

DONEGAL MENTAL HEALTH SERVICE

Role and Purpose

The Donegal Mental Health Service is dedicated to providing a comprehensive range of community and inpatient based services, in response to the identified needs of our population and service users, in accordance with best practice and modern standards of care.

The Donegal Mental Health Service has long established tradition of excellence in Mental Health Service provision. The principles and ideals of the national Mental Health Strategy a '**Vision for Change (2006)**' and the **HSE Transformation Programme** are being embraced comprehensively.

Donegal Mental Health Service Mission Statement

Promotes a local Mental Health Service that supports and empowers the individual, their family and the community to achieve a state of optimum physical, mental and social well-being"

Outline of Services

Mental Health Services in Donegal are provided across a continuum of home and community based services to high quality acute mental health services and residential care services when required covering all areas:

- 1. Child and Family Mental Health Services**
- 2. Learning Disability Services**
- 3. Mental Health Services for Older People**
- 4. Adult Mental Health Services/Addiction Services**
- 5. The Rehabilitation & Recovery Team**

Acute Services

Services are provided in partnership with clients, their families, carers, statutory and non-statutory voluntary groups and also locally based community groups with the aim of achieving the best quality of life for each individual through the provision of seamless, high quality person-centred services. Acute care is currently provided in temporary accommodation in a new nursing home until such time as the purpose built Acute Unit is completed on the existing vacated site attached to Letterkenny General Hospital.

Community Services

A full range of Community Services provides a comprehensive range of integrated care in partnership with Primary Health Services to clients and their families which include **Community Mental Health Multi-Disciplinary Teams** consisting of a broad range of disciplines e.g. **Social Workers, Occupational Therapists, Psychologists, Youth Addiction Counsellor, Clinical Nurse Specialists, Consultant Psychiatrists, Community Mental Health Nurses.**

Referral to Community Services should be processed via **General Practitioner/ Primary Health Care Team.**

The broad range of Primary and Community based services are accessed, as well as services which include:

<ul style="list-style-type: none">• Mental Health Promotion• Primary Care• GP / Community Pharmacy• Acute Inpatient Care• Outpatient Clinics• Community Based Residences• Rehabilitation Services• Liaison Services• Day Hospitals• Day Centres	<ul style="list-style-type: none">• Community Psychiatric Nursing• Accident & Emergency Crisis Intervention Nurses• Detoxification Services• Peer Support Groups• Bereavement Support• Provision of appropriate responses to both suicide and parasuicide• Regional Special Care Unit.• Therapies including Family Therapy Cognitive Behaviour Therapy Occupational Therapy Social Work Psychology
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Donegal Mental Health Services Administrator

[Michael McCole](#)

Acting Director of Nursing

[Raymond Guthrie](#)

AREA	CONSULTANT	NURSE MANAGEMENT
Buncrana	Dr Jaffar Khan	Eamon Sweeney
Donegal Town	Dr Carmel Gallagher	John Mccardle
Dungloe	Dr Eleanor Corcoran	Liam Donnelly
Central	Dr Tony Sharkey	Kevin Mills
Old Age Psychiatry	Dr Tom Mcbride	Margaret Kerlin
Rehabilitation	Dr Mohamed Khan	Margaret Blockley
Addiction Services	N/a	Moira Mills

Other Community Services provided include:

- Mental Health Services for older people
- Outpatient Clinics
- Home Visits
- Community Drug and Alcohol Service
- Community Alcohol Detoxification Service
- A&E Liaison Nurse
- Day Centres/Day Hospital
- Mental Health Promotion
- Advocacy Services - STEER Ireland
- Range of therapy services which includes: **Cognitive Behavioural, Family Therapy, Generic Counselling, and Bereavement Counselling etc.**

Current Developments

- Establishment of 4 county-wide Community Mental Health Teams.
- Establishment of a Rehabilitation Team.
- Implementation of Reach-Out and Mental Health Promotion strategy.
- Establishing shared service agreement with Learning Disability and Child and Adolescent Services.
- Implementation and evaluation of the Mental Health Act 2001.
- Establishment of Clozaril fast track monitoring service.

Developments in Progress for 2009

- The construction of the new 34 bedded Acute Psychiatric Unit will commence in 2008.
- Development of Interagency Universal Family Support Programme - “Strengthening Families” for drug and alcohol users.
- Plans for the establishment of an Eating Disorder Service for Donegal.

- Introduction of a Management Information System in Mental Health which is being developed as a national pilot (WISDOM).

Donegal Mental Health Services Contact Numbers

Department of Psychiatry Carnnamuggagh, Letterkenny	074-9169120
Donegal Central Community Mental Health Team Team Base: Letterkenny	074-9121022
North East Community Mental Health Team Team Base: Buncrana	074-9361500
South West Community Mental Health Team Team Base: Donegal Town	074-9721933
North West Community Mental Health Team Team Base: Dungloe	074-9521860
Rehabilitation Team Team Base: Letterkenny	074-9188329
Addiction Team Team Base: Letterkenny	074-9128769
Mental Health Services for Older People Team Base: Letterkenny	074-9188295
Administrator's Office Tir Connail House, St Conal's Hospital	074-9123788
Psychiatric Unit Mountain Top, Letterkenny	074-9169125
Community Care Ballybofey	074-9131391
Worklink Letterkenny	074-9128872
Worklink Buncrana	074-9564144
Create-a-Link Letterkenny	074-9168745
Addiction Services	074-9128769
SRU Knocknamona, Letterkenny	074-9121770
Old Age Psychiatry Letterkenny	074-9188295
Rowanfield House Donegal Town	074-9721910
Dungloe Day Centre Dungloe	074-9521860
Parkview Day Hospital Letterkenny	074-9123613
Behavioural Therapy Letterkenny	074-9188406