

Cardiac Rehabilitation Department

Our Location:

The Cardiac Rehabilitation Department is located on the first floor (Level B) in the Cardiac Department of the Regional Hospital Mullingar.

Our Services:

Cardiac Rehabilitation is the process by which a person who has ischemic heart disease or has had cardiac surgery is encouraged to achieve their full potential in terms of physical and psychological health. In order to be successful, Cardiac Rehabilitation involves the skills of many members of the healthcare team, and a combination of education, psychological support, exercise training and lifestyle change. Our team members include Nurses, Physiotherapists, Dietitians, Psychologists and Pharmacists.

Our Service Opening times:

Monday / Tuesday / Wednesday:	8:00am – 5:00pm
Thursday:	8:00am - 3.30pm
Friday:	8:00am - 4.30pm

Our Staff:

Maire Murray

Clinical Nurse Manager

Contact Us:

Telephone: (044) 9394199