



Thinking about breastfeeding?

The Latch On Study

Regional Hospital Mullingar & University College Dublin are recruiting women to a breastfeeding support study

Who can take part?

First time mothers
Weight for Height (BMI) greater than 25 kg/m²
26 – 34 weeks' pregnant

How do I sign up?

If you would like more information

- ✓ Talk to your midwife
- ✓ email: LatchOn@ucd.ie

What is involved?



Some women will get extra breastfeeding support



You must have a support person willing to take part too



Online questionnaires until your baby is 6 months old

