

# Physiotherapy Department

## Our Location:

The Physiotherapy Department is located on the ground floor (Level A) of the Regional Hospital Mullingar.

## Our Services:

Physiotherapy is a healthcare profession which adopts a physical approach aimed at promoting health and the prevention, treatment and management of a wide range of disorders. The Physiotherapy service in this area strives to provide a quality service that is effective and efficient. It is patient focussed, uses evidence based practice to promote, maintain and restore physical, psychological and social well-being.

The Physiotherapy Department provides a wide range of both inpatient and outpatient services, as follows:

### Inpatient Service

➤ Rehabilitation Unit Surgical Wards	➤ Cardiac Rehabilitation	➤ COPD Outreach programme
➤ Paediatric Unit	➤ Gynaecology	➤ Medical Assessment Unit
➤ Maternity, including neonates		

**Outpatient Service** is provided to the population of Mullingar and the surrounding areas referred for physiotherapy for episodic conditions, mainly orthopaedic, musculo-skeletal, Women's Health and Continence, Paediatric (child health), Respiratory and Ante-Natal. Services also include Pulmonary Rehabilitation, Cardiac Rehabilitation and Falls Prevention Programme. Referrals are accepted from GPs, Consultants and other Healthcare Professionals including Private Health Nurses.

## Our Service Opening times:

Monday – Friday (by appointment) 8.30am – 5:00pm

Tuesday – late opening 8:30am – 7:30pm

Thursday late opening to 9:00pm for Ante-Natal Classes

Saturday and Sunday mornings - a continuation service provided for inpatients

## Contact us:

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