically examine the domains and dimensions of the Assessment Framework and implementation of the Assessment Framework into practice
- Critically analyze the process for management of cases in Public Health Nursing practice through the lens of current legislation and policy;
- Discuss Best Practice in documentation and sharing of Information with relevant services i.e. TUSLA-PPFS/Child Protection;
- Critically evaluate TUSLA Response Pathways.



Facilitators  
shared  
knowledge and  
listened to each  
participants  
caseload  
concerns

## Learning Outcomes

At the end of this programme, participants should be able to:


- Understand the context of Child and Family Health in Ireland;
- Outline the National Guidelines on the use of the Child and Family Health Needs

## Target Audience

- Registered Public Health Nurses and Registered Midwives

## Next Available Programme

- 13th January 2025 RCNME Connolly Hospital
- 13th February 2025 RCNME Connolly Hospital
- 13th March 2025 RCNME Connolly Hospital
- 7th April 2025 RCNME-St. Ita's Campus, Portrane



Fantastic update and  
sharing of knowledge  
on resources  
available to families

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

## HSELand Module ID

- ONMSD-NAT-31 5

# MALE CATHETERISATION & SUPRAPUBIC RE-CATHETERISATION PROGRAMME



## Aim

The aim of this programme is to provide Registered Nurses with the knowledge and skills required to provide appropriate care for those who require or already have, a urinary catheter and those requiring a suprapubic re-catheterisation.

## Target Audience

Registered Nurses employed in an area where adult male urethral catheterisation and suprapubic re-catheterisation is required frequently enough to enhance service provision and maintain competence.

## ***Prior to enrolling, please note the following pre-requisites:***

- Participants must be approved by his/her clinical nurse manager as an appropriate person to expand his/her practice, to include adult male urethral catheterisation and suprapubic re-catheterisation.
- There must be an “Adult Urinary Catheterisation” and “Adult Suprapubic Re-Catheterisation” up-to-date guideline for the practice of these skills in your specific service area.
- Participants must have access to an assessor to assess post-programme competency attainment. The assessor must be a Nurse who has completed education in the specific area and deemed competent in adult male catheterisation and adult suprapubic-re- catheterisation. The assessor must be identified prior to programme commencement date.
- Participants must have read the HSE local policy/guidelines, Guidelines for Insertion, Removal, Care and Maintenance of Urethral Catheters in Adult Patients.
- Participants must complete the HSELand ANTT training programme.

## Next Available Programme

·Wednesday 12th February 2025 – RCNME Connolly Hospital

## HSELand Module ID

- RCNME- MOD- 6521

Great  
knowledge  
sharing, really  
learnt a lot.

Great to have  
practice session  
with the experts !

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# MALE CATHETERISATION AND SUPER PUBIC RE-CATHETERISATION – ASSESSORS TRAINING.



## Aim

The aim of this programme is to provide Registered Nurses with the knowledge and skills required to facilitate a registered nurse to achieve competency in the skill of male and suprapubic re-catheterisation.

## Learning Outcomes

At the end of this programme, participants should be able to:

- Review the Male urethral catheterisation and suprapubic re-catheterisation Programme
- Discuss the clinical assessors' role and responsibilities when facilitating a registered nurse to achieve competency in the skill of male catheterisation and suprapubic re-catheterisation.
- Understand the clinical competency documentation and identify the pathway of commencing an action plan if required.

## Target Audience

- Registered Nurses employed in an area where adult male urethral catheterisation and suprapubic re-catheterisation is required frequently enough to enhance service Provision and maintain competence.

## Next Available Programme

- Tuesday 11th February 2025

## HSELand Module ID

- MOD-13055

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# MEDICAL–SURGICAL NURSING PROGRAMME: ENHANCING CLINICAL PRACTICE



## Aim

The programme aims to strengthen and develop nurses' knowledge, skill and attitude to medical-surgical nursing practice. Thus promoting professional competencies which value use of evidence-based practice, multi-disciplinary team approach, creative thinking and person-centered care. This programme also aims to meet the educational needs of Registered nurses to be an expert care giver and a client educator.

## Learning Outcomes

- Demonstrate expertise in the application of evidence-based knowledge, skills and decision-making to the holistic assessment and management of patients with medical-surgical conditions.
- Critically explore and engage in critical thinking skills through the process of reflection to enhance specialist nursing practice including stress management in the area of medical-surgical nursing
- Demonstrate expertise in the provision of advanced skills when caring for the patient with medical-surgical conditions.
- Critically examine the ageing process, end of life care and the value of multidisciplinary collaboration in the provision of quality evidenced bases outcomes of care for persons with dementia.
- Integrate researched knowledge with clinical expertise and patient preference approach to the assessment and management of acute and chronic pain while recognising psychosocial impact of illness on patient and family.
- Apply knowledge and principles of accurate documentation to person-centered care.

**Full attendance is required for this 5 day programme.**

## Target Audience

- Registered Nurses and Midwives working in acute (Medical and surgical wards)

## Next Available Programme

TBC - March 2025 – Connolly Hospital, Blanchardstown

## HSELand Module ID

- MOD- 11347

*Really enjoyed the  
workshops*

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# **NATIONAL FRAILTY EDUCATION PROGRAMME: FUNDAMENTALS OF FRAILTY**



## **Aim**

The aim of the programme is to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management, and better health outcomes for older adults living with frailty.

## **Learning Outcomes**

At the end of this programme, participants should be able to:

- Describe the spectrum of frailty as a long-term condition;
- Identify validated screening tools as they relate to frailty (e.g. frailty assessment, falls assessment, delirium assessment tools);
- Explain the benefit of Comprehensive Geriatric Assessment in planning appropriate health promotion and care pathways to enhance outcomes for older persons living with frailty;
- Discuss the significance of frailty and the impact of a gerontological approach to care;
- Recognize the importance of a frailty pathway and the implication of long Patient Experience Times (PET) for the frail older adult.

## **Target Audience**

- Registered Nurses and Health & Social Care Professionals working with Older Adults

## **Next Available Programme**

- Wednesday 26th February 2025 Connolly Hospital
- Thursday 12th June 2025 Tayleur House, St. Ita's Campus

## **HSELand Module ID**

- ONMSD-NAT-53\_10

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# **POLICIES, PROCEDURE, PROTOCOLS AND GUIDELINES**



## **Aim**

This one day national education programme on the development of Policies, Procedures, Protocols and Guidelines (PPPG) across care groups will ensure that PPPG's are identified, developed and produced to support staff providing care across all healthcare facilities.

The programme has three clear components:

- Policy, procedure, protocol and guideline development/Introduction to the new framework
- Finding the evidence for PPPG's
- Introduction to clinical audit.

## **Target Audience**

- The target audience are those who are in a sufficiently senior position within their discipline to be directly involved in the actual development of PPPG's.
- Participants must have completed the following before attending the classroom
- Part two, finding the evidence, includes conducting live searches for evidence therefore participants, prior to the course, need to have an active Athens account and login details. All HSE employees can get a free Athens account.
- Extensive computing skills are not required for this course, but personal Athens log-in details are.
- An Athens account is a means of organizing under one umbrella the various subscription-based electronic resources an organization has access to, so that they can all be used via a single login (rather than a dozen different username/password combinations).
- Setting up Athens account is done by going to <http://www.hselibrary.ie/>.
- Or contact your local HSE library.

## **Next Available Programme**

- 30th January 2025 – Connolly Hospital, Blanchardstown

## **HSE Land Module ID**

- MOD-5062

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# PROFESSIONAL DEVELOPMENT PROGRAMME FOR COMMUNITY REGISTERED GENERAL NURSES.



## Aim

Community Registered General Nurses are fundamental to the provision of care delivered by the nursing team in the community. This programme aims to strengthen and develop nurses' knowledge, skill and approach to community nursing practice. Thus promoting professional competencies which value use of evidence-based practice, multi-disciplinary team approach, creative thinking and person-centered care. This programme also aims to meet the educational needs of Registered nurses to be an expert care giver and a client educator within the community setting.

**A four-day education programme comprising of clinical and classroom learning opportunities**

## Learning Outcomes

- Demonstrate expertise in the application of evidence-based knowledge, skills and decision-making to the holistic assessment and management of patients in the community setting.
- Critically explore and engage in critical thinking skills through the process of reflection to enhance specialist nursing practice including stress management in the area of community nursing.
- Demonstrate expertise in the provision of clinical skills when caring for the patient with chronic disease and wound management in the community.
- Critically examine the ageing process, end of life care and the value of multidisciplinary collaboration in the provision of quality evidenced bases outcomes of care for persons with dementia in partnership with acute services.
- Apply knowledge and principles of accurate documentation to person-centered care.
- Apply knowledge and principles of effective communication including conflict management.

## Target Audience

Registered Nurses employed in the community who wish to enhance and maintain their competence.

## Next Available Programme

- Tuesday – 4th, 5th, 6th & 7th February 2025 – Connolly Hospital, Blanchardstown

## HSELand Module ID

- TBC

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# UTERINE INVOLUTION ASSESSMENT – A REVISION FOR PUBLIC HEALTH NURSES AND MIDWIVES



## Aim

This programme aims to provide participants with knowledge and skills to assess uterine involution in the postpartum period.

## Learning Outcomes

At the end of this programme, participants should be able to:

- Describe the structure and function of the uterus;
- Define the normal physiological changes of the uterus in the postpartum period;
- Outline the classification of postpartum blood loss;
- Identify the rationale for performing uterine involution assessment;
- List the steps involved in performing uterine palpation;
- Demonstrate the correct procedure for assessing uterine involution and documentation of findings;
- Discuss the management and referral pathways to be followed in the event of complications, as per the guideline.

## Target Audience

- Registered Public Health Nurses and Midwives
- Participants must have completed the following before attending the classroom
- Maternal Postnatal Care in the Public Health Nursing Service Educational Programme
- Uterine Involution Theory (Online) - A Revision for Public Health Nurses and Midwives

## Next Available Programme

- Thursday 27th February 2025 – Connolly Hospital, Blanchardstown

## HSELand Module ID

- MOD-14887

Practical session  
with Manikins for  
practicing  
technique

Very informative,  
Case discussions

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# **NCLC CLINICAL LEADERSHIP PROGRAMME FOR CLINICAL NURSE MANAGERS & CLINICAL MIDWIFE MANAGERS 1 & 2**



## **Aim**

This three day programme aims to support clinical nurse managers and clinical midwife managers 1 and 2, and equivalent grades, to develop their leadership skills and knowledge through programme content and their own application of learning to practice.

**Participants must attend all three days in order to complete the programme.**

## **Learning Outcomes**

On completion of this programme, participants will have been given the opportunity to:

- Learn self-care strategies for themselves and others;
- Further develop their self-awareness and emotional intelligence;
- Explore the concept of clinical leadership in practice;
- Use clear direct communication as a leader;
- Explore the management of conflict using respectful challenge;
- Develop skills in leading a cohesive and effective team;
- Develop their negotiation, influencing and political awareness skills.

## **Target Audience**

- Clinical Nurse Managers and Clinical Midwife Managers 1 & 2, and equivalent grades

## **Next Available Programme**

- Monday 24th February, Monday 10th & Monday 24th March 2025 – Connolly Hospital

## **HSELand Module ID**

- MOD-17592

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# NCLC CLINICAL LEADERSHIP PROGRAMME FOR STAFF NURSES AND STAFF MIDWIVES



## Aim

This two day programme supports staff nurses and staff midwives to engage in clinical leadership development using an interactive facilitated mode of delivery. The programme aims to provide participants with the opportunity to enhance their clinical leadership confidence by recognizing their influence as clinical leaders through the development of clinical leadership competencies.

**Participants must attend both day 1 and day 2 in order to complete the programme.**

## Learning Outcomes

On completion of this programme, participants should be able to:

- Understand the importance of self-awareness in clinical leadership;
- Explore core values and recognize their impact on core clinical leadership;
- Demonstrate personal effectiveness through communication;
- Build confidence by cultivating empowerment and advocacy;
- Understand the importance of decision-making to promote quality improvement;
- Explore the impact of teamwork on patient/client care;
- Recognize the importance of self-care as a clinical leader.

## Target Audience

- Registered Nurses and Registered Midwives

## Next Available Programme

- Monday 7th April 2025, Connolly Hospital
- Monday 14th April 2025, Connolly Hospital

## HSELand Module ID

- MOD-11550

*'I was introduced to topics I was not aware of, 'I feel more aware of myself'*

*'I enjoyed the examples given of the different leadership styles'*

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# NATIONAL CLINICAL LEADERSHIP NATIONAL FACILITATORS EDUCATION PROGRAMME



## Aim

The aim of this programme is to equip participants with the knowledge, skills, competence, confidence and attitude to facilitate other individuals attending an education session/ programme.

## Learning Outcomes

At the end of this programme, participants should be able to:

- Define facilitation and describe the key skills necessary to be an effective facilitator;
- Learn how to utilise multiple available educational resources;
- Critically discuss complementary learning activities;
- Understand how to use IT to support facilitation;
- Critically appraise group dynamics and manage diverse participant behaviour ;
- Reflect upon, give and receive feedback effectively;
- Identify the strengths and challenges associated with co- facilitation;
- Evaluate adult learning including how people learn, factors that enable and inhibit learning, learning styles and multiple intelligence.



## Target Audience

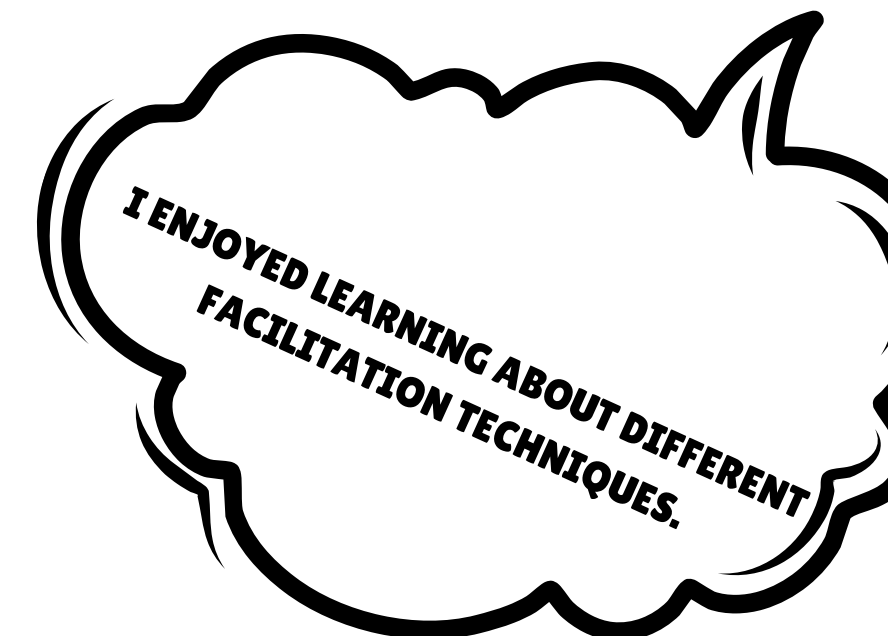
Registered Nurses and Registered Midwives who facilitate education at individual or group level.

## Next Available Programme

- Wednesday 12th March & Wednesday 26th March 2025 - Connolly Hospital
- Wednesday 8th October & Wednesday 22nd October 2025 - Connolly Hospital

## HSELand Module ID

- MOD-6530\_6



**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# **DEMENTIA: ENHANCING & ENABLING WELL-BEING FOR THE PERSON WITH DEMENTIA – AN INTRODUCTION TO DEMENTIA CARE**

## **Aim**

This aim of this two day programme is to enable staff to support people to live well with dementia by adopting a person-centered approach to care.

## **Learning Outcomes**

On completion of the programme the participant will:

- Demonstrate a clear understanding of dementia and its impact on the person and their family.
- Implement communication strategies to support people living with dementia.
- Describe the impact the environment, social and built, has on the person living with dementia.
- Identify palliative care needs for people living with dementia.
- Implement person centered approaches that enhance quality of life for the person living with dementia, including approaches to non- cognitive symptoms in dementia.
- Explore and support partnerships between the person living with dementia, family and care givers.

## **Target Audience**

- All staff working in community and residential care settings that provide care and support for a person living with dementia and their families.

## **Next Available Programme**

- 23rd and 30th April 2025 Connolly Hospital
- 20th and 27th August 2025 Connolly Hospital

## **HSELand Module ID**

- ONMSD-NAT-2\_16

**A VERY INFORMATIVE  
PROGRAMME DELIVERED BY A  
WIDE RANGE OF CLINICAL EXPERTS.**

**I AM SO GLAD I GOT THE OPPORTUNITY  
TO COME ON THIS PROGRAMME –  
IT HAS REALLY IMPROVED MY KNOWLEDGE  
ON CARING FOR PEOPLE  
LIVING WITH DEMENTIA.**

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# **DEMENTIA: ENHANCING & ENABLING QUALITY OF CARE WITH PERSON WITH DEMENTIA– ACUTE CARE PROGRAMME**



## **Aim**

The aim of this 4 hour programme is to raise awareness of the needs of people with dementia in the acute care setting and to ensure staff are confident in their ability to provide appropriate support, care and treatment for the person with dementia.

## **Learning Outcomes**

On completion of the programme the participant will:

- Understand the experience of the person with dementia in the hospital environment.
- Describe dementia, its impact on each individual, treatment options and interventions.
- Recognise delirium.
- Describe approaches to supporting the person with dementia in the hospital setting.

## **Target Audience**

All Healthcare staff working in the acute hospital setting who may provide care for a person with a diagnosis of dementia.

## **Next Available Programme**

- 23rd January 2025 Connolly Hospital

## **HSELand Module ID**

- ONMSD-NAT-3\_16

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# ADULT DIABETES EDUCATION PROGRAMME FOR NURSES



## Aim

To provide participants with key theoretical knowledge in the management of diabetes, therefore enabling them to provide holistic person centered care.

## Learning Outcomes

At the end of the programme the participant will be able to :

1. Differentiate between Type 1 and Type 2 diabetes and explain the nursing management of patients suffering from diabetes.
2. Describe the components of blood glucose monitoring and identify normal blood glucose levels.
3. Identify insulin treatments and nursing management.
4. Differentiate between hyperglycaemia and hypoglycaemia.

Discuss how diabetes can increase risk factors for individuals who are on medication for their mental health.

## Target Audience

- Registered nurses working in Adult Settings (Mental Health, Intellectual Disability and Community)

## Programme pre-requisites

It is recommended that nurses attending the Programme complete the online module 'The Nursing Management of the Adult with Type 2 Diabetes Mellitus' on HSEland prior to attending the programme.

## Next Available Programme

- 9th April 2025 Tayleur House, St Ita's ,Portrane

## HSEland Module ID

- MOD -5829

**VERY PRACTICAL SESSION-  
THE TRAINERS WERE OPEN  
TO GROUP DISCUSSION  
AND WERE INCREDIBLY HELPFUL**

**GREAT CONCISE SESSION GOOD MIX  
OF SLIDES VIDEOS AND HANDOUTS**

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**





# EAR EXAMINATION AND IRRIGATION PROGRAMME

## **Aim**

The aim of this education programme is to enhance registered nurses knowledge of ear conditions and to support their skill and competency development to safely assess, examine and when necessary, perform ear irrigation for the removal of impacted ear wax.

## **Learning Outcomes**

At the end of this educational programme the learner will be able to:

- Confidently advise patients about ear hygiene and preventable measures in management of ear wax.
- Critically evaluate the current methods used for ear wax removal and reflect on the most appropriate method for individual patient centred care.
- Have better understanding of the issues faced by individuals whose hearing is affected and the resources and agencies that are available to them.
- Appreciate the nurses' accountability in undertaking patient ear examination and irrigation in their clinical setting.
- Demonstrate safe and proficient technique for ear examination with otoscope and the removal of impacted ear wax while appraising their own practice.

## **Target Audience**

Registered nurses who are working in General Practice, Older person's services or nurses working in a setting where clinical caseloads present with ear wax complications.

Prior to engaging in this programme, learners must have discussed with their employer/line manager the need to introduce this service into their clinical setting and the availability of a mentor in the workplace on completion of the training programme.

## **Registration by Coupon Code only.**

## **Next Available Programme**

• 26th February 2025

## **HSELand Module ID**

• MOD-9193 Tayleur house, St Ita's campus, Portrane

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# ESSENTIAL PHYSICAL HEALTH CARE NURSING SKILLS PROGRAMME (MENTAL HEALTH)

## Aim

This 5 day programme aims to equip Nurses with the knowledge and skills to deliver safe and competent physical health nursing care within their scope of practice. Theoretical content and clinical skills facilitated by expert clinicians allowing learners to integrate this theory into practice through face to face clinical simulated scenarios.

## Programme Objectives

- Demonstrate an understanding of the necessary knowledge, skills and attitudes to deliver safe, competent and evidence based physical nursing care.
- Apply professional judgement and clinical decision making skills in the delivery of physical nursing care.
- Critically utilize interpersonal and management skills in the co-ordination of physical health nursing care.
- Demonstrate an ongoing ability to integrate research and reflection into his/her professional development.

## Target Audience

- Registered Mental Health and Intellectual Disability Nurses with a minimum of 1 year post registration experience. Applicants must be nominated by their line manager.

## Assessment

Short Statement and Multiple Choice Questionnaire and Case Study presentation which participants must pass to gain NMBI programme CEU's.

## Next Available Programme

- Autumn 2025 -Dates To be confirmed

## HSELand Module ID

- MOD -5875

**EXCELLENT PROGRAMME–  
I NOW FEEL MORE CONFIDENT  
IN MANAGING MY PATIENT'S  
PHYSICAL HEALTH NEEDS**

**MEETING A RANGE OF EXPERIENCED  
EXPERTS HAS HELPED ME TO  
IMPROVE MY KNOWLEDGE AND  
SKILL IN RELATION TO PHYSICAL HEALTH**

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# INFECTION PREVENTION & CONTROL LINK PRACTITIONER PROGRAMME (RCNME DUBLIN NORTH)



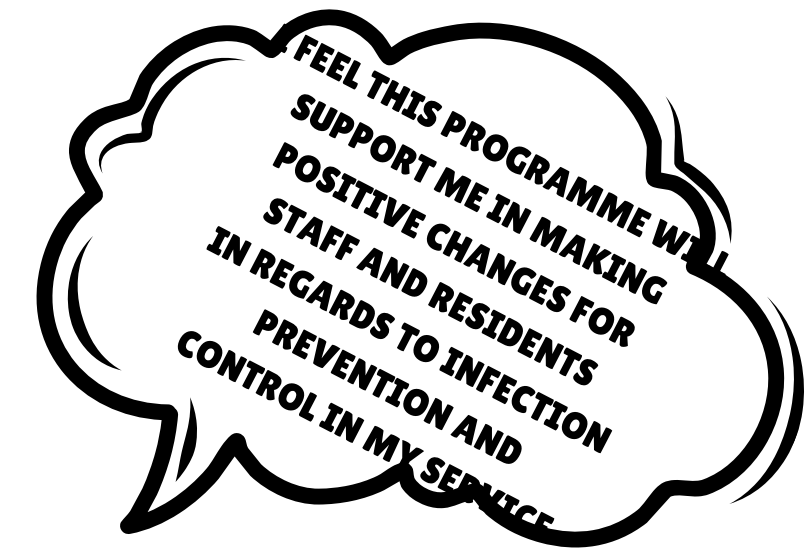
## Aim

The aim of this programme is to provide the IPC link practitioner with an opportunity to advance and practice their knowledge and skill safely in infection prevention and control in contemporary healthcare practice. Existing National Infection Prevention & Control Guidelines and National IPC-e-learning modules will facilitate further learning and support.

## Programme Objectives

At the end of this programme, participants should be able to:

- Discuss the principles and practices of infection prevention & control recognising and promoting evidence based practices that reduce transmission risks.
- Understand the principles of Standard and Transmission Based Precautions.
- Discuss the principles of antimicrobial stewardship.
- Discuss the national, international and local policies as applied to IPC.
- Develop capability to assess and manage IPC risk within their own health / social care environment.
- Understand the importance of audits in clinical practice and their impact on quality improvement.
- Conduct nationally standardize and local level IPC audits.
- Develop confidence and skills to educate/train colleagues in IPC practices.



## Target Audience

Registered nurses or health and social care professionals who are involved with direct patient care and invasive procedures within the health and social care community setting.

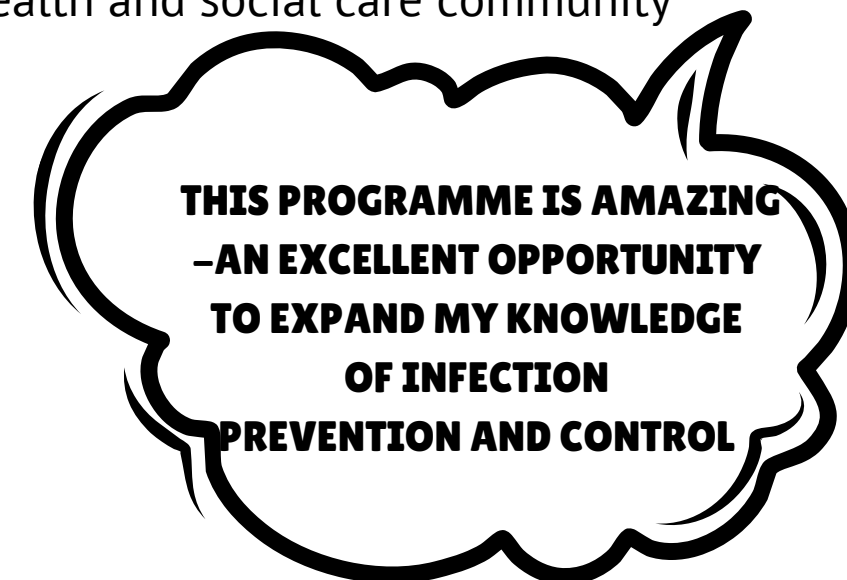
## Next Available Programme

- January 2025-Enrolment through line manager Nomination –Please contact [maria.dowd2@hse.ie](mailto:maria.dowd2@hse.ie) for further information.

## HSELand Module ID

- MOD-6530\_6

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# SAFETY INTERVENTION™ FOUNDATION FOR ADULTS 3RD EDITION– BLENDED PROGRAMME



## Aim

The aim of this course is to build knowledge and skills needed to recognise and de-escalate crisis behaviours you may encounter in your workplace and learn about trauma-responsive practices.

## Programme Objectives

At the end of this programme, participants should be able to:

- Use the philosophy of Care, Welfare, Safety, and SecuritySM and a person centered and trauma-informed approach when responding to a person in distress.
- Identify and interpret distress behaviors and address the cause of the behavior to de-escalate the situation.
- Assess risk of behavior using the Decision-Making MatrixSM and identify preventive strategies to mitigate risk.
- Use your communication skills to be supportive and strengthen your interventions to de-escalate potential conflict situations, whilst managing your own emotional responses to distress behavior.
- Use the Decision-Making MatrixSM in the moment of Risk Behavior to determine reasonable, proportionate, least restrictive, and last-resort Safety Interventions
- Use safety intervention strategies to maximize safety and minimize harm in situations where behavior presents an imminent or immediate risk of harm to self or others.
- Explain how you will consider the Physical Skills Review Framework and key legal and professional considerations when using non-restrictive disengagements and restrictive interventions.
- Describe and demonstrate proper use of non-restrictive disengagements and restrictive interventions for an individual presenting risk behavior.

## Target Audience

All Healthcare Professionals (Priority for registered nurses and health care assistants)

\*Please note that participants must complete an online module prior to attending the face-to-face classroom session.

## Next Available Programme

- 21st January ,25th February ,11th March , 8th April , 21st May 10th June

## HSELand Module ID

- MOD-4999\_2

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**







# ADULT ARTERIAL BLOOD GAS ANALYSIS PROGRAMME (ABG INTERPRETATION WORKSHOP) FOR REGISTERED NURSES

## Aim

This programme is intended to provide the Registered Nurse with the theoretical knowledge necessary to understand adult arterial blood gas analysis and interpretation.

## Learning Outcome

1. Discuss the anatomy and physiology of the respiratory system relating to respiratory failure
2. Differentiate between type 1 and type 2 respiratory failure and explain the medical management of patients suffering from respiratory failure.
3. Describe the components of the arterial blood gas and identify normal arterial blood gas values
4. Identify primary and compensated acid-base disorders
5. Differentiate between acute, chronic and mixed acid-base disorders
6. Discuss the Oxygen therapy required in respiratory failure.

***Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.***

## Target Audience

- All registered nurses employed in an area where the use of Non Invasive Ventilation is required as a treatment to enhance the patient's journey and service provision.

## Prior to enrolling, please note the following pre-requisites:

- Be registered on the live register of nurses and midwives maintained by the NMBI
- Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
- Be employed by the HSE/HSE Funded agencies
- Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training

Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation

## Next Available Programme

- 12th February 2025 (08.30-14.30) Academic Centre, Connolly Hospital
- 16th April 2025 (08.30-14.30) Academic Centre, Connolly Hospital
- 11th June 2025 (08.30-14.30) Academic Centre, Connolly Hospital

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

## HSELand Module ID

- MOD-13130

# AN INTRODUCTION TO CARDIAC RHYTHM ANALYSIS FOR NURSES



## Aim

To enable nurses acquire foundation knowledge, skills and attitudes to competently assess, implement and evaluate care for patients with cardiac rhythm related abnormalities

## Learning Outcome

- Apply prior knowledge of cardiovascular physiology, pathophysiology & electrophysiology to conduct a holistic assessment and devise a plan of care for patients with cardiac rhythm dysfunction.
- Analyse rhythms originating from the atria & ventricles.
- Anticipate, recognise & respond appropriately to changes in cardiac rhythm and the deteriorating patient.
- ECG Lead placement and basic interpretation of ECGs.

Assessment of the patient presenting with Acute Coronary Syndrome

## Assessment Strategy

- MCQ, Rhythm Strip Exam, Completion of a Cardiac Rhythm Analysis Workbook and Competency Assessment.

## Target Audience

- Registered nurses, who care for patients presenting with cardiac rhythm dysfunction and subsequently requiring cardiac telemetry monitoring.

## Prior to enrolling, please note the following pre-requisites:

- Be registered on the live register of nurses and midwives maintained by the NMBI
  - Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
  - Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation

Be employed in an area where cardiac rhythm interpretation is required to enhance the patient's journey and service provision.

## Next Available Programme (Dates are subject to change)

- Day 1 : April 8th
- Day 2 : April 9th
- Day 3 : May 13th
- Day 4 : June 23rd

## HSELand Module ID

- MOD-7843

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# ANAPHYLAXIS WORKSHOP: NATIONAL ANAPHYLAXIS EDUCATION PROGRAMME FOR HEALTHCARE PROFESSIONALS



## Aim

To provide information on the safe and effective management of an anaphylactic reaction in infants, children and adults, ensuring that the care of these patients is promptly and correctly managed.

## Learning Outcome

- Recognize anaphylaxis,
- Provide evidence based 1st line management of anaphylaxis.

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

- Registered nurses / midwives, who need to diagnose anaphylaxis, prescribe treatment and give treatment for anaphylaxis under protocol.

## ***Prior to enrolling, please note the following pre-requisites:***

1. Current Irish Heart Foundation BLS certification produced on the day
  2. Online National Anaphylaxis Education Programme for Healthcare Professionals - online learning HSELandD cert within THREE weeks of attending the classroom element.
- Certificate of completion must be produced on the day of workshop

## Next Available Programme (Dates are subject to change)

- 10th February (10-11.30) Academic Centre, Connolly Hospital
- 15th April (10-11.30) Academic Centre, Connolly Hospital
- 10th June (10-11.30) Academic Centre, Connolly Hospital

## HSELand Module ID

- MOD-5881

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# CLINICAL ASSESSORS TRAINING AND CLINICAL ASSESSORS REFRESHER TRAINING FOR VENEPUNCTURE AND IV CANNULATION



## Aim

To understand the requirements for clinical assessment in order to document competency in Peripheral IV Cannulation and/or Venepuncture in accordance with the National Blended Learning Programmes.

## Learning Outcome

- Understand the importance of clinical assessment and the role of the clinical assessor.
- Understand the key parts of the National Blended Programme for IV Cannulation and/or Venepuncture including:
  - E-learning
  - Skill practice
  - Clinical Competency/Assessors Role
  - Documentation/Pass standard
  - Action Plan

## This will be an opportunity to engage and participate in:

- Skill practice for IV Cannulation and Venepuncture and ANTT Technique
- Review and update on Clinical Competency/Assessors Role
- Review and update on Documentation/Pass standard
- Review the criteria for an Action Plan
- Discuss Continuing Competency

## Target Audience

- All registered nurses employed in an area where venepuncture and peripheral intravenous cannulation is required to enhance the patient's journey and service provision.



**Prior to enrolling, please note the following pre-requisites:**

- Be registered on the live register of nurses and midwives maintained by the NMBI
- Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
- Be employed by the HSE/HSE Funded agencies
- Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training
- Have successfully completed and hold a competency certificate in Venepuncture and IV Cannulation and are actively involved in both skills within their clinical environment. Please Note: Participants who completed training outside of the RCNME DN must submit a competency certificate of programme completion.
- Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation
- Be employed in an area where venepuncture and peripheral intravenous cannulation is required to enhance the patient's journey and service provision

**Next Available Programme (Dates are subject to change)**

- Wednesday 26th February (10-12noon)
- Monday 26th May (10-12noon)

**HSELand Module ID**

- MOD-13052

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# INTRAVENOUS ADMINISTRATION OF MEDICATIONS FOR NURSES



## Aim

The overall aim of this programme is to facilitate registered nurses and midwives to develop the knowledge, skills and competence that will enable them to safely and successfully administer medication via the intravenous (IV) route to service users in their care.

## Learning Outcome

At the end of the course, participants should be able to:

1. Define the nurses/midwives legal and professional responsibilities in the checking, preparation and administration of IV medications.
2. Identify national and local policies in relation to IV medications.
3. Demonstrate the ability to accurately complete necessary mathematical calculations prior to preparation of IV medications.
4. Identify the advantages and disadvantages of choosing the IV route of administration.
5. Define the steps required to check, prepare and administer medications for IV administration, including equipment required.
6. Critically analyse the potential complications associated with IV therapy and discuss appropriate actions to prevent and/or treat these complications including Anaphylaxis.
7. Identify issues surrounding stability and compatibility of IV medications.
8. Demonstrate the safe handling of items used in IV therapy, e.g. needles, syringes, ampoules and vials.
9. Demonstrate safe and effective administration of intravenous medications under local policies

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

- All registered nurses employed in an area where the administration of IV Medications is required to enhance the patient's journey and service provision.

***Prior to enrolling, please note the following pre-requisites:***

- Be registered on the live register of nurses and midwives maintained by the NMBI
  - Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
  - Be employed by the HSE/HSE Funded agencies
  - Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training
  - Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include the administration of IV Medications.
  - Be employed in an area where the administration of IV Medications are required to enhance the patient's journey and service provision
- Completion of programme HSEland E-Learning Modules.

**Next Available Programme (Dates are subject to change)**

- Wednesday 29th January (09.30-12.00)
- Wednesday 19th March(09.30-12.00)
- Wednesday 28th May (09.30-12.00)

**Location :**

- Academic Centre, Connolly Hospital

**HSELand Module ID**

- MOD-5865

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# VENEPUNCTURE & PERIPHERAL INTRAVENOUS CANNULATION FOR ADULTS A BLENDED LEARNING PROGRAMME



## Aim

The overarching aim of the venepuncture and peripheral intravenous cannulation programme is to provide the essential evidence based knowledge, attitude, skills and competence to enable nurses and midwives to safely and successfully perform venepuncture and peripheral intravenous cannulation for patients in their care.

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

All registered nurses employed in an area where venepuncture and peripheral intravenous cannulation is required to enhance the patient's journey and service provision.

## ***Prior to enrolling, please note the following pre-requisites:***

- Be registered on the live register of nurses and midwives maintained by the NMBI
- Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
- Be employed by the HSE/HSE Funded agencies
- Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training
- Have successfully completed and hold certification in the Management and Administration of Intravenous Medications educational programme, in advance of proceeding to undertake the skill of peripheral intravenous cannulation
- Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation
- Be employed in an area where venepuncture and peripheral intravenous cannulation is required to enhance the patient's journey and service provision

Completion of programme HSEland E-Learning Modules.

## **Next Available Programme (Dates are subject to change)**

- Thursday 30th January
- Thursday 27th February
- Thursday 20th March
- Thursday 17th April
- Thursday 29th May
- Thursday 19th June

## **HSELand Module ID**

- MOD-5172

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**



# NON-INVASIVE VENTILATION FOR NURSES– BIPAP– PROGRAMME

## Aim

The overarching aim of the venepuncture and peripheral intravenous cannulation programme is to provide the essential evidence based knowledge, attitude, skills and competence to enable nurses and midwives to safely and successfully perform venepuncture and peripheral intravenous cannulation for patients in their care.

## Learning Outcomes

1. Discuss the anatomy and physiology of the respiratory system relating to respiratory failure.
2. Differentiate between type 1 and type 2 respiratory failure and explain the medical management of patients suffering from respiratory failure.
3. Discuss selection criteria, indications, contraindications and benefits for using non-invasive ventilation.
4. Differentiate between Bi-level Positive Airway Pressure & Continuous Positive Airway Pressure.
5. Explain the operational principles, purpose, functioning, maintenance, settings & storage of the non invasive ventilation machine.
6. Discuss the necessary monitoring of the patient who requires non invasive ventilation and the specific management and nursing care of such patients.

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

All registered nurses employed in an area where the use of Non Invasive Ventilation is required as a treatment to enhance the patient's journey and service provision.

## ***Prior to enrolling, please note the following pre-requisites:***

- Be registered on the live register of nurses and midwives maintained by the NMBI
- Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
- Be employed by the HSE/HSE Funded agencies
- Completion of the ABG Workshop facilitated in the RCNME DN.
- Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training
- Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation

## **Next Available Programme (Dates are subject to change)**

- 19th February (09.30-15.00)
- 18th June (09.30-15.00)

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

## **HSELand Module ID**

- MOD-6595



# THE FIRST STEP TO ECG INTERPRETATION & CARDIAC RHYTHM RECOGNITION



## Aim

The aim of the Recording a 12 Lead ECG programme is to facilitate registered nurses to develop and update their requisite knowledge, skills and competence to accurately record a 12 lead ECG.

## Programme Details

The 'Recording a 12 Lead ECG for Registered nurses' programme consists of two hours theoretical content followed by one and a half hours practical session. Each training session will be limited to eight registered nurses per class which will enable maximize participant participation and learning. By completing this programme, the nurses will be equipped with the necessary knowledge, skills and competence to safely record a 12 lead ECG and work safely within their scope of practice and professional code of conduct

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

All Registered nurses / midwives, who need to complete 12 Lead ECGs on patients/clients within their service.

## ***Prior to enrolling, please note the following pre-requisites:***

- The nurse must be registered with Nursing and Midwifery Board of Ireland (NMBI)
- The nurse must be practicing in a healthcare setting with responsibility for patients within mental health, intellectual disability or general healthcare settings and may require a 12 lead ECG to be recorded.
- The nurse must be familiar with the healthcare setting's policy on recording a 12 lead ECG
- The nurse must have access to and be familiar with the ECG machine.

## Next Available Programme (Dates are subject to change)

- 11th February 2025 (08.30-14.00)
- 25th March 2025 (08.30-14.00)
- 7th April 2025 (08.30-14.00)

## HSELand Module ID

- MOD-5152

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# THE NURSING MANAGEMENT OF A PATIENT WITH A TRACHEOSTOMY: USING A MULTI-DISCIPLINARY APPROACH TO CARE



## Aim

The aim of this programme is to equip nursing staff with the knowledge and skills to safely manage a patient with a tracheostomy which incorporates a multi-disciplinary approach to care.

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

All registered nurses employed in an area where tracheostomy care is required to enhance the patient's journey and service provision.

## ***Prior to enrolling, please note the following pre-requisites:***

- Topics covered in this programme include:
- Anatomy of the trachea and the indications & rational for insertion of a tracheostomy.
- Nursing care and management for the patient with a tracheostomy including potential complications that may arise and the emergency equipment used if required.
- Clinical presentations of patients with a percutaneous/surgical/temporary/permanent tracheostomy.
- Multi-Disciplinary team involvement to promote quality, high standard care is delivered to the patient with a tracheostomy.

## **Next Available Programme (Dates are subject to change)**

- Thursday 6th February 08.30-15.30
- Thursday 8th May 08.30-15.30

## **HSELand Module ID**

- MOD-7846

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# VENEPUNCTURE FOR ADULTS A BLENDED LEARNING PROGRAMME



## Aim

The overall aim of this programme is to facilitate nurses and midwives to further develop their knowledge, skills, attitude and competence that will enable them to safely and confidently perform the clinical skill of venepuncture for patients in their care.

*Once enrolled please ensure you check the Key Reading / Resources in the Knowledge Centre.*

## Target Audience

All registered nurses employed in an area where venepuncture is required to enhance the patient's journey and service provision.

### ***Prior to enrolling, please note the following pre-requisites:***

- Be registered on the live register of nurses and midwives maintained by the NMBI
- Pre-registration nurse and midwife during their internship period of the undergraduate nursing and midwifery registration programme
- Be employed by the HSE/HSE Funded agencies
- Hold certification in Hand Hygiene within the last 1 to 2 years either from HSELand Hand Hygiene module or locally approved training
- Be approved by the Clinical Nurse or Midwife Manager or Director of Nursing/Midwifery as an appropriate person to expand their role to include venepuncture and peripheral intravenous cannulation
- Be employed in an area where venepuncture is required to enhance the patient's journey and service provision
- Completion of programme HSEland E-Learning Modules.

## **Next Available Programme (Dates are subject to change)**

- Tuesday 28th January (09.30-12.30)
- Tuesday 18th March (09.30-12.30)
- Tuesday 27th May (09.30-12.30)

## **HSELand Module ID**

- MOD-5172\_1

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# WELLNESS RECOVERY ACTION PLANNING (WRAP) – LEVEL 1



## Aim

Wellness Recovery Action Planning (WRAP) provides a systematic, planned approach which assists people in recovering and maintaining wellness. Developed by Mary Ellen Copeland ([www.mentalhealthrecovery.com](http://www.mentalhealthrecovery.com)) it has been designed by people with mental health difficulties and provides individuals with a means of managing their own recovery. It is internationally recognised as being successful for the large numbers of individuals who actively use it.

Key Elements of WRAP:

- Gathering a menu of Wellness Tools
- Creating a Daily Maintenance Plan
- Developing a step-by-step plan to deal with the challenges faced throughout the recovery process.

Recovery principles form an integral part of quality mental health service provision in Ireland. The ‘National Framework for Recovery in Mental Health’ (HSE 2018) aspires to ensuring a consistent, good quality evidenced-based co-produced and clinically excellent approach to establishing recovery-focused services. WRAP Level 1 (2 day programme) provides an opportunity for participants to gain an understanding of recovery and to explore how WRAP may be used to support this.

## Target Audience

Healthcare professionals and people in recovery.

This recovery education programme will provide participants with a practical way through which they can work towards their own mental health wellness on a daily basis.

## Next Available Programme (Dates are subject to change)

- 19th and 20th March 2025 9.00-4.30pm Tayleur House, Portrane

## HSELand Module ID

- MOD-4997

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

**I WOULD RECOMMEND  
FOR EVERYONE TO DO THIS PROGRAMME**

**WRAP OPENED MY EYES TO WHAT  
RECOVERY REALLY IS,  
AND WHAT IT MEANS IN EVERY PART OF LIFE**

# AN INTRODUCTION TO TRAUMA INFORMED PRACTICE IN MENTAL HEALTH SETTINGS



## Aim

To enable mental health nurses to acquire a foundation knowledge, skills and attitude to competently care for patients with a history of Trauma.

## Learning Outcomes:

Upon completion of this programme the learner will be able to:

1. Demonstrate knowledge and understanding of trauma and how it can present in a person with mental health difficulties.
2. Discuss and reflect on the different interventions that can be used whilst caring for a person with past trauma experiences.
3. Analyze the relevant knowledge and research findings as they apply to the care and the management of a person with past trauma experiences.
4. Integrate appropriate interventions effectively and safely whilst maintaining therapeutic relationships and accepting accountabilities for all related decision making whilst working within their scope of practice.
5. Critically reflect on trauma informed practice relating to interventions used whilst caring for a person with past trauma experiences.

## Target Audience

- Registered Mental Health Nurses

## Next Available Programme (Dates are subject to change)

- 17th January, 23rd May, - Tayleur House, Portrane

## HSELand Module ID

- MOD-14898

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**IT THIS COURSE HIGHLIGHTS  
THE IMPORTANCE OF SERVICE-USER'S BEING  
AT THE HEART OF EVERYTHING WE DO AS NURSES**

**ENVIRONMENT FELT SAFE AND  
OPEN TO SHARE OPINIONS**

**A VERY INFORMATIVE,  
INTERESTING SESSION DELIVERED  
WITH KINDNESS, SENSITIVITY**





# RECOVERY IN MENTAL HEALTH QQI LEVEL 5

## Aim

The aim of this module is to equip the learner with the knowledge, skill and attitude of Recovery, to work more effectively with mental health service users under supervision and direction of a registered nurse.

## Learning Outcomes:

Upon completion of this programme the learner will be able to:

- Develop an understanding of the concept of 'Recovery' in the context of individuals with mental health problems
- Be familiar with the core principles and values of recovery in mental health
- Enable the learner to examine the relationship between mental health management and Recovery
- Develop an understanding of the mental health workers role in supporting the service user in the recovery process

## Target Audience

- Healthcare Assistants working in health/ social care/ community areas

## Next Available Programme (Dates are subject to change)

- TBC

## HSELand Module ID

- MOD-14447

**MY UNDERSTANDING OF RECOVERY  
IS VERY DIFFERENT NOW,  
AND I CAN USE WHAT I HAVE LEARNED  
TO IMPROVE THE CARE  
MY SERVICE-USER'S RECEIVE**

**THERE IS A LOT MORE TO THINK  
ABOUT WHEN IT COMES TO RECOVERY,  
I UNDERSTAND A LOT MORE NOW. I FOUND  
THE WELLNESS RECOVERY ACTION  
PLAN PARTICULARLY USEFUL**

**I ENJOYED HOW INTERACTIVE  
THE COURSE WAS, LEARNING IN  
A GROUP WAS VERY ENJOYABLE**

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# STORM SUICIDE PREVENTION TRAINING



## Aim

The aim of the course is to develop skills and confidence in order to help people who self-harm focusing on suicide.

## Objectives of the programme :

- Develop a good understanding of self-harm
- Promote a positive and enabling approach
- Develop skills in:
  1. Assessment of risk & vulnerability
  2. Short term safety planning
  3. Future safety planning
  4. Problem solving

## Learning Outcomes:

Building on existing skills and competencies, this course will enhance participants' ability to:

- Adopt a compassionate and collaborative approach with a person in distress
- Recognize warning signs and vulnerabilities associated with self-harm and suicide
- Further explore signs of distress, including asking about suicidal thoughts and self-harm
- Carry out a full psychosocial assessment to evaluate factors that influence individuals' mental health and wellbeing
- Effectively engage with family members, carers, and other members of the person's support network to share and gather relevant information (where consent allows) and to provide support
- Use collaborative formulation to develop a shared understanding of the person's vulnerabilities and strengths to inform personalized safety and care plans
- Work with the person to develop a personalized safety plan tailored to their needs and circumstances
- Collaboratively review existing care and safety plans, addressing challenges to recovery and making necessary adjustments
- Teach a problem-solving technique to individuals in distress, empowering them to develop practical coping strategies and engage in reflective practice, continually evaluating and improving their approach and response to individuals experiencing self-harm and suicide

### **Target Audience**

- Storm Skills Training is designed for teams and individuals working on the frontline that are in regular contact with people in distress, and/or have vulnerability to self-harm and suicide. This can be at the complex end of mental health, primary care, social care, healthcare, education settings, prisons and lots of other settings.

### **Next Available Programme (Dates are subject to change)**

- 10th&11th February, 13&14th of May, Tayleur House, Portrane

### **HSELand Module ID**

- MOD-10292

**THE DISCUSSIONS ARE VERY  
USEFUL AND ENGAGING WITH THE  
FACILITATORS ALLOWS YOU TO  
RELATE THE THEORY BACK TO PRACTICE**

**ROLE PLAYS ARE SO USEFUL  
IN LEARNING HOW TO USE  
THE INTERACTIVE SKILLS,  
IT IS ALSO VERY HELPFUL TO WATCH  
YOURSELF BACK ON SCREEN**

**THE SKILLS TAUGHT ON THE COURSE  
ARE VERY PRACTICAL AND USEFUL,  
I WILL BRING THEM BACK TO  
MY EVERYDAY PRACTICE**

**[CLICK HERE TO REGISTER TO THE PROGRAMME](#)**

# UNDERSTANDING MENTAL HEALTH– QQI LEVEL 5 MODULE



## Aim

The aim of this module is to equip the learner with the knowledge, skill and attitude to work effectively in a variety of mental healthcare settings promoting understanding and good practice in providing services caring for individuals with mental health difficulties under the direction and supervision of a registered nurse.

## Learning Outcomes:

Upon completion of this programme the learner will be able to:

- Outline the main voluntary and statutory mental health services providers in the Irish Mental Health System
- Discuss the most common mental health problems, their symptoms and treatments
- Discuss Mental Health Policy and its application in a range of contexts
- Explore biopsychosocial issues that impact on positive mental health and their use in the care of people who experience mental health problems
- Analyse the roles of a range of health care professionals in the care and recovery of an individual with mental health problems
- Discuss a range of approaches to treatment in a mental healthcare setting
- Give assistance to an individual diagnosed with a mental health problem, their family and their wider community
- Contribute to the planning and implementation of a patient care plan, under the supervision of a registered nurse, as a member of a mental health care team
- Reflect on relationships with patients their relatives and care team members in the context of interpersonal issues that arise in mental healthcare
- Comment on workplace practice and procedures and their impact on a safe care environment
- Promote a therapeutic and interpersonal relationship with the individual client with mental health problems.

## Target Audience

- Learners must be employed as Healthcare Assistants in the Irish Health and Social Care Services and be nominated by line managers to undertake module. Learners must be working in mental health service and be working in direct patient care under the supervision and direction of a registered nurse.

## Next Available Programme (Dates are subject to change)

- 8th/9th/10th October 2025 Tayleur House, Portrane

**THIS MODULE ENHANCED MY  
CONFIDENCE IN WORKING IN  
MENTAL HEALTH**

**I WAS SO WELL SUPPORTED  
WITH MY LEARNING AND THE EXAM  
AND ASSIGNMENT, ANYTHING I NEEDED  
THE TUTOR WAS THERE**

## **CONNOLLY HOSPITAL CAR PARKING INFORMATION**

- **A pay and display (P & D) system of parking is in operation at Connolly Hospital, Blanchardstown. Please note that only Connolly Hospital Staff who have a valid car parking permit may park in the designated staff car park areas. All other HSE staff/ visitors can use the public car parking designated areas.**
- **If you are attending a programme at the RCNME there is a €4.00 car parking charge.**
- **Please have appropriate change with you/ alternatively there is a change machine in front foyer of the hospital.**
- **Please park in carpark at the front of the hospital in the visitors car park area**
- **Tickets are available from pay and display car parking machines at Connolly Hospital.**
- **Purchase a €4 parking ticket on the day of your programme**
- **Please display your purchased €4.00 ticket inside your car window with a Car sign indicating that you are attending a course at the RCNME**
- **If you are Connolly staff please park in the designated staff car park areas as staff permits are not valid in the visitor car park.**
- **Always park within the marked parking bays.**
- **Do not park on paths or green areas or cause obstruction.**
- **Do not park in service car parks**
- **Always comply with parking regulations.**
- **Euro car park management company has been engaged by the hospital to patrol the hospital grounds and to enforce traffic regulations. Clamping will be in operation and removal of a clamp will require a payment of €85 payable directly to euro car parks.**



## **TAYLEUR HOUSE CAR PARKING INFORMATION**

**&**

## **CANTEEN DETAILS**

- **Take the right turn for St.Itas Hospital**
- **Follow the road until you meet a security barrier and stop.**
- **Inform security the purpose of your visit.**
- **You will be guided to the car parking visitors area**
- **There is no charge to park in the visitors car parking area**
- **No drinks or food are allowed inside the classrooms**
- **'Seascapes' canteen is located on the ground floor where a variety of meals are provided daily, coffee/tea is available 10.30–11.30am and lunch (dinner/sandwiches) is available from 12–2pm. They accept cash/card payments.**
- **There are also vending machines available that accept cash/card.**

# FIND & CONTACT US ON DETAIL



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**0871401141**



**Academic Centre, Connolly Hospital, Blanchardstown**

**St. Ita's Campus, Portrane**



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