

ST. COLUMCILLE'S HOSPITAL



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

Dear relative or carer,

Please could you bring in some loose fitting comfortable clothes (2 sets) and footwear suitable for exercise for your loved one to wear whilst in hospital (washing to be brought home as required).

We know that our patients feel better dressed in their own clothes, and wherever possible we want to encourage our patients to get up, get dressed and get moving! This will aid their recovery and reduce their length of stay in the hospital.

Thank you for your help.



GET UP • GET DRESSED • GET MOVING